

BUCHANAN VOLLEYBALL ADVANCES TO REGIONAL

Sports, B1



U.S. Rep. Fred Upton, center, celebrates the Chicago Cubs' World Series win as well as his own election victory during an election night party Tuesday night at The Inn at Harbor Shores.

Upton downs Clements again

Incumbent continues 6th District congressional reign

By TONY WITTKOWSKI
HP Staff Writer

ST. JOSEPH — There was no confetti or balloons that rained down from the ceiling, but Fred Upton celebrated the only way he knew how.

In the moments after the Republican incumbent discovered he would serve his 16th consecutive term as the 6th District congressional representative, Upton began pulling several people up on stage next to him in thanks.

Upton, R-St. Joseph, received an overwhelming amount of the vote Tuesday night to overtake Democratic challenger Paul Clements for a second time. It was unclear what percentage Clements received among the six counties that make up the 6th District, as districts were still reporting past midnight. However, there was a large enough margin for the Associated Press to call the race in favor of Upton by 10:30 p.m.

“When you have a victory of margin like this, you have to thank the voters,” Upton said to a round of applause. At one point in the night, Upton was leading by more than 30 points.

“We’re going to listen, we’re going to react, and we’re going to help people in very of our district to improve their quality of life.”

With hundreds of people packing a conference room on the second floor of the Inn at Harbor Shores, Upton and his wife, Amey, made their way onto the room’s platform as a live band played the theme song of “Ghostbusters.” The 63-year-old gave thanks for begin given another two-year term in Congress.

Upton, who has become known for his bipartisan efforts, told his constituents that gathered at his general election party that

he will continue to work with both parties.

He shared the room with other candidates in contention, which included Kim LaSata and Dave Pangel. After Upton brought his support staff on stage for recognition — which seemed like half the room — the congressman addressed the presidential race that continued to unfold.

“This really does set the stage for what we need to do,” Upton said moments after recognizing the Chicago Cubs’ World Series performance. “We will have a new president, but our country is in dire

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Too close to call

Trump, Clinton wait for final results from battleground states

By JULIE PACE and ROBERT FURLOW
Associated Press

WASHINGTON — Donald Trump captured crucial victories over Hillary Clinton Tuesday night in Florida, Ohio and North Carolina, showing remarkable strength in three of the nation’s most fiercely fought battleground states in an unexpectedly tight race for the presidency.

Clinton carried Virginia, Colorado and California. Her campaign had expected easy victories there, but the states took on new urgency as Trump picked up votes elsewhere. With a handful of other battleground states still undecided, neither candidate had cleared the 270 Electoral College votes needed to win the White House.

The uncertainty sent Dow

futures and Asian markets tumbling, reflecting investor concern over what a Trump presidency might mean for the economy and trade.

As Clinton’s team anxiously waited for results to roll in, the candidate tweeted to supporters, “Whatever happens tonight, thank you for everything.”

Clinton, a fixture in American politics for decades, was hoping to become the first woman to serve as commander in chief. She faced stiff competition from Trump, the billionaire businessman who tapped into a searing strain of economic populism.

Trump picked up a number of reliably Republican states, while Clinton won in Democratic territory. But the race was to be determined by fewer than a dozen competitive states where the candidates spent millions of dollars and much of the fall wooing voters.

See PRESIDENT, page A10

Hopes wane for Dems as night wears on

By LOUISE WREGE
HP Staff Writer

BENTON HARBOR — As election results rolled in Tuesday night, it was standing room only at the Livery in Benton Harbor, where local Democrats have historically gathered on election night.

At the beginning of the night, several people said they expected Democratic nominee Hillary Clinton to win by a landslide. But, as the night wore on, it became apparent that was not going to happen.

“I’m gravely concerned at the moment,” said Eric Lester, chairman of the Berrien County Democratic Party,

How you voted		
	Clinton	Trump
Berrien	42%	58%
58 of 77 precincts reporting		
Cass	33.6%	66.4%
17 of 22 precincts reporting		
Van Buren	43%	57%
24 of 33 precincts reporting		

around 10:45 p.m. “I had high hopes that (Clinton) would win.”

He said he thought Wisconsin and Michigan would be easily won by Clinton. Instead, at press time, both states were undecided and leaning towards Trump.

Those present cheered every time Clinton was

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LaSata tops Seats in 79th House race

Becomes first woman elected to represent district

By JOHN MATUSZAK
HP Staff Writer

In the race for the 79th House seat between Republican Kim LaSata and Democrat Marletta Seats, one was going to make history as the district’s first woman representative.

LaSata, a fifth-grade social studies teacher at Lake Michigan Catholic Elementary School, earned that place in the history books Tuesday, garnering 19,427 votes, at 59 percent, to the 12,117, or 39 percent, received by Seats, with all 35 precincts reporting. U.S. Taxpayers Party candidate Carl Oehling received 978 votes, or 2 percent of the total.

“All I can guarantee is that I will listen, that I will work hard, and that I will always remember my constituents and I’ll always be there for my community,” LaSata said in her victory speech at a GOP gathering at The Inn at Harbor Shores.



Kim LaSata speaks to supporters after winning the 79th District seat during an election night party Tuesday night at The Inn at Harbor Shores. LaSata, a Republican, collected 59 percent of the vote against Democrat Marletta Seats. She will be the first woman to represent the 79th District.

How you voted		
Kim LaSata	59%	
Marletta Seats	39%	
Carl Oehling	2%	

She was joined by her husband, Charles, a former 79th House member and

currently a Berrien County judge.

“You’re getting a smarter, harder-working, and better-looking representative than when I was there,” he said, as well as the 69th’s first woman representative in the 180-year history of the Michigan

legislature.

Seats has been a Berrien County commissioner for District 3 in Benton Township for 12 years, before deciding this year to seek higher office.

The LaSatas have four

See 79TH HOUSE, page A10

LMC question lingers

By RALPH HEIBUTZKI
HP Correspondent

BENTON HARBOR — Lake Michigan College’s 10-year, 0.48-mill capital millage ballot proposal result ended up in a real cliffhanger — just like Tuesday’s presidential race.

Results for LMC’s ballot proposal were too close to call, at press time — with 25,327 voting “yes,” and 25,237 voting “no,” with 61 out of 70 precincts reporting, according to the Berrien County Clerk’s Office.

The capital millage request marked the first one that LMC had sought in its history. LMC currently levies an operating millage of 1.78 mills.

The approximate impact

of the capital millage, if it passes, amounts to \$2 more per month — or an additional \$24 per year — in property taxes for a homeowner with a home valued at \$100,000, according to the college.

Approval of the millage would allow LMC to raise about \$40.3 million for improvements and energy efficiencies, modernized classrooms, safety and security improvements, and Student Support Services area improvements, on all of its campuses.

The college also expected to use \$7.5 million that it’s collected from a community-wide capital campaign, and \$8.5 million in state grants, and other investments, to help complete the projects.

Detroit to pay water damage claims of \$11M to 800 residents

DETROIT (AP) — Months after two severe storms flooded basements on Detroit’s east side, the city’s water department has decided to pay the claims of all residents who aren’t suing it.

Hundreds of homes were damaged during the July 8 storm, which resulted in many basements flooded with smelly, brown water, the Detroit Free Press reported.

Detroit Water and Sewerage Department director Gary Brown said the department, which charges residents for water, plans to settle with 800 people who filed claims and haven’t sued. They will begin with

the 17 whose furnaces and hot water tanks were rendered inoperable. The department expects to spend about \$11 million.

Brown said the department will settle all the claims before January, no matter whose fault it is. He said the department isn’t waiting for the disposition of ongoing investigations being conducted by the Great Lakes Water Authority, which operates the system and the water department.

“We didn’t wait to see whose responsibility it was (between Great Lakes and DWSD),” he said.

The decision to pay the claims is part of the department’s efforts to gain a bet-

ter reputation after water shutoffs made international headlines.

The department has also instituted a program through the Great Lakes Water Authority to help customers who are behind on their water bills, but are consistent with payments over periods of time, said Brown.

According to Brown, he hired two contractors to help clean, sanitize and throw things away. He said in some instances they had to build stairways in order to get into some of the basements, and cleaned vacant property that the Detroit land bank owned, to ensure no smells would linger near occupied homes.

Metal detector hobbyist finds Holt woman’s lost wedding ring

HOLT (AP) — A Michigan man who pursues metal detecting as a hobby has found the wedding ring of a Holt woman’s late husband.

Catherine Tucker, 37, lost the wedding ring of her deceased husband, Chris Tucker, as she passed out candy Halloween night, the Lansing State Journal reported. After realizing the ring was missing, she posted on social media, asking area children to check their candy bags.

When Tom Shively learned of Tucker’s dilem-

ma, he volunteered to scour her yard with his metal detector. After 80 minutes, he found about 20 coins and an antique toy hammer, but no ring.

About 10 minutes later, his metal detector found the ring pushed into the dirt.

“She almost knocked me over. She was just bawling. It was tears of joy. The kids were jumping around,” said Shively.

The couple met as ROTC students in college and married in 2004. Catherine did

two tours in Iraq in 2008 to 2009, while her husband Chris left the military to stay home with their daughters.

Chris Tucker later died in a motorcycle accident in 2013 in Montana, where the couple was living with their two daughters at the time.

Catherine, who grew up in Lansing and Holt, moved to Holt last year to be closer to her family. In order to afford the move she sold her own wedding ring and was left with just her late husband’s ring.

LOTTERIES

Tuesday drawings	Powerball	21-27-28-29-33-49-53-56-65-66-69-71-80
Michigan	Jackpot: \$236 million	Illinois
Poker Lotto	Monday drawings	Lotto
JS-4C-6H-2S-10S	Indiana	10-19-34-42-46-51, Extra Shot: 6
Midday Daily 3	Cash 5	LuckyDay Lotto Midday
9-7-3	08-09-14-23-33	02-26-27-31-35
Midday Daily 4	Quick Draw Midday	Pick Three-Midday
4-3-8-4	02-03-09-12-14-15-18-	6-5-3, Fireball: 0
Daily 3	20-21-29-32-39-40-47-	Pick Three-Evening
4-7-0	48-62-65-74-78-79	3-8-2, Fireball: 8
Daily 4	Daily Three-Midday	Pick Four-Midday
6-7-3-6	2-6-5	9-0-7-5, Fireball: 7
Fantasy 5	Daily Three-Evening	Pick Four-Evening
12-14-17-24-28	2-8-6	0-8-8-7, Fireball: 7
Keno	Daily Four-Midday	Lucky Day Lotto
09-12-15-18-19-22-28-	3-1-9-4	04-07-18-33-43
32-34-40-41-42-50-	Daily Four-Evening	
52-55-57-60-61-73-74-	3-1-9-8	
76-79	Quick Draw Evening	
Mega Millions	01-06-07-09-10-16-17-	
Jackpot: \$54 million		— The Associated Press

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IN BRIEF

Lasers reported pointed at planes near Detroit Metro airport

ROMULUS (AP) — The Federal Aviation Administration says it’s received multiple reports of green lasers being pointed at aircraft near Detroit Metropolitan Airport.

The FAA says in a statement that it has notified local law enforcement of the reports, which came in Monday night at the airport in Romulus. No injuries were reported.

Airport spokeswoman Erica Donerson tells the Detroit Free Press that airport police are investigating the reports.

Similar incidents have been reported previously at the airport as well as at other U.S. airports. It’s illegal to use lasers to distract airplanes.

Eastern Michigan students face discipline after protest

YPSILANTI (AP) — Three students who protested after racist graffiti was found on buildings at Eastern Michigan University are now facing discipline for continuing a peaceful sit-in at a student center after it closed for the evening.

A university official says the students violated the school’s student code of conduct by continuing their protest after being warned to leave. They could receive one-year suspensions.

The Ann Arbor News reports students and faculty are urging the university’s administration to drop the cases. Political science professor Judy Kullberg calls the university’s decision to punish the protesters “wrong-headed.” She says the three students are “wonderful young men with tremendous leadership qualities.”

The graffiti targeted African-Americans and was immediately removed. Eastern Michigan’s campus is in Ypsilanti, west of Detroit.

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‘TIS THE SEASON?



Don Campbell / HP staff

Workers with the St. Joseph Parks and Recreation Department on Election Day install a Christmas tree along the bluff in preparation for this year's Community Tree Lighting ceremony at 6:30 p.m. Dec. 2. Some of us don't wait for Thanksgiving to pass before thinking Christmas.

BERRIEN COUNTY

2 incumbent commissioners defeated

Majerek, Scott, Meeks prevail

By JOHN MATUSZAK
HP Staff Writer

The Berrien County Board of Commissioners will have four new faces for the coming term, after two incumbent Democrats were defeated at the polls Tuesday, including longtime Commissioner Andrew Vavra of Three Oaks.

Vavra, completing his 26th year as a commissioner in District 9, was topped by Republican Ezra Scott of New Buffalo. Scott collected 3,384 votes, or 53 percent of the total, to Vavra's

2,993, or 46 percent. Scott is a retired Indiana State Prison guard who has owned property and businesses in New Buffalo.

Commissioner John Klimek, also a Democrat, was defeated by Republican Michael Majerek, receiving 1,712 votes, at 45 percent, to Majerek's 2,067, at 54 percent. Klimek, of Niles had served as a commissioner from 2010 to 2012 in District 12, lost his bid for re-election, and was elected again in 2014. Majerek is a Niles businessman who is involved in numerous community organizations and boards.

Democrat Don Meeks prevailed in the District 3 commissioner's race against Republican Michael Sleep. Meeks, who won a four-way primary race in Au-

gust, collected 2,367 votes, or 68 percent, to 1,087 for Sleep, at 31 percent. The District 3 position has been held for 12 years by Democrat Marletta Seats, who unsuccessfully ran for the 79th House seat against Republican Kim LaSata.

Republican David Vollrath of Coloma is the other newcomer to the board, having won the District 1 primary against Commissioner William Smith, who had been appointed in 2015 to complete the term of Robert Wooley.

Commissioners Jon Hinkelman, Mac Elliott, Jeanette Leahey, Debra Panozzo, Teri Frehling, Bill Chickering, Mammie Yarbrough and Jim Curran were unopposed on the primary

ballot.

With these results, there will be 10 Republicans and two Democrats on the Board of Commissioners. The current margin is nine to three.

With 56 of 62 precincts reporting, Sheriff Paul Bailey defeated Rick Briand, the Natural Law Party candidate, with 36,685 votes to 7,519.

Other countywide office holders who were unopposed on the ballot are: Prosecutor Michael Sepic, Treasurer Bret Witkowski, Clerk Sharon Tyler, Drain Commissioner Christopher Quattrin, Register of Deeds Lori Jarvis, and Surveyor John Kamer.

Contact: jmatuszak@TheHP.com, 932-0360, Twitter: @HPMatuszak

Exit poll: Michigan voters unhappy with Clinton, Trump

By JOHN FLESHER
Associated Press

Michigan voters had reservations about Hillary Clinton and Donald Trump and concerns about the economy during the election Tuesday. Here's a look at preliminary results from exit polling conducted for The Associated Press and television networks by Edison Research in Michigan.

Unpopular candidates

Nearly half of Michigan voters said they voted for someone they strongly supported. The others were divided about evenly between those who liked their candidate with reservations and those motivated primarily by dislike for the opposition.

Voters had reservations about both candidates, with majorities rating both as unfavorable and describing both as dishonest. Majorities also said they were bothered by Clinton's use of private email while secretary of state and Trump's treatment of women.

Pocketbook concerns

The economy weighed heavily on the minds of Michigan voters, with half describing it as the most important issue. Smaller groups picked terrorism, immigration and foreign policy.

About six in 10 described the nation's economy as "not so good" or poor. Roughly one-quarter of the state's voters said their family's financial situation and the local job outlook had worsened over the past four years, with the others divided evenly between those saying things were better and those saying they were about the same.

Hunger for change

Nearly four in 10 voters said the most important quality in the next president was the ability to bring about needed change. Smaller numbers picked the right experience, good judgment or "cares about people like me."

Early deciders

Despite all the debates, advertising and other twists and turns in recent months, about six in 10 Michigan voters said they decided whom to vote for before September. About one in 10 said they'd made up their minds in the last few days.

Is there hope?

Michigan voters were sharply divided over whether life will be better for the next generation of Americans. Nearly three in 10 predicted things would go downhill, and a similar number said things would get better or remain about

the same.

Two-thirds said the economy is stacked in favor of the wealthy.

Obama popular ...

A majority of Michigan voters voiced approval of Barack Obama's performance as president, but only about three in 10 said his successor should continue his policies. About four in 10 said the next president should be more conservative while about two in 10 called for a more liberal direction.

... But not the government

About seven in 10 voters described themselves as dissatisfied or angry about how the federal government is working. They were divided evenly over whether government should do more to solve problems or leave more things for businesses and individuals to handle.

Health and trade

Opinions differed widely over Obama's signature domestic initiative: the 2010 health care law known as Obamacare. About four in 10 Michigan voters said it went too far, about three in 10 said it didn't go far enough, and about two in 10 said it was about right.

About half of the voters said trade with other countries takes away U.S. jobs, while smaller groups said it creates jobs or has

Survey information

The survey of 2,774 Michigan voters was conducted for AP and the television networks by Edison Research. Voters were interviewed as they left a random sample of 45 precincts statewide Tuesday. Telephone interviews were conducted with 480 who voted early or absentee. Results for the full sample were subject to sampling error of plus or minus 4 percentage points; it is higher for subgroups.

no effect.

Race and immigration

Nearly six in 10 Michigan voters said immigrants help the nation, while about three in 10 said they cause harm. About seven in 10 said immigrants living and working illegally in the U.S. should be offered a chance to apply for legal status instead of being deported.

About four in 10 said whites generally are favored in the U.S., while about half as many said racial minorities are favored. The other one-third said no group gets special treatment. About half said the criminal justice system treats all group fairly, while about four in 10 said it's unfair to blacks.

STATE HOUSE 66TH DISTRICT

Griffin clings to lead

Too close to call at midnight

By ANDREW LERSTEN
HP Staff Writer

PAW PAW — The battle for the 66th House district was still too close to call at press time Tuesday night.

With 32 out of 45 voting precincts reporting as midnight approached, Republican Beth Griffin, Mattawan, had the lead over Democrat Annie Brown, South Haven.

Griffin had a narrow lead with 53.3 percent of the votes being tallied.

The tally stood at 14,808 for Griffin, with Brown trailing at 12,969 votes.

Aric Nesbitt, R-Lawton, has held the seat the past six years but could not seek a new term due to state term limits.

The district serves Van Buren County and a small portion of western Kalamazoo County.

The numbers include all eight Kalamazoo County precincts but only 24 of the 37 voting precincts in Van Buren County.

Brown lost to Nesbitt in 2014. Griffin is vice chairwoman of the Van Buren County Board of Commissioners.

Contact: alersten@TheHP.com, 932-0357, Twitter: @HPLersten



GRIFFIN



BROWN

VB district judge race too close to call

By ANDREW LERSTEN
HP Staff Writer

PAW PAW — The Van Buren County district court judge race was too close to call at press time Tuesday night.

But Assistant Van Buren County Prosecutor Mike McKay was leading challenger Cirilo Martinez, with 24 of 37 voting precincts reporting.

The vote count was 9,470 for McKay, with Martinez trailing with 8,362 votes.

District Judge Robert Hentchel is not seeking a new term.

McKay, 44, has been an assistant prosecutor in Van Buren County for four years, and was an assistant Berrien County assistant prosecutor for less than a year before that. He is also a former state trooper.

Martinez, 42, is a self-employed lawyer whose office is in Kalamazoo.

Both men live in Antwerp Township.

Contact: alersten@TheHP.com, 932-0357, Twitter: @HPLersten



McKAY



MARTINEZ

South Haven Health Care transfer overwhelmingly approved

By ANDREW LERSTEN
HP Staff Writer

SOUTH HAVEN — Voters in the South Haven area overwhelmingly approved the transfer of South Haven Health System with Bronson Healthcare.

The ballot issue went before voters in South Haven and eight area

townships. As of press time, the issue was passing 5,900-686, with eight of 13 of the precincts reporting results.

The affiliation will take effect Jan. 1.

South Haven Community Hospital will become Bronson South Haven Hospital, and all other system assets — including the Wellness Cen-

ter and Urgent Care clinic — will also be part of the affiliation agreement.

Operations of the hospital and other health care system assets would be transferred to an affiliate of Bronson Healthcare. The Bronson group would invest \$18 million over five years in the hospital.

Bronson Healthcare would further establish a new foundation

fund dedicated to philanthropy for the service area, and invest \$1 million over five years in the foundation fund.

The current hospital board will become an advisory council. However, one local representative would be appointed to serve on the Bronson Healthcare Group board of directors.

Property owners in the nine affected governmental units will no longer pay a property tax levy for the hospital. The nine jurisdictions are South Haven city and township, city of Bangor, and the townships of Arlington, Bangor, Casco, Columbia, Cover and Geneva.

Contact: alersten@TheHP.com, 932-0357, Twitter: @HPLersten

Tesla to end unlimited free use of supercharging stations

By TOM KRISHER
AP Auto Writer

DETROIT — Electric car maker Tesla Motors says it will end unlimited free use of its worldwide charging station network.

The company says cars ordered after Jan. 1, 2017 will get roughly 1,000 miles worth of credits each year at the supercharging stations. After credits are used, owners will have to pay fees. Cars ordered or sold on or before Jan. 1 would still get free charging.

Tesla didn't specify the fees but says charging would cost less than the price of filling a comparable gasoline car. The company says it will release fee details later this year. It says prices could fluctuate over time and vary by regional electricity costs.

This means that free charging won't apply to the \$35,000 Model 3, which is due to enter production in the second half of 2017. Tesla said 373,000 people put down \$1,000 deposits for the Model 3 as of May.

Buyers of new cars ordered or sold on or before Jan. 1 must take delivery before April 1 in order to get the free charging.

Tesla has set up 734



Margaret Moran / Sierra Sun via AP

This undated file photo shows Tesla Motors charging stations neat Truckee, Calif. Electric car maker Tesla Motors says it will end free use of its worldwide charging station network. The company says cars ordered after Jan. 1, 2017 will get roughly 1,000 miles worth of credits at the supercharging stations. After credits are used, owners will have to pay fees. Cars ordered or sold on or before Jan. 1 would still get free charging.

charging stations worldwide that can give the cars 170 miles of range in a half hour. A 30-amp public charging station can only do 10 miles in a half hour, the company

says on its website. In the U.S., charging stations are across the nation, but many are concentrated in population centers long the East and West Coasts. The stations were set

up to enable long-distance travel with the electric cars. The company's Model S sedan can go from 219 miles per charge to 302 miles depending on battery and software

options.

Tesla says the change will let it expand the supercharger network and it will not make a profit from the charging stations.

BH woman dies after car crash

By JULIE SWIDWA
HP Staff Writer

BERRIEN CENTER — Police are continuing their investigation into a one-vehicle crash Sunday that claimed the life of a Benton Harbor woman.

State Police said Ruby Johnson, 84, was killed when a car went off the road on U.S. 31 south of Lake Chapin Road in Berrien Township and rolled several times.

It happened at about 6:20 p.m., police said.

In a news release, police stated that Johnson was one of five people in the car. The others were the driver, a 19-year-old female, and three female passengers ages 18, 18 and 15.

All five people were taken by Medic 1 to Lakeland Medical Center, St. Joseph, where Johnson was pronounced dead.

Sgt. Ryan Schoonveld said information was not available to him Tuesday regarding the names of the other four people or the extent of their injuries.

State police were assisted at the scene by the Berrien Township Fire Department and Berrien County Sheriff's Department.

As of Tuesday, police had not been able to determine what caused the crash.

Contact: jswidwa@TheHP.com, 932-0359, Twitter: @HPSwidwa

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Officials: Possible voter intimidation in East Lansing

By GINA DAMRON
Detroit Free Press

Election officials are unclear why a man standing outside of a polling location in East Lansing pulled two women wearing hijabs out of line but say the questionable incident may have been voter intimidation.

The situation was reported to officials by voter Ron Fox, who was in line to vote at Shaarey Zedek synagogue a little after 7 a.m. when he saw the man — who officials said was

not a poll worker — pull the women out of line.

“When I drew even with him, I saw that both women had their voter registration cards out showing them to him,” Fox wrote. “He said that he was trying to bring up a map on his phone.”

Fox said he is unsure whether the man was trying to direct — or misdirect — the women to another polling location, but said he believes “there was at least some profiling going on.”

East Lansing City Clerk

Marie Wicks said said it's unclear whether the man was attempting to intimidate the women or be helpful, but she called the incident “highly inappropriate.”

Fox said he reported the incident to officials at the polling location and Ingham County Clerk's Office.

Ingham County Clerk Barb Byrum, who said Fox emailed her this morning, said she has “zero tolerance for voter intimidation or harassment,” which is why she is-

sued a plan two weeks ago on how to handle such a situation.

Wicks said that after she was alerted, she had police called. By the time officers arrived, she said, the man was gone after a poll

worker told him to leave.

“It's about voters being able to feel that they're safe,” Wicks said, “and that their vote is going to count and that they're not going to be harassed or intimidated.”

IN BRIEF

Deadline nears for cancer doctor's victims to apply for aid

DETROIT (AP) — A judge has set a Nov. 14 deadline for victims to seek compensation in the case of a Detroit-area cancer doctor who put hundreds of patients through needless treatments.

The federal government seized roughly \$12 million from Farid Fata. Anyone who was a patient between 2005 and 2013 can file a claim for out-of-pocket expenses, such as co-payments and deductibles.

This is also an opportunity for families to seek a portion of funeral expenses for patients who died. A claim form and more information can be found at www.fataclaims.com.

In 2014, Fata pleaded guilty to fraud, money laundering and conspiracy. The government identified 553 victims, along with insurance companies.

Fata is serving a 45-year prison sentence.

Authorities in western Michigan identify 2 dead in shooting

GRAND RAPIDS (AP) — Authorities in western Michigan have identified two 21-year-olds who died in what investigators determined was a murder-suicide.

Police say Jeremy Kelley went to a

Grand Rapids home early Sunday and shot Rosemarie Reilly before fatally shooting himself in what was described as a domestic-related incident.

Police found them after responding to a report of several gunshots heard at the home. Reilly died at the scene and Kelley died a short time later at a hospital.

Home movies sought for project marking '67 riots in Detroit

DETROIT (AP) — The Detroit Institute of Arts seeks local home movies from 1967 for a project marking next year's 50th anniversary of the city's civil unrest.

The DIA hopes Detroit-area residents will loan family movies or found footage to the Detroit Film Theatre, which will screen them weekly beginning in January. Selected films will be part of the Detroit Free Press' Freep Film Festival and a marathon screening at the theater.

Museum Director Salvador Salort-Pons says in a statement the films tell a “range of stories about our community's experiences in 1967.” Rioting began when officers from Detroit's nearly all-white police department arrested black patrons at an after-hours bar, triggering five days of violence.

The program is part of “Detroit 67: Looking Back to Move Forward,” organized by the Detroit Historical Society.

IN BRIEF

Free breakfast for veterans Friday in Benton Twp.

BENTON TOWNSHIP — The Southwest Michigan Ministerial Alliance will hold its annual Veteran's Day Program Friday at Refreshing Fountain Church of God in Christ, 175 Euclid Ave., Benton Harbor.

A free breakfast for veterans starts at 9 a.m.

A special program, “Honoring Those Who Serve,” will start at 10 a.m. The Rev. William T. Anderson, pastor of

Philadelphia Baptist Church in Muskegon, will speak. He is also the chaplain of VW Post 9388.

Veteran's Day event at SJ City Hall

ST. JOSEPH — Korean Veterans of Southwest Michigan will host a short Veteran's Day program Friday in St. Joseph City Hall, the organization announced.

The event will be at 10 a.m. in the second floor main conference room. The public is invited to honor all veterans, especially those who died in action.

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(IRA Eligible)

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ELECTION RESULTS

The following is a summary of results from Tuesday's general election. Races with no numbers were not finalized by press time.

U.S. House 6th District (2-year term)

R-Fred Upton, inc.,
D-Paul Clements,

MICHIGAN State House (2-year term) 59th District

R-Aaron Miller, inc.,
D-Carol Higgins,
66th District (24 of 33 precincts reporting)
R-Beth Griffin, 11263
D-Annie Brown, 10109
78th District (23 of 27)
R-Dave Pagel, inc. 15363
D-Dean Hill, 7700
79th District (33 of 35)
R-Kim LaSata, 17803
D-Marletta Seats, 11583
80th District
R-Mary Whiteford, inc.,
D-John Andrysiak,

BERRIEN COUNTY (55 of 62 reporting) Sheriff

Paul Bailey, 35518
Rick Briand, 7381
Prosecutor,
(4-year term)
R-Michael Sepic, inc.,
36578
Clerk
(4-year term)
R-Sharon Tyler, inc., 37312
Treasurer
(4-year term)
R-Bret Witkowski, inc.,
36956
Register of Deeds
(4-year term)
R-Lori Jarvis, inc., 36738
Drain commissioner
(4-year term)
R-Christopher Quattrin,
36590
Surveyor
(4-year term)
R-John Kamer, inc., 36278
Probate judge
(one 2-year term)
Brian Berger, inc., 32584
District judge
(two 6-year terms)
Gary Bruce, inc., 30871
Dennis Wiley, inc., 25595
Circuit judge
(two 6-year terms)
John Donahue, inc., 27800
Charles LaSata, inc., 29066
County board
(2-year terms)
District 1 (4 of 6)
R-David Vollrath, 2742
District 2 (4 of 6)
R-Jon Hinkelman, inc.,
2575
District 3
D-Don Meeks, 2367
R-Michael Sleep, 1087
District 4
D-Mamie Yarbrough, inc.,
3048
District 5
R-William Chickering, inc.,
3444
District 6
R-Jeanette Leahey, inc.,
5053
District 7
R-Debra Panazzo, 3849
District 8 (3 of 5)
R-Teri Freehling, inc., 2576
District 9
R-Ezra Scott, 3384
D-Andrew Vavra, inc., 2993
District 10 (5 of 6)
R-R. McKinley Elliott, inc.,
3763
District 11 (4 of 5)
R-Jim Curan, inc., 2891
District 12
R-Michael Majerek, 2067
D-John Klimek, inc. 1712

Lake Michigan College

Yes No
0.48-mill
tax hike
Berrien townships
(4-year terms)
Bainbridge Twp.
Supervisor
R-Dale Kreitner,
R-William Hodge, 1182
Clerk
R-Patty Hiler-Molter, inc.,
1191
Treasurer
R-Nancy Weber, inc., 1200
Trustees (2 seats)
R-Donald Baiers, inc., 1131
R-John Yetzke, inc., 1125

Baroda Twp. Supervisor

R-Jim Brow, inc., 1168
Clerk
R-Wendie Shafer, inc., 1194
Treasurer
R-Brenda Troxell, inc., 1167
Trustees (2)
R-David Wolf, inc., 1112
R-John Harner, inc., 1045
Benton Twp.
Supervisor
D-Kevin White, inc., 3214
Clerk
D-Carolyn Phillips, inc.,
3238
Treasurer
D-Debra Boothby, inc.,
3280
Trustees (4)
D-Carolyn Fowler, inc.,
2582
D-Rosie McCoy Hudson,
inc., 2503
D-Cathy Yates, inc., 2564

Coloma Twp. Supervisor

R-John Kamer, inc., 36278
Probate judge
(one 2-year term)
Brian Berger, inc., 32584
District judge
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Benton Twp.
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3238
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Berrien townships
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R-William Hodge, 1182
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1191
Treasurer
R-Nancy Weber, inc., 1200
Trustees (2 seats)
R-Donald Baiers, inc., 1131
R-John Yetzke, inc., 1125

Baroda Twp. Supervisor

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Clerk
R-Wendie Shafer, inc., 1194
Treasurer
R-Brenda Troxell, inc., 1167
Trustees (2)
R-David Wolf, inc., 1112
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Clerk
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3238
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D-Debra Boothby, inc.,
3280
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inc., 2503
D-Cathy Yates, inc., 2564

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Gary Bruce, inc., 30871
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R-Ezra Scott, 3384
D-Andrew Vavra, inc., 2993
District 10 (5 of 6)
R-R. McKinley Elliott, inc.,
3763
District 11 (4 of 5)
R-Jim Curan, inc., 2891
District 12
R-Michael Majerek, 2067
D-John Klimek, inc. 1712

Niles Twp. Supervisor

R-James Stover, inc., 3327
Clerk
R-Terry Eull, inc., 3324
Treasurer
R-James Ringle, inc., 3240
Trustees (4)
R-Richard Cooper,
inc., 2854
R-Herschel Hoese,
inc., 2770
R-Chris Vella, inc., 2739
R-Harold Bishop, inc.,
R-Julie Burke, inc.,
R-Howard Henderson, inc.,
R-Jeffrey Marks, inc.,
Bertrand Twp.
Supervisor
R-Steve Hicks, inc.,
Clerk
R-Don Vite, inc.,
Treasurer
R-David Kuhn, inc.,
Trustees (2)
R-David Zelmer, inc.,
R-Gordon Payton,
Buchanan Twp.
Supervisor
R-Malinda Cole-Crocker,
inc., 1250
Clerk
R-Jill Roberts, 1275
Treasurer
R-Janet Dehring, inc., 1290
Trustee (2)
R-Lynn Ferris, inc., 1208
R-Tom VanAntwerp, inc.,
1141
Chikaming Twp.
Supervisor
R-Wayne Warner, inc., 662
I- David Bunte, 917
Clerk
R-Paula Dudiak, inc., 1222
Treasurer
R-Liz Rettig, inc., 1145
Trustee (2)
R-Rich Sullivan, inc., 990
R-William Marske, inc.,
1089
Coloma Twp.
Supervisor
R-Kenneth Parrigin, inc.,
1,849
Clerk
R-Sandy Kraemer, inc.,
1,870
Treasurer
R-James Fulton, 1,810
Trustees (4)
R-Bryan Duffield, inc.,
1,751
R-Robert Harper, inc., 1.612
R-Matthew Moser, inc.,
1,633
R-Jerry Willmeng, 1,600
Galien Twp.
Supervisor
D-Bruce Williams, inc., 427
Clerk
D-Jennifer Richter, 448
Treasurer
D-Kendra Truhn, inc., 443
Trustees (2)
D-Leslie Denton, 236
D-Gerald Mast, 252
R-Matthew Kinne, 404
Hagar Twp.
Yes No
Renew
0.3638-mill
for operations 886 708
Supervisor
R-Isadore DiMaggio, inc.,
1097
D-Dennis Knuth, 560
Clerk
(No one filed)
Treasurer
R-Marlene Davis, inc., 1324
Trustees (2)
R-Andrew Ulleg, inc., 1206
D-Beth Raiser, 722
Lake Twp.
Supervisor
R-John Gast, inc., 1394
Clerk
R-Gloria Payne, inc., 1398
Treasurer
R-Robert Clark, inc., 1390
Trustees (4)
R-Jim Stine, inc., 1256
R-Patricia Heyn, inc., 1289
R-John Wilk, inc., 1226
R-Nancy Mensinger, 1288
Lincoln Twp.
Supervisor
R-Dick Stauffer, inc., 4466
Clerk
R-Stacy Loar-Porter,
inc., 4421
Treasurer
R-Terrie Smith, inc., 4403
Trustees (4)
R-Marc Florian, inc., 4027
R-E. Thomas Norbey II,
inc., 3814
R-Rick Stone, inc.,3845
R-Deborah Peterson, inc.,
3929
New Buffalo Twp.
Supervisor
R-Michelle Heit, 796
Wl-Rose Dudiak,
Clerk
R-Paul Oselka, inc., 578
D-Judith Zabicki, 681
Treasurer
D-Jack Rogers, inc., 731
Wl-Barbara Anderson,
Trustees (2)
R-Pete Rahm, inc., 653
R-Patty lazetto, 759
D-Shannon Shawver, 600
Library Board
(six four-year terms)
Becky Borglin,
Kathie Butler
Paul Ciccarelli,
Mary Stewart McPherson
Albin Sikora

Oronoko Twp. Supervisor

R-Michael Hildebrand, inc.,
Clerk
R-Suzanne Renton, inc.,
Treasurer
R-Lawrence Schalk, inc.,
Trustees (4)
R-Rich Albers, inc.,
R-Don Damron, inc.,
R-Marc Kerlikowske, inc.,
R-Robert Palmer, inc.,
Pipestone Twp.
Supervisor
R-Doug Davis, inc., 832
Clerk
R-Laura Lausch, inc., 830
Treasurer
R-Shawn Wolske, inc., 835
Trustees (2)
R-Robert Bishop, inc., 804
R-Floyd Sommer, inc., 742
Royalton Twp.
Supervisor
R-Robert Basselman, inc.,
2137
Clerk
R-William Foust, inc., 2129
Treasurer
R-Michael Klug, inc., 2146
Trustees (2)
R-Rocky Genovese, inc.,
2027
R-John Olson, inc., 1954
St. Joseph Twp.
Supervisor
R-Roger Seely, inc., 2924
Clerk
R-Denise Cook, inc., 2949
Treasurer
R-Dave Vonk, inc., 2907
Trustees (4)
R-Gary Bluschke, inc., 2576
R-Ron Griffin, inc., 2462
R-Melissa Hahn, inc., 2588
R-Patrice Rose, 2511
Sodus Twp.
Supervisor
R-David Chandler, inc., 797
Clerk
R-Cheryl Andres, inc., 802
Treasurer
R-Karen Morgan, inc., 758
Trustees (2)
Ken Peters, inc., 716
Loyall Bennett, 737
Three Oaks Twp.
Supervisor
R-George Mangold, 923
Clerk
R-Elizabeth Cummings,
inc., 910
Treasurer
R-Kathleen Osburn,
inc., 916
Trustees (2)
D-Rexalee Gordon,
inc., 753
D-Christian Mitchell, inc.,
726
Watervliet Twp.
Supervisor
R-Dan Hutchins, inc., 1027
Clerk
R-Patricia Bambrick, inc.,
1004
Treasurer
R-Tom Scheid, inc., 999
Trustees (4)
R-Joe Matthews, inc., 887
R-Joe Stepich, inc., 856
R-Bob Wallace, inc., 896
R-Matthew Clay, 886
Weesaw Twp.
Yes No
2 mill-road
tax renewal 629 302
Supervisor
R-Gary Sommers, 636
I-Gary Kovacs, 205
Clerk
R-Wanda Green, inc., 751
Treasurer
R-Michelle Tackitt, inc., 761
Trustees (2)
R-Arthur King, 700
R-Robert Warmbein, 656
Cities
Bridgman
(five 4-year terms)
Rick Fuller, 543
Linda Gedeon-Kuhn, 431
Vince Rose, 485
Jan Trapani, 452
Georgia Gipson, 476
Coloma
Mayor
James Polashak, 517
Clerk
Martha Darling, 547
Treasurer
Kelly Clements, 528
Trustee
(three 4-year terms)
Kent Churchill, inc., 399
Jason Hicks, inc., 338
Julie Smith, 301
Christine Seddon, 279
(partial term)
Nate Clements, 490
Berrien Springs
(two 6-year terms)
Stephen Mitchell, inc. 3450
Angelika McGowan, inc.,
2876
Lisa Guley, inc., 4421
Elnora Gavin, 3624
Berrien Springs
(two 6-year terms)
Ron Marschke, inc.,
Sarah O'Dell, inc.,
(2-year term)
Lee Davidson, inc.,

Pipestone Twp. Supervisor

R-Doug Davis, inc., 832
Clerk
R-Laura Lausch, inc., 830
Treasurer
R-Shawn Wolske, inc., 835
Trustees (2)
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Trustees (2)
Ken Peters, inc., 716
Loyall Bennett, 737
Three Oaks Twp.
Supervisor
R-George Mangold, 923
Clerk
R-Elizabeth Cummings,
inc., 910
Treasurer
R-Kathleen Osburn,
inc., 916
Trustees (2)
D-Rexalee Gordon,
inc., 753
D-Christian Mitchell, inc.,
726
Watervliet Twp.
Supervisor
R-Dan Hutchins, inc., 1027
Clerk
R-Patricia Bambrick, inc.,
1004
Treasurer
R-Tom Scheid, inc., 999
Trustees (4)
R-Joe Matthews, inc., 887
R-Joe Stepich, inc., 856
R-Bob Wallace, inc., 896
R-Matthew Clay, 886
Weesaw Twp.
Yes No
2 mill-road
tax renewal 629 302
Supervisor
R-Gary Sommers, 636
I-Gary Kovacs, 205
Clerk
R-Wanda Green, inc., 751
Treasurer
R-Michelle Tackitt, inc., 761
Trustees (2)
R-Arthur King, 700
R-Robert Warmbein, 656
Cities
Bridgman
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Rick Fuller, 543
Linda Gedeon-Kuhn, 431
Vince Rose, 485
Jan Trapani, 452
Georgia Gipson, 476
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Jan Trapani, 452
Georgia Gipson, 476
Coloma
Mayor
James Polashak, 517
Clerk
Martha Darling, 547
Treasurer
Kelly Clements, 528
Trustee
(three 4-year terms)
Kent Churchill, inc., 399
Jason Hicks, inc., 338
Julie Smith, 301
Christine Seddon, 279
(partial term)
Nate Clements, 490
Berrien Springs
(two 6-year terms)
Stephen Mitchell, inc. 3450
Angelika McGowan, inc.,
2876
Lisa Guley, inc., 4421
Elnora Gavin, 3624
Berrien Springs
(two 6-year terms)
Ron Marschke, inc.,
Sarah O'Dell, inc.,
(2-year term)
Lee Davidson, inc.,

St. Joseph Twp. Supervisor

R-Roger Seely, inc., 2924
Clerk
R-Denise Cook, inc., 2949
Treasurer
R-Dave Vonk, inc., 2907
Trustees (4)
R-Gary Bluschke, inc., 2576
R-Ron Griffin, inc., 2462
R-Melissa Hahn, inc., 2588
R-Patrice Rose, 2511
Sodus Twp.
Supervisor
R-David Chandler, inc., 797
Clerk
R-Cheryl Andres, inc., 802
Treasurer
R-Karen Morgan, inc., 758
Trustees (2)
Ken Peters, inc., 716
Loyall Bennett, 737
Three Oaks Twp.
Supervisor
R-George Mangold, 923
Clerk
R-Elizabeth Cummings,
inc., 910
Treasurer
R-Kathleen Osburn,
inc., 916
Trustees (2)
D-Rexalee Gordon,
inc., 753
D-Christian Mitchell, inc.,
726
Watervliet Twp.
Supervisor
R-Dan Hutchins, inc., 1027
Clerk
R-Patricia Bambrick, inc.,
1004
Treasurer
R-Tom Scheid, inc., 999
Trustees (4)
R-Joe Matthews, inc., 887
R-Joe Stepich, inc., 856
R-Bob Wallace, inc., 896
R-Matthew Clay, 886
Weesaw Twp.
Yes No
2 mill-road
tax renewal 629 302
Supervisor
R-Gary Sommers, 636
I-Gary Kovacs, 205
Clerk
R-Wanda Green, inc., 751
Treasurer
R-Michelle Tackitt, inc., 761
Trustees (2)
R-Arthur King, 700
R-Robert Warmbein, 656
Cities
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GOP battles to limit losses, control House

By **ALAN FRAM**
Associated Press

WASHINGTON — Republicans were on track to secure two more years of House control Tuesday, as a GOP lawmaker retained a heavily Hispanic district in Florida that Democrats had hoped Donald Trump’s divisive comments would make their own.

Even so, Republicans faced an erosion of their historic majority in the chamber that could leave hard-line conservatives with added clout to vex party leaders.

With Trump rousing opposition in many suburban and ethnically diverse districts, Democrats were hoping to gain a dozen GOP-held seats in states including New Jersey, Virginia, Illinois, Florida, Nevada and California.

But both sides anticipated that Democrats would fall short of the 30-seat pickup they’d need to take command of the House for the first time in six years. Democrats have gained that many seats in just five of the 35 elections since World War II, including only once — in 2006 — since the 1970s.

In Florida, freshman GOP Rep. Carlos Curbelo won a race that showed the GOP presidential candidate’s damage to Republicans would be more lim-

Democrats’ path to Senate majority narrows as GOP holds N.C.

WASHINGTON (AP) — Democrats’ path to retaking the Senate majority narrowed Tuesday as Republicans held onto key seats in North Carolina, Indiana and Florida.

Democrats grabbed a Republican-held seat in Illinois, but as Republicans defended a slim 54-46 majority in an unpredictable election year, key races in Missouri, New Hampshire, Pennsylvania and Nevada remained too close to call.

In North Carolina, Democrats had high hopes of unseating entrenched GOP incumbent Sen. Richard Burr, who infuriated even his own party with his laidback campaign style. But in the end he had little trouble holding off the challenge from Democrat Deborah Ross, a former state legislator and director of the North Carolina ACLU.

In Illinois, GOP Sen. Mark Kirk had long been considered the most endangered Republican incumbent, as he faced a strong challenger in a state that favors Democrats in presidential election years. Democratic Rep. Tammy Duckworth, a double-amputee Iraq war veteran with a compelling personal story, ousted Kirk.

In Indiana, GOP Rep. Todd Young beat former Democratic senator and governor Evan Bayh, who mounted a much-ballyhooed comeback bid, but wilted under scrutiny.

And in Florida, GOP Sen. Marco Rubio beat Democratic Rep. Patrick Murphy, giving Rubio a platform from which he could mount another bid for president in 2020.

The outcome was not unexpected since Murphy had been abandoned by his own party in the final weeks of the campaign, but polls had tightened heading into Election Day.

In Arizona, meanwhile, GOP Sen. John McCain, at age 80, won his sixth term in quite possibly his final campaign. The 2008 GOP presidential nominee was re-elected without much difficulty despite early predictions of a competitive race, and struck a reflective note ahead of the outcome.

“While as Yogi Berra said, ‘I hate to make predictions, especially about the future,’ I’m not sure how many more I have in me,” McCain said.

In New York, Sen. Chuck Schumer, the Democrats’ leader-in-waiting for a new Congress, easily won re-election.

The races were close in GOP-held Missouri, New Hampshire, and Pennsylvania as voting progressed, as well as Nevada, the one Democratic-held seat that was hotly contested this election.

hazy, Libya, and IRS mistreatment of conservative groups. Another would be Rep. Scott Garrett, R-N.J., from New York City’s suburbs, under fire for reports he’d objected to contributing money for gay GOP congressional candidates.

House Speaker Paul Ryan, R-Wis., was touting his “Better Way” agenda on revamping the tax code and welfare programs and dismantling Obama’s health care law for next year. In a final fundraising email, he called it “our responsibility as conservatives” to maintain GOP House control.

Trump’s impact on House races seemed spotty and in some districts was counterbalanced by GOP antipathy to Hillary Clinton, Trump’s Democratic rival for president. Republicans were aiming for Democratic-held seats north of Miami and in northern Minnesota and Omaha, Nebraska, and were strongly defending others that once seemed vulnerable in New York, Iowa and Wisconsin.

The GOP’s current 247-188 margin, which includes three vacancies, is a high-water mark for House Republicans since the 270 members they had in 1931. Only several dozen of the chamber’s seats were considered competitive.

Both parties’ candidates and outside groups spent

nearly \$1.1 billion combined on House campaigns, shy of the \$1.2 billion record in 2012, according to the Center for Responsive Politics, a nonpartisan research group. Republicans had only a slight financial edge.

Even with the Ryan-led House GOP holding a formidable advantage, work has stalled on spending bills after hitting objections from conservatives, including the roughly 40 members of the hard-right Freedom Caucus. With moderate GOP lawmakers likely among Tuesday’s election losers, dissident Republicans’ leverage will likely grow next year.

That suggests tougher problems ahead for GOP leaders, with conservative objections likely over a fresh round of budget legislation plus the need to renew the government’s borrowing authority or face an economy-jarring federal default.

A thinner Republican majority could also strengthen conservatives demanding the impeachment of a newly elected President Clinton. Ryan has yet to address that issue directly.

Even Ryan, who’s said he wants to be speaker in the new Congress, is not immune to ire from the Freedom Caucus and other Republicans upset over his refusal to campaign for Trump.

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10-2 pm Holiday pet photos at Bow Wow Bakery & Bath.

10-3 pm Participate in Kringle Crafts at Who Knew? Consignment.

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OPEC sees oil prices rising more slowly

By **DAVID KOENIG**
AP Business Writer

DALLAS — OPEC now sees oil prices rising more slowly over the next few years than it had expected, as the oversupply of crude takes longer to work off.

The Organization of the Petroleum Exporting Countries said Tuesday it expects crude will rise \$5 a year to \$60 per barrel by 2020. A year ago, OPEC forecast that oil would hit \$80 by 2020.

Brent crude, which is used to price international oils, fell 11 cents to \$46.04 a barrel on Tuesday.

OPEC cited many factors that could limit energy demand, from slower growth in China to higher household debt. The cartel expects global economic growth of 3.4 percent over six years, down from a 3.6 percent prediction a year ago.

At the same time, OPEC said, the oil industry was surprised by the ability of

producers in North America to keep pumping even as prices fell, maintaining crude supplies high.

The forecast was contained in OPEC's annual oil outlook and came just three weeks before its oil ministers are scheduled to meet to complete a September agreement on slightly reducing production to drive up prices.

It won't be easy for OPEC to nail down a price-boosting deal.

OPEC nations have been pumping record amounts of crude this fall even though prices are less than half what they were in mid-2014. Iran, Libya and Nigeria have reportedly argued to be exempted from production cuts, which could put pressure on Saudi Arabia to shoulder more of the reduction. And it's unclear whether any OPEC pullback might be offset by production from countries outside the cartel.

Separately, the U.S. gov-

ernment updated its short-term outlook and said that the recent decline in domestic oil production may not be as severe as expected just a month ago.

The Energy Department raised its forecast of U.S. production for both this year and 2017, as drillers respond to higher crude prices. Still, output won't match 2015, which was the biggest year for U.S. production since 1972.

The Energy Department predicted that domestic production will top 8.7 million barrels per day next year. That's 140,000 more barrels per day than the department estimated just a month ago. Forecasters also raised their estimate of 2016 daily oil production by 110,000 barrels to more than 8.8 million barrels.

That's still below 2015's output that hit 9.4 million barrels per day.

The rising forecast is because this year's rebound in oil prices has translated into



Matthew Brown / AP

A pump jack for pulling oil from the ground near New Town, N.D., is seen in February 2015.

more drilling, said Anthony Starkey, an energy analyst for S&P Global Platts. The number of active oil rigs in the U.S. has risen by more than 100 since oil prices plunged below \$30 a barrel

early this year. About 20 rigs have been added in just the past month.

“Most analysts have been revising their production numbers higher as rig activity increases and the outlook

for prices has improved with the rhetoric from OPEC that they will do something to help balance the market” when cartel members meet later this month, Starkey said.

Dubai, Hyperloop One to study potential line

By **JON GAMBRELL**
Associated Press

DUBAI, United Arab Emirates — The futuristic city-state of Dubai announced a deal on Tuesday with Los Angeles-based Hyperloop One to study the potential for building a line linking it to the Emirati capital of Abu Dhabi.

The announcement of the deal took place atop the Burj Khalifa, the world's tallest building, with a panoramic view of the skyline of this futuristic city-state serving as both a backdrop and a sign of Dubai's desire to be the first to rush toward the future.

However, no financial terms were immediately discussed and the technology itself remains under testing, despite the Apple-like product talk given by Hyperloop CEO Rob Lloyd.

“This has become a transportation hub and leader in the world,” Lloyd said, mentioning long-haul carrier Emirates and the city's driverless metro, the longest in the world. “In the Emirates, we believe everything is possible.”

A hyperloop has levitating pods powered by electricity and magnetism that hurtle through low-friction pipes at a top speed of 760 mph. Tesla co-founder Elon Musk first proposed the idea in 2013.

Organizers suggest the Dubai-Abu Dhabi travel time by hyperloop would be only 12 minutes – significantly down from the hour-plus journey it now takes by car between the two cities. Later asked about the cost, Hyperloop co-



Jon Gambrell / AP

Rob Lloyd, the CEO of Hyperloop One, left, shows a model to Emirati officials including Mattar al-Tayer, the director-general and chairman of Dubai's Roads & Transport Authority, third left, in Dubai, United Arab Emirates, on Tuesday. The futuristic city-state of Dubai announced a deal on Tuesday with Los Angeles-based Hyperloop One to study the potential for building a line linking it to the Emirati capital of Abu Dhabi.

founder Josh Giegel told The Associated Press the cost would be “somewhere between the cost of putting a road in and a high-speed rail.” He did not elaborate.

In October, Dubai hosted a competition to design a hyperloop track. In that 48-hour project, designers presented ideas for a possible track between Al Maktoum International Airport at Dubai World Central, Dubai International Airport and Fujairah International Airport. Under their

plans, the hyperloop trip of some 90 miles over a mountain range would be 10 minutes or less, compared to the current hour and 20 minutes by road.

The deal announced on Tuesday would be far simpler.

There would be several stations throughout Dubai connecting the hyperloop system to Abu Dhabi. The pods would then be able to carry passengers and cargo between the cities. At the event Tuesday, Hy-

perloop officials showed several circular station models for Dubai, including one at Emirates Towers on Dubai's main artery, Sheikh Zayed Road.

Already, government-backed port operator DP World has signed an agreement with Hyperloop One to explore the feasibility of the using the technology at Dubai's sprawling, man-made Jebel Ali Port. DP World CEO Sultan Ahmed bin Sulayem attended Tuesday's event with Mattar al-

Tayer, the head of Dubai's Roads & Transportation Agency.

“Dubai is a city that understands global change and seizes the opportunity to pioneer,” al-Tayer said.

For now though, Hyperloop One continues its tests in the Nevada desert.

“We do aspire to build the world's first hyperloop here in the United Arab Emirates,” Lloyd said. “That is our aspiration. We have a lot of work to do.”

5 Islamic State suspects arrested in German raids

By **KIRSTEN GRIESHABER**
Associated Press

BERLIN — German authorities on Tuesday arrested five men who allegedly aided the Islamic State group in Germany by recruiting members and providing financial and logistical help.

The federal prosecutor's office said in a statement that the men were arrested on suspicion of supporting a terrorist organization. The arrests were made in a series of raids in the western state of North Rhine-Westphalia and the northern state of Lower Saxony.

The country's justice minister, Heiko Maas, called the arrests “an important blow to the extremist scene in Germany.”

Interior Minister Thomas de Maiziere said it was critical to prevent people from becoming “so radicalized that they are in danger of becoming terrorists.”

“We don't want terrorism to take place in Germany,” he said. “We don't want terrorism to be exported from



Julian Stratenschulte / dpa via AP

Police officers search a residential building opposite the German-Speaking Islamic Circle Hildesheim mosque in Hildesheim, Germany, on Tuesday. German security authorities arrested five men Tuesday on allegations they aided the Islamic State group in Germany, recruiting members and providing financial and logistical help.

Germany.”

One of the raids was in the Lower Saxony city of Hildesheim, which is a known center for ultraconservative Muslims known as Salafists and where a mosque was raided during the summer.

The prosecutor's office, which handles all terrorism cases, said the suspects

weren't known to have links to IS suspect Jaber Albakr, who killed himself in prison in October two days after being arrested on suspicion of plotting to attack a Berlin airport with homemade explosives.

The five men arrested Tuesday are suspected of recruiting young Muslims in Germany, and raising funds

to send them to Syria to join IS, prosecutors said. They're also accused of providing logistical support for the trips.

One of the suspects, a 32-year-old Iraqi citizen identified as Ahmad Abdulaziz Abdullah A., who also goes by the alias of Abu Walaa, is accused of being the ringleader of the group. He openly supported the IS group, attended several extremist events as a speaker and approved the departure of those willing to go to Syria, prosecutors said.

His last name wasn't provided in line with German privacy laws.

Two other suspects, identified as 50-year-old Turkish citizen Hasan C. and 36-year-old German-Serbian citizen Boban S., were allegedly in charge of teaching Arabic and “radical Islamic content” to recruits.

A 27-year-old German citizen, Mahmoud O., and a 26-year-old from Cameroon, identified as Ahmed F.Y., are suspected of helping to organize the recruits' departure to Syria.

“The network verifiably trafficked one young man and his family to the ‘IS’ in Syria,” the statement says.

Naked man shot with stun gun dies in N.C.

HENDERSONVILLE, N.C. (AP) — North Carolina authorities say deputies hit a naked man with a stun gun after he charged at them following a car crash, and that the man has died.

Henderson County sheriff's Maj. Frank Stout said in a statement that when deputies arrived at the crash scene about 1 a.m. Tuesday, they found the naked driver acting extremely irrationally and uncooperative.

Stout says as deputies tried to take the man into custody, he charged at officers and a Taser was used.

Stout says the man went into arrest and was taken to a hospital, where he died. His name has not been released.

The North Carolina Highway Patrol and the State Bureau of Investigation are investigating.

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America deserves a real plan: Here's mine

My fellow Americans: I stand before you humbled and honored. Just days ago, the notion that you would elect me would have been preposterous – nearly as preposterous as electing a secretive, screaming, scheming opportunist – code name “Evita” – or an egomaniacal, misogynistic, sociopathic blowhard – call him “Benito.”

Now, my policies. Whether or not you agree, you must admit that, unlike my rivals, at least I have some.

Jobs. Everyone agrees we must fix our crumbling infrastructure – roads, bridges, dams, tracks, water systems. Enter “Rebuild/Reboot.” Jobs will be bid out to reputable private contractors. Successful bidders must pay the going wage, and hire and train low-skilled workers.

My rivals never explained how they'd fund this massive undertaking. Here's how: start with a phased-in 50-cent per gallon gasoline tax. Cheap gasoline encourages waste and harms the environment. We'll give tax credits to the poor, the middle class and small businesses, and we'll

provide an app to help them track expenses. The rest of you: drive smarter, smaller, or less.

“Rebuild/Reboot” will also be funded by changes to the tax code. One example: capital gains will be taxed based on how long the stock is held. Profits on stocks held for less than a week will be taxed at 50 percent, with no offset for losses on stocks held for less than a month. Bye-bye, day traders.

We'll simplify and reduce business taxes. However, the days of corporate welfare are over. For example, no more subsidies for the inefficient corn-based ethanol industry. Farmers, please grow real food. Businesses that relocate their headquarters overseas to avoid taxes will face nationalization of their U.S. assets. Ditto those moving factory jobs to other countries. I'm hoping this will not violate the Constitution's due process or takings clauses, but who knows? Corporate moguls, are you feeling lucky?

By the way, we will not meanstest Social Security. To protect middle-income earners, the current cap will be maintained – but earnings above \$250,000 will also be taxed.

We will forgive student loans for the first two years of college

for those who earn an associates' degree, or who continue with their education. Students who receive a degree in a STEM program (science, technology, engineering and math) will have all student loans forgiven.

But there's no free ride: young people will be required to serve one year of national service, and two years for those seeking student loan forgiveness. No exceptions, except for serious health conditions.

We'll phase in a \$16 minimum wage by 2018, with a \$12 minimum for those under 17.

Next, jails. America has more prisoners, proportionately, than any nation on earth. The human cost, not to mention the economic burden, is outrageous. We shall reduce our prison population by 50 percent in four years.

How? First, by decriminalizing possession and use of marijuana and other drugs, and paroling those serving long sentences for such offenses. No one will do hard time for petty drug crimes. We will license, regulate and tax their production and sale. Personal use will be restricted to the home. (Driving while intoxicated – including first offenses – will be severely prosecuted.) Money from these taxes will go, in part, to free treatment for those who

wish it. By the way, we'll stop subsidizing preventable diseases by raising taxes on alcohol, tobacco and sugar.

We will repeal draconian “three strikes laws” for non-violent crimes. No one should serve a life sentence for shoplifting.

You'll notice that I've said nothing about gun control. That's because the situation is basically hopeless. We already have many more guns than people. Gun crime will be severely punished, and we'll close the gun show and private sale loopholes, but that's it.

You'll also notice that I've said nothing about stemming illegal immigration. That's because it is not a problem. Look it up. We welcome and need those who wish to work. We'll deport criminals and arrest human traffickers, but we won't split up families.

In closing, this is my last “opinion leader” column. I'll miss this, I'll miss Michigan's Great Southwest, and I'll miss many of you, but it's time to move on.

Vaya con dios, and thanks.

Greg Ladewski is a writer, educator and consultant who until recently resided in Benton Township. He now promotes diversity and inclusion at a major university in the deep South – one whose name you're recognize in an instant – one with a proud football tradition, but not as great as Michigan's.

Because a white man was scared

It happened because a white man was scared.

Chase Coleman was on a park road, probably lost and confused, having straggled far behind the pack – he's a cross-country runner from Syracuse, N.Y. – when the white man got out of his car and shoved him. A witness said Chase flew back 10 feet and landed on his back-side.

Because that white man was scared.

He had no reason to be. As described by witnesses in the Washington Post and on Syracuse.com, Chase is a gangly black kid, 15 years of age, who weighs about 130 pounds. The white man is said to be very tall and to weigh twice that.

But that white man was scared.

Fifty-seven-year-old Martin MacDonald told police he feared that Chase – on foot, unarmed, wearing a runner's uniform with a number pinned to his chest – might mug MacDonald's wife, who was in the car next to him. MacDonald was also incensed the boy did not respond to his commands to get out of the road.

But Chase has autism and is nearly nonverbal. He doesn't respond to much of anything.

Except running. He's not very good at it, often finishes last. But his mom says being on his high school track team is one of the few ways he has ever been able to participate with others, to connect to the world beyond his unknowable thoughts. He loves running.

Or did. Chase turned in his uniform after the Oct. 14 incident.

His mother sought a warrant to arrest her son's attacker on a charge of harassment, which carries a maximum 15-day sentence. In an act of breathtaking moral obtuseness, a judge in Rochester, where this happened, turned her down. In a victory for systemic bigotry, the judge is African American. On Monday, police said their investigation was ongoing.

Which is all well and good. But try to picture some burly black man assaulting an autistic white boy. Try to conceive of authorities still hemming and hawing about it almost three weeks later. You can't. Not even Stephen King has that much imagination.

How many times have black people bled because white men were scared? Of retribution or uprising. Of robbery or rape. Of social equality and the loss of place and prerogative. Of blackness itself.

Tamir Rice was shot and killed within two seconds because a white man was scared.

Trayvon Martin was stalked and killed because a white man was scared.

Levar Jones was shot while complying with a state trooper's command because the trooper, a white man, was scared.

White men's fear has long been the story of black people's lives and deaths. It is a story told in spectacle lynchings and burning schoolhouses, in poll taxes and restrictive covenants.

Someone will say violent crime statistics justify a white man's fear. They don't. To the contrary, they warn that if you are fated to be victimized, the attacker will probably look a lot like you.

Someone else will say that not all white men are scared and that some actively fight against fear. This, of course, is true.

But what does that matter to Chase? How do you explain any of this to an indrawn boy who had been used to adults being kind to him? How do you tell him that he terrifies some people just by standing in a road, lost? How do you make him understand what can happen when white men are scared?

Consider that a man assaulted him, then justice betrayed him, suggests that it could have been much worse. Then ask yourself:

Who should be frightened of whom?

Leonard Pitts is a columnist for The Miami Herald. His email is: lpitts@miamiherald.com.



Leonard Pitts

ANOTHER OPINION

Police leader sets right tone for discussion

Relations between police and residents of minority communities across America are tense as shootings and deaths on both sides generate increasing media attention. An apology from the head of one of the nation's largest police organizations for the profession's role in the historical mistreatment of minorities is a bold attempt to reset the conversation and create a new environment of trust.

Terrence Cunningham, president of the International Association of Chiefs of Police, said last month that he hopes all involved can work together to break a “multi-generational almost inherited mistrust” between minorities and police.

Powerful words from the Wellesley, Mass., chief of police and head of the IACP, whose members include 23,000 U.S. police chiefs and senior law enforcement officers from dozens of countries. Cunningham's statement at the group's conference in San Diego comes amid heightened concern over perceived overreaction, especially in police-involved shooting cases where the victim was unarmed.

The shooting death of unarmed teenager Michael Brown in Ferguson, Mo., in 2014 was a pivotal moment in police-community relations. Subsequent shootings have inflamed tensions and triggered. The history of policing is filled with examples of bravery, self-sacrifice and service, Cunningham said, but the darker periods must be acknowledged to begin healing.

Fellow chiefs gave Cunningham a standing ovation, but the Fraternal Order of Police, representing more than 300,000 law enforcement officers, said apologies do not adequately address the current issues facing law enforcement and the communities they serve.

Trust is a two-way street. Law-abiding citizens have every right to go about their business without fear of police harassment. They also need to know that an encounter with law enforcement will not necessarily turn deadly.

Police also must have the ability to do their jobs – protecting the public – without fearing that everyone views them as the enemy. They must be able to do their jobs without worrying that they will be ambushed when they head into treacherous areas and dangerous situations.

Acknowledging a checkered history that includes acts of bravery and goodwill, as well as abuses, is a peace offering that can form the basis for rebuilding confidence. The past cannot be changed, but law enforcers should use Cunningham's message to begin offering training and programs aimed at restoring trust.

Progressive leaders will find ways to create better communities and ease tensions. An apology is a good step toward peace.

– St. Louis Post-Dispatch



With software taking over the world, you're not in charge anymore

By AARON PERZANOWSKI and JASON SCHULTZ
Los Angeles Times (TNS)

When Tesla announced recently that it would make “full self-driving capability” available on new S and X models for a mere \$3,000 extra, optimists hailed the development as a watershed moment for consumer technology.

But embedded in the news release was a little-noted catch: While customers may use the self-driving feature to pick up friends or family members, “doing so for revenue purposes will only be permissible on the Tesla Network, details of which will be released next year.” If you want to earn some extra money – perhaps to help pay off your robot car's \$75,000 price tag – by selling rides to strangers, you won't be allowed to use Uber or Lyft.

On its face, this demand may seem ridiculous. For over a century, buying a car meant that as soon as you left the lot, you could drive it wherever and however you liked as long as you obeyed traffic laws. Yet, because of the way copyright law handles software, Tesla may have wide latitude to control your behavior by conditioning use of the products you presumably own on your willingness to following its (literal) rules of the road.

Tesla is not the first company to use its power over software to restrict what consumers can do with the products they buy. John Deere prohibits farmers who buy its software-enabled tractors from doing their own repairs. General Motors informed the U.S. Copyright Office that motorists who purchase their cars “mistakenly conflate ownership of a vehicle with ownership of the underlying computer software in the vehicle” – even though, without the software,

your GM car is essentially a giant paperweight. Keurig sold coffee makers that deny you your daily fix unless you use its proprietary coffee pods. HP and Lexmark printers are programmed to reject other makers' ink cartridges. Even Google, considered by many to be one of the more open tech firms in the country, permanently disabled every single Revolv home automation hub sold by its subsidiary Nest when it unilaterally decided to pull support for the device.

How did we end up in a world where device makers can dictate how we use the products we buy and reasonably believe we own? Starting in the 1980s, software companies began routinely attaching End User License Agreements to their programs without much pushback from regulatory agencies or courts. Since then, EULAs have expanded both in their length and their ubiquity. Today, these catch-all documents are flooded with thousands of words of legalese attempting to minimize corporate liability and limit consumer rights. What's more, EULAs are no longer confined to standalone software products. Our phones, watches, TVs and even our vehicles come with complex license terms attached.

Although few if any of us ever bother to read these agreements, there is one consistent message in nearly all of them: Software isn't sold to you, it is merely licensed. From your copy of Microsoft Office to the code embedded in your Tesla, SmartTV, or even the latest Barbie doll, these license terms insist that you don't own the copies of code that make your devices work. You've just been granted temporary permission to use them, even if you paid the same price that you used to pay to own these items outright, and sometimes even more.

Write us

Here's how to submit a letter to the editor:
E-mail: letters@TheHP.com
Regular mail: Editorial Page, The Herald-Palladium, P.O. Box 128, St. Joseph, MI 49085
Fax: 269-429-4398

As if that weren't bad enough, Digital Rights Management technology allows device makers to actually enforce restrictions through code. In the 1990s and early 2000s, DRM was deployed to prohibit everything from having devices read e-books aloud to opening your garage door with a competing remote to using videogame cheats to fast-forwarding through DVD previews.

Fortunately, we have at least seen some attempts to safeguard digital consumers' rights. For example, in response to car-makers' leveraging their control over software to clamp down on independent repair shops, some states and industry groups fought and won a “right to repair” for software-enabled cars. But such responses have been few and far between.

Silicon Valley venture capitalist Marc Andreessen once famously wrote that “software is eating the world.” That statement describes not only new technologies, but also the legal and policy frameworks that enable them. If license terms are allowed to control how we use the digital goods we buy, they may well eat away at the very notions of ownership and personal property.

Aaron Perzanowski is a professor of law at Case Western Reserve University School of Law. Jason Schultz is a professor of clinical law at New York University and director of NYU's Technology Law and Policy Clinic.



Mosa'ab Elshamy / AP

Participants and delegates attend the opening session of the Climate Conference in Marrakech, Morocco on Monday. Climate negotiators have started work on implementing the Paris pact on global warming amid uncertainty over how the U.S. election will impact the landmark deal as temperatures and greenhouse gases soar to new heights.

UN report: Human footprint ‘increasingly visible’ in climate

By **KARL RITTER**
Associated Press

MARRAKECH, Morocco — Hot and wild and with an “increasingly visible human footprint” — that’s how the U.N. weather agency sums up the global climate in the past five years.

In a report released Tuesday at international climate talks in Morocco, the World Meteorological Organization said 2011-2015 was the hottest five-year period on record.

That comes as no surprise as WMO’s annual reports have showed record average temperatures in 2014 and 2015. But the agency said the five-year report provides a better overview of warming trends and extreme events such as prolonged droughts and recurrent heatwaves.

“We just had the hottest five-year period on record, with 2015 claiming the title of hottest individual year. Even that record is likely to be beaten in 2016,” said WMO Secretary-General Petteri Taalas.

The WMO’s preliminary climate assessment for 2016 is set to be released next week.

While it’s complicated to draw links between single weather events and climate change, the report found that many extreme events during the period were made more likely as a result of man-made climate change. In the case of some extreme high temperatures, the probability increased by a factor of 10 or more, the report said.

“Examples include the record high seasonal and annual temperatures in the United States in 2012 and in Australia in 2013, hot summers in eastern

Asia and western Europe in 2013, heatwaves in spring and autumn 2014 in Australia, record annual warmth in Europe in 2014, and a heatwave in Argentina in December 2013,” WMO said.

The report found no strong climate change link for extreme rainfall events.

Other highlights:

■ Arctic summer sea ice coverage was 28 percent below the 1981-2010 average, reaching a record low in 2012. By contrast the Arctic sea ice was above average, especially the winter maximum.

■ Surface melting of the Greenland ice sheet — a contributor to rising seas — continued at above-average levels, exceeding the 1981-2010 average in all five years from 2011 to 2015. Mountain glaciers also continued their decline.

■ Snow cover in the northern hemisphere was “well below average” in all five years, continuing a strong downward trend.

Climate scientists who were not involved with the report said it underscored the need for governments to boost efforts to fight climate change beyond their pledges for last year’s landmark Paris Agreement.

“The evidence is overwhelming,” said Chris Field, director of the Stanford Woods Institute for the Environment. “The new report from WMO is a clarion call for embracing and going beyond the goals of the Paris Agreement.”

The Paris deal calls for keeping global temperature rises below 3.6 degrees Fahrenheit compared with preindustrial times. The average temperature in 2015, partly influenced by a powerful El Nino event, was already halfway there.

OBITUARIES

Lois ‘Loi’ Irwin

Lois “Loi” Irwin, 88, of Stevensville passed away Wednesday, Nov. 2, 2016, at her home.

Friends may visit with the family from 3-5 p.m. Saturday, Nov. 12, 2016, at Starks & Menchinger Chapel, 2650 Niles Road, St. Joseph. A celebration of life gathering will be held after the visitation at the Crocker residence. Memorial donations may be made to Hospice at Home. Those wishing to sign Loi’s memory book online may do so at www.starks-menchinger.com.



IRWIN

Lois was born Feb. 29, 1928, (a leap year, so she really only had 22 birthdays) in Sparland, Ill., to Warren “Tudge” and Edith “Jeff” (Humphrey) Harshbarger. She graduated from Yates City High School and attended the University of Illinois, where she met her future husband, A. Gary Irwin. They were married Aug. 15, 1948, in Galesburg, Ill. Lois worked as a preschool teacher at the YWCA in St. Joseph for 15 years before she and Gary founded Impact USA in 1964. Together they owned the business and she worked as office manager and much more until their retirement in 1991. Lois enjoyed playing bridge in her earlier years, and spending time with her family, but her passion was music. She enjoyed playing the piano and all things music. She brought joy to all who knew her with her music and her personality.

Loi is survived by her three children: Terri Rach of Berrien Springs, Sandi (Jim) Crocker of St. Joseph, and Tim Irwin of Stevensville; six grandchildren: Lori (Rich) Bright, John (Ashley) Rach, Leslie (Nate) Sybian, TJ (Lacey) Crocker, Michael Crocker and Kylie Crocker; five great-grandchildren: Neil Bright, Oliver Rach, Sonny Sybian, Wesley Crocker and Molly Johnson. She was preceded in death by her parents; her husband, Gary in 1997; and two siblings, James Harshbarger and Christelle Briggs.

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Nathaniel Logan

Deacon Nathaniel Logan, 88, of Benton Harbor went home to be with the Lord on Oct. 28, 2016, at home. A service celebrating his life will be Friday, Nov. 11, at the St. Paul Baptist Church, Benton Harbor. The visitation begins at 11 a.m. followed by the funeral at noon. Those wishing to sign the guest book online may do so at www.family-funeralhomebh.com.

Nathaniel was born July 5, 1928, to Abe West and Mamie Brown and was raised by his grandparents, Nathaniel and Alberta Logan in Twist, Ark. Deacon Logan worked while in Arkansas in farming and at a cotton gin until he moved to Michigan in 1969 and worked for Superior Steel. Nathaniel had a great love for his wife and children and he affectionately nicknamed the majority of his grandchildren. He had a deep love for Christ and encouraged all he knew to trust in the Lord with all of their heart and form a relationship with God, knowing that it would get them through the toughest of times. As a result of his relationship with Christ, he read his Bible daily. Na-



LOGAN

thaniel also joined the International Mason Lodge in 1976.

Nathaniel leaves to cherish his memory his wife of 67 years, Lizzie Logan; daughters: Ida Taylor-Vance, Mattie Harden and Dorothy Logan; sons: Walter (Jeanette) Banks, Larry (Kelly) Logan and Albert (Eileen) Logan; sister, Roberta Kendrick; brother, Austin (Patsy) Brown; 26 grandchildren; and a host of great and great-great-grandchildren, nieces, nephews, family and friends.

Nathaniel was preceded in death by his grandparents; seven sisters; one brother; one son; and one grandson.

Charlotte A. Potter

Charlotte A. Potter, 70, passed on surrounded by her family Sunday, Nov. 6, 2016, at Lakeland Medical Center.

A memorial service will be at 11 a.m. Thursday, Nov. 10, 2016, at Baroda Bible Church, with the Rev. Brad Lambright officiating. In lieu of flowers, memorial contributions may be made towards the needs of the family. Online condolences accepted at www.PikeFH.com.

Charlotte A. Potter was born March 19, 1946, in St. Joseph to the late Carl Henry Benedix Jr. and Margaret (Seils) Reagan. Charlotte retired from Whirlpool Corp. in 2006. During her life, she managed several apartment complexes in Niles, Benton Harbor and Stevensville. She worked for Dowagiac and Berrien Springs public schools for many years.

Survivors include two brothers, James (Karen) Benedix and Gary Benedix; a sister, Debra (Allan) Puplis; nieces and nephews: Jamie (Troy) and son Calvin Bash, Emily Benedix, Gwen (Rick) Szczepanski and their children Stephen, Sterling and Tyrone Mead, Eugina and Ally Mead, Tommy, Katie and Sarah Benedix.

She was preceded in death by her parents; niece, Elizabeth Benedix; one brother, William Benedix; and her dear friend, Colleen Mead. Her life was enriched with Christian evangelism, and she told everyone she met about her Lord and savior.

Arrangements have been entrusted to Pike Funeral and Cremation Services, 9191 Red Arrow Highway, Bridgman.

Judith Ann (Tefs) Companion

Judith Ann (Tefs) Companion, 75, of St. Joseph passed away on Nov. 1, 2016, at her residence.

A celebration of life service will be at 6 p.m. Friday, Nov. 11, 2016, at Starks & Menchinger Funeral Home and Cremation Services, 2650 Niles Road, St. Joseph, with the Rev. Gene Pastrick officiating, beginning with Elks rites conducted by Elks Lodge 541. Friends may visit with the family before the service from 4-6 p.m. at the funeral home. Memorial contributions may be made to the Alzheimer’s Association. Friends wishing to leave the family a message of condolence may do so at www.starks-menchinger.com.

Judith was born Dec. 26, 1940, in St. Joseph to Reinhold and Lillian (Roy) Tefs.



POTTER

She was the first female sergeant and lieutenant with the Berrien County Sheriff’s Department, retiring after 33 years of service on March 31, 2000. Judith was initiated in 1998 as the first female member of BPO Elks Lodge 541 and in 2003-04 the first female Exalted Ruler. She was also a member of the St. Joseph Lion’s Club, St. Joseph F.O.P. and Peace Lutheran Church. Judith was outgoing, active in the community and often worked in the soup kitchen. She enjoyed the St. Joseph Band Shell concerts in the summer. In her spare time, she enjoyed traveling and spending time with family and friends.

Judith is survived by her children, Michael (Tina — her caregiver) Companion of St. Joseph, and Melissa Gleason of New Berlin, Wis.; four grandchildren: Krystal Shea, Jessica Johnson, Courtney Gleason and Anthony Companion; two brothers, Leroy Tefs of Nebo, N.C., and Russell (Dixie) Tefs of St. Joseph; and a sister, Jean Simmons of Stevensville.

Martha Berk

Martha Berk, 89 of Shoreham village passed away Monday, Nov. 7, 2016, at her home.

Funeral services will be at 11 a.m. Thursday, Nov. 10, 2016, at Christ Lutheran Church, 4333 Cleveland Ave., Stevensville. Friends may meet with the family at the church from 10-11 a.m. Thursday prior to the service. Memorial contributions may be made to Christ Lutheran Church, Stevensville. Online condolences accepted at www.PikeFH.com.

Martha was born Nov. 27, 1926, in Niles, the daughter of the late Karl and Helene (Jeschke) Krause. On June 19, 1949, she married Harold E. Berk, and he preceded her in death on Aug. 24, 2003. She was a charter member of Christ Lutheran Church and sang in the church choir. Martha enjoyed baking, crafting and quilting and was a member of the Berrien Towne and Country Quilters.

Survivors include three sons: Kevin (Susan) Berk, Gary Berk and Brian (Karen) Berk; a daughter, Susan (Richard) Wandel; and two grandchildren, Kayla Berk and Bradley Berk.

Martha was also preceded in death by a brother, Adolf Krause.

Arrangements have been entrusted to Pike Funeral and Cremation Services, The Boyd Chapel, 9191 Red Arrow Highway, Bridgman.

Gregory Ervin Will

Gregory Ervin Will, 62, of St. Joseph rode off into the sunset to be with his Lord and savior on Nov. 7, 2016.

He was born in Benton Harbor, on April 17, 1954, to parents Ervin and Betty Will. He battled angiosarcoma the last 15 months.

Gregory is survived by his loving wife, Linda; sons: Justin (Chris), Brett (Amy) and Kyle (Tina); brother, Mark (Sherry); father, Ervin; grandchildren: Gracie, Sadie, Sofia, James, and Masey; nieces, nephews and many friends.

He loved his family, bow hunting whitetail deer, walleye fishing and the Detroit Tigers. He was an active member of Overflow Church and supported



BERK

Death notices

Amy M. Archer, 37, of Benton Harbor died Nov. 5, 2016, at home. Starks & Menchinger Chapel and Cremation Services, St. Joseph, 556-9450.

William P. Collins, 65, of Benton Harbor died Nov. 5, 2016, at Hanson Hospice Center, Stevensville. Pike Funeral Home, Boyd Chapel, Bridgman, 465-3239.

Jeffrey Nemiah “Ariel” McCoy, 50, of Stevensville died Nov. 5, 2016, at Lakeland Medical Center, St. Joseph. Purely Cremations — Starks Family Funeral Homes, Benton Harbor, 926-9440.

Constance Remus, 85, of Stevensville died Nov. 6, 2016, at Caretel Inns of Lakeland, St. Joseph. Starks & Menchinger Chapel and Cremation Services, St. Joseph, 556-9450.

Bettie Rodgers, 99, of Benton Harbor died Nov. 8, 2016, at Pine Ridge Nursing Home, Stevensville. Robbins Brothers Funeral Home, Benton Harbor, 927-3181.

Gregory Ervin Will, 62, of St. Joseph died Nov. 7, 2016, at his residence. Purely Cremations — Starks Family Funeral Homes, Benton Harbor, 926-9440.

youth baseball.

Join us in celebrating an amazing man at noon Friday, Nov. 11, 2016, at Overflow Church, 300 E. Napier Ave., Benton Harbor, MI 49102. Memorial donations on Gregory’s behalf may be made to St. Jude Children’s Research Hospital or the Alex Mandarino Foundation. Those wishing to leave an online condolence for Gregory may do so at www.purelycremations.org. Arrangements have been entrusted to Purely Cremations — Starks Family Funeral Homes, 926-9440.

Helen (Smith) Woods

Helen (Smith) Woods, 82, of Benton Harbor passed away at the Hanson Hospice Center in Stevensville on Friday, Nov. 4, 2016.

Services will be Friday, Nov. 11, 2016, at Highland Avenue Seventh-day Adventist Church, 2075 Highland Ave., Benton Harbor, with visitation at 11 a.m. and services at noon. Burial will take place at Crystal Springs Cemetery, Benton Harbor.

Helen Smith Woods was born May 23, 1934, in Memphis to her parents, the Rev. Mose Murray and Gracie Lee (Smith) Murray.

Helen was a faithful Highland Seventh-day Adventist Church member and community servant for 58 years. She worked at Mercy Hospital, Child and Family Services, Department of Human Services and private home and health care agencies within the Benton Harbor community.

Helen is survived by her five children: Gregory Woods, Shirley (Edgar) Jennings, Alexander (Francine) Woods III, Sharon Machage and Gordon (Pamela) Woods; three siblings: Terry Murray, Mozella Boyd and Jessie Mae Murray; 20 grandchildren; 24 great-grandchildren; and eight great-great-grandchildren.

She was preceded in death by her parents and husband, Alexander Woods II.

Arrangements entrusted to Robbins Brothers Funeral Home, 204 S. Fair Ave., Benton Harbor. Please visit www.robbinsbrothersfh.com to light a candle or leave a condolence.



WOODS



Colin E. Braley / AP Images for The Hershey Company

Hunter Jobbins, freshman at Kansas State University, poses in his car filled with nearly 6,500 Kit Kat bars in Manhattan, Kansas. Jobbins told The Wichita Eagle he left his car unlocked with a Kit Kat in the cupholder last month before running into his dorm building. When he came back, the candy bar had been replaced with a note.

College student has Kit-Kat stolen, company sends 6,500 more

MANHATTAN, Kan. (AP) — Hershey has come to the rescue of a college student who had his Kit Kat bar brazenly stolen.

Kansas State University student Hunter Jobbins tells The Wichita Eagle he left his car unlocked with a Kit Kat in the cup holder last month before running into his dorm building. When he came back, the candy bar had been replaced with a note. The thief wrote, “I love

Kit Kats so I checked your door and it was unlocked. Did not take anything other than the Kit Kat. I am sorry and hungry.”

Jobbins’ picture of the note went viral on Twitter, and Hershey responded by sending a representative to the campus with 6,500 Kit Kat bars.

Jobbins stuffed the bars in his car and handed them out around campus last week.

Getting it straight

The Herald-Palladium makes every effort to ensure accuracy in its stories.

If you think there is an error, please contact the editor of the page on which it occurred. If you are unsure of whom to contact, call Assistant Local News Editor Jim Dalgleish at 429-1293.

■ BENTON HARBOR — An article in Tuesday’s paper about the demolition of Mercy Center incorrectly reported that money from Berrien County’s general fund could be used to cover part of the \$1.6 million cost of removing the building. County Treasurer Bret Witkowski said that if there was not enough money in the tax foreclosure fund to cover the cost, money would be used from the delinquent tax fund.

DO YOU REMEMBER?

25 years ago – 1991

It took the combined efforts of two crews from Chicago and two men from Gary's Greenhouse in Niles to dig up two large Australian tree ferns at Fernwood Nature Center.

The ferns, named Ralph and Alice, will be taken to the Franklin Park Conservatory in Columbus, Ohio, where they will be a part of an international floral and garden exhibition called "AmeriFlora '92."

35 years ago – 1981

Dave Raymond has been a workhorse for the Lawton Blue Devils all season, and Saturday afternoon it was no different. The senior fullback rushed for 236 yards on 34 carries, including a 3-yard TD plunge, to lead

Lawton to a 37-0 non-league, season ending victory at Michigan Lutheran.

Raymond's effort pushed him over the 1,000 yard total for the season.

50 years ago – 1966

Hazardous driving warnings remained posted for all southwestern Michigan through today as the Weather Bureau predicted an accumulation of 8 to 10 inches of snow here by late this afternoon.

The blizzard forced cancellation of a history making trip for the Benton Harbor High School Band. The musicians were scheduled to perform in Traverse City tomorrow at the Tiger-Trojan football game. It would have been the longest journey ever for the entire band.

TODAY IN HISTORY

By THE ASSOCIATED PRESS

Today is Wednesday, Nov. 9, the 314th day of 2016. There are 52 days left in the year.

Highlight in history:
On Nov. 9, 1976, the U.N. General Assembly approved resolutions condemning apartheid in South Africa, including one characterizing the white-ruled government as "illegitimate."

On this date:
In 1620, the passengers and crew of the Mayflower sighted Cape Cod.

In 1872, fire destroyed nearly 800 buildings in Boston.

In 1918, it was announced that Germany's Kaiser Wilhelm II would abdicate; he then fled to the Netherlands.

In 1935, United Mine Workers president John L. Lewis and other labor leaders formed the Committee for Industrial Organization (later renamed the Congress of Industrial Organizations).

In 1938, Nazis looted and burned synagogues as well as Jewish-owned stores and houses in Germany and Austria in a pogrom that became known as "Kristallnacht."

In 1953, Welsh author-poet Dylan Thomas died in New York at age 39.

In 1965, the great Northeast blackout began as a series of power failures lasting up to 13½ hours left 30 million people in seven states and part of Canada without electricity.

5-Day Forecast for St. Joseph

Today	Tonight	Thursday	Friday	Saturday	Sunday
Partly Cloudy 53°	Mostly Clear 39°	Sunny 61° / 45°	Mostly Sunny 52° / 32°	Mostly Sunny 48° / 36°	Sunny 53° / 41°

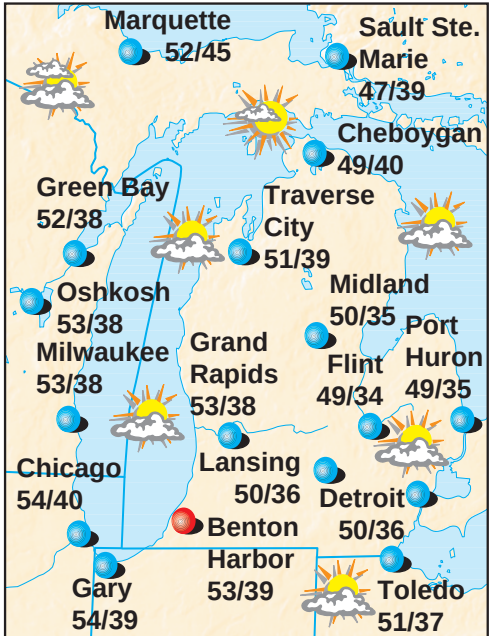
Local Outlook

Today we will see partly cloudy skies with a slight chance of showers, high temperature of 53°, humidity of 71%. North wind 10 mph. Expect mostly clear skies tonight with an overnight low of 39°. Northwest wind 5 mph.

Sun and Moon

Sunrise	7:30 a.m.
Sunset	5:29 p.m.
Moonrise	2:50 p.m.
Moonsset	1:22 a.m.
	Full
	Last
	New
	First
	11/14 11/21 11/29 12/7

Regional Map



Local Almanac

Benton Harbor yesterday	
Temperature	
High	56°
Low	45°
Normal High	50°
Normal Low	35°
Record High	70° in 1999
Record Low	19° in 1961
Precipitation	
Yesterday	0.05"
Month to date	0.69"
Normal month to date	0.86"
Year to date	36.56"
Normal year to date	31.89"

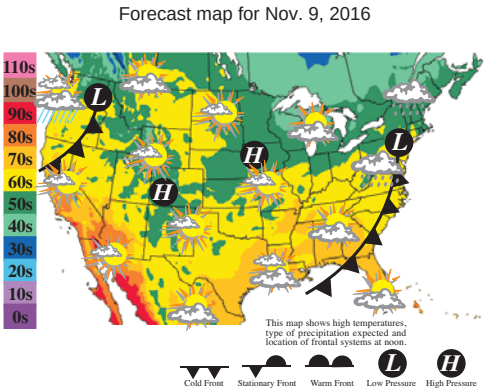
Air Quality

Yesterday	61
Main Offender	Particles
The higher the number, the greater the need for people with respiratory problems to reduce outside activity.	0-50 Good 51-100 Moderate 101-150 Sensitive 151-200 Unhealthy

Weather Trivia

On average, how often do sun spots occur?
Answer: Every 11 years.

National Weather Map



Lake Michigan

Today, N wind 9 to 14 kt. Mostly sunny. Waves 3 to 5 ft. Water temperature 54 degrees. Tonight, NW wind 8 to 14 kt becoming WSW after midnight. Mostly clear. Waves 2 to 3 ft.

Michigan Forecast

Upper Peninsula

Today, skies will be partly cloudy to cloudy with highs in the 40s and 50s. Southwest wind 5 mph. Thursday, skies will be sunny with highs in the 50s. Southwest wind 10 to 15 mph.

Lower Peninsula

Today, skies will be partly cloudy with highs in the 40s and 50s. North wind 10 mph. Expect sunny skies Thursday with highs in the 50s and 60s. West southwest wind 9 to 18 mph.

PRESIDENT

From page A1

Exit polls underscored the deep divisions that have defined the 2016 contest. Women nationwide supported Clinton by a double-digit margin, while men were significantly more likely to back Trump. More than half of white voters backed the Republican, while nearly 9 in 10 blacks and two-thirds of Hispanics voted for the Democrat.

Democrats' path to retaking the Senate majority narrowed as Republicans held onto key seats in North Carolina, Indiana and Florida. The GOP was on track to secure two more years of House control.

The 45th president will inherit an anxious nation, deeply divided by economic and educational opportunities, race and culture. The economy has rebounded from the depths of recession, though many Americans have yet to benefit. New terror threats from home and abroad have raised security fears.

Clinton asked voters to keep the White House in her party's hands for a third straight term. She cast herself as heir to President Barack Obama's legacy and pledged to make good on his unfinished agenda, including passing immigration legislation, tightening restrictions on guns and tweaking his signature health care law.

But she struggled throughout the race with persistent questions about her honesty and trustworthiness. Those troubles flared anew late in the race, when FBI Director James Comey announced a review of new emails from her tenure at the State Department. On Sunday, just two days before Election Day, Comey said there was nothing in the material to warrant criminal charges against Clinton.

Trump, the New York real estate developer who lives in a gold-plated Manhattan penthouse, forged a striking connection with white, working-class Americans who feel left behind in the changing economy and diversifying country. He cast immigration, both from Latin America and the Middle East, as the root of many problems plaguing the nation and called for building a wall along the U.S.-Mexico border.

"I see so many hopes and so many dreams out there that didn't happen, that could have happened, with leadership, with proper lead-



Republican presidential candidate Donald Trump is handed a sticker before casting his ballot at PS-59 on Tuesday in New York.



Democratic presidential candidate Hillary Clinton and former President Bill Clinton greet supporters after voting in Chappaqua, N.Y., on Tuesday.

ership," he said by telephone on Fox News before casting his own ballot in Manhattan. "And people are hurt so badly."

Seven in 10 Americans who went to the polls Tuesday said immigrants now in the country illegally should be allowed to stay, while just a quarter said they should be deported. More than half oppose building a border wall, according to the exit polls, which were conducted for The Associated Press and television networks by Edison Research.

The Republican Party's tortured relationship with its nominee was evident right up to the end. Former President George W. Bush and wife Laura Bush declined to back Trump, instead selecting "none of the above" when they voted for president, according to spokesman Freddy Ford.

Trump set both parties on edge when he refused to say

in the third and final debate whether he would accept the election's results, citing with no evidence the possibility of a rigged outcome. His statement threatened to undermine a fundamental pillar of American democracy and raised the prospect that his fervent supporters would not view Clinton as a legitimate president if she won.

Asked Tuesday in an interview with Fox News if he would accept the election results, Trump continued to demur, saying "We're going to see how things play out."

Most problems that did pop up at polling places Tuesday appeared to be routine — the kinds of snags that come every four years, including long lines, machines not working properly and issues with ballots or voter rolls.

Even before Tuesday, almost 45 million people had cast ballots for president. Many expressed relief the

end was in sight after an election season in which personal attacks often drowned out the issues.

Clinton has denounced Trump for calling Mexican immigrants "rapists" and promoting a ban on Muslims entering the U.S., and for his long line of remarks about women that culminated in an audio in which he bragged about grabbing their genitals. Her campaign was hoping high turnout among Hispanics push her over the top in states like Florida and Nevada.

"I grew up in a Hispanic family, and the way that Donald Trump has referred to illegal immigrants — being from illegal immigrants, I took that to heart," said Angel Salazar, a 22-year-old sanitation associate from Oklahoma City. "I don't like anything that he said. I don't like his views. So I voted for Hillary Clinton because she supports us."

UPTON

From page A1

need of some leadership. There's a reason 70 percent of Americans feel we're on the wrong track."

The St. Joseph native chairs the House Energy and Commerce Committee, but is slated to lose that chairmanship even if the GOP retains its House majority. Projections indicated the GOP will hold the House.

The congressman joined the House Energy and Commerce Committee in 1991. He competed against three others for chairman six years ago and was unopposed as chair his last two terms. When Upton was named chair, he became the first major committee chairman to come from Southwest Michigan. Further east in Kalamazoo, Clements gave his congratulations to Upton. Clements, a Western Michigan University professor who teaches political science and national economic development, previously ran against Upton in 2014. Clements previously collected 40 percent of the vote to Upton's 56 two years ago.

zoo, Clements gave his congratulations to Upton.

The last place he stopped was at WMU, where he spoke to students. "I'm really grateful to all the volunteers and am disappointed in the results," Clements said. "I visited all six counties today and it felt great to shake a lot of hands. I love my job as a professor and am delighted to continue teaching and doing research. But I've got to congratulate Congressman Upton. He won fair and square."

Contact: twittkowski@TheHP.com, 932-0358, Twitter: @TonyWittkowski

79TH HOUSE

From page A1

children and operate a 15-acre grape farm in Bainbridge Township. The candidate noted that 71 percent of her township neighbors cast their ballots in her favor.

LaSata said she ran a positive campaign, something she thinks resonated with voters, and has been knocking on doors and attending community events since April.

The real work starts right away, she pointed out, with a meeting for freshmen legislators today and a meeting with the House leadership on Thursday.

"I'm ready to get out there and be a positive voice for the 79th district," she said.

She doesn't expect to be overwhelmed by Lansing politics. At 53 "I'm not impressed by anything. They can't wine me and dine me. For me it's all about serving the constituents of my district."

And she's not a career politician looking to move up the ladder, she added. During her victory speech, LaSata said she believes that she is the kind of person the founders of our government had in mind to take office.

Contact: jmatuszak@TheHP.com, 932-0360, Twitter: @HPMatuszak

DEMS

From page A1

projected to win a state by MSNBC, which was on the big screen. Trump had the most electoral votes for most of the night except briefly around 11 p.m., when Clinton took the lead.

Lester said the Berrien County Democratic Party

rented space at 2517 Niles Ave. in St. Joseph to create a space for civil conversations to be held about what's important.

"It is our job to reach across the political divisions because we are all in this boat together," he said. "We have to be committed to each other and communicate effectively."

Contact: lwrege@TheHP.com, 932-0361, Twitter: @HPWrege

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The Herald-Palladium

hpSPORTS

Red Wings win
in shootout

Page B2

Slow start dooms Titans in regional loss

Michigan Lutheran ends season to Athens

By **BEN SANDERS**
HP Sports Writer

BELLEVUE — Michigan Lutheran struggled in the opening game of Tuesday’s Class D regional volleyball semifinal against Athens.

The Titans played much better in the next two games, but couldn’t pull one out as Athens hung on for a 25-12, 29-27, 25-23 victory.

“We were so close both games,” Lutheran coach Bruce Molineaux said. “Our girls played awesome those last two. They dug a lot of our hits. We dug a lot of their hits. That was just classic volleyball.”

Michigan Lutheran (27-16-7) never led in the opening game. Athens (27-18-7) used a 15-2 run to build its lead to 22-7. The Titans

scored the next four points, but the deficit was far too much to overcome.

“We seem to start slow,” Molineaux said. “You saw it against LMC. But once we get in a groove, we play so well. Give (Athens) credit. They made some great saves. There were plays I thought we had points for sure, and they dug it out. That’s why they’re in the regionals.”

Emily Witkowski got the Titans going in the second game, with four kills in the first six points as Lutheran built a 6-4 lead. Witkowski finished with a team-high 10 kills.

The Titans were in front most of the way until Athens used a 5-0 run to take a 20-17 advantage.

Lutheran came back to tie it at 22, and then the teams traded points until a kill by the Indians’ Tayler

See **TITANS**, page B2

State champs too much for Bridgman

By **AARON CRIDER**
HP Sports Writer

LAWTON — Bridgman’s volleyball season came to a quick end Tuesday night.

The Bees were swept by defending Class C state champion Bronson, falling 25-9, 25-9, 25-16.

“They are the defending state champions and they aren’t that for nothing,” said Bridgman coach Jim Ragosta.

Bronson was quick to take the lead in all three games. In the second game, the Vikings built an 9-0 lead from the beginning with Adyson Lasky and Jill Pyles scoring two kills apiece.

Inability to block and make clean passes pushed Bridgman even further away.

“We knew going in that we needed to play a super, super clean game,” said Ragosta. “They’ve been down

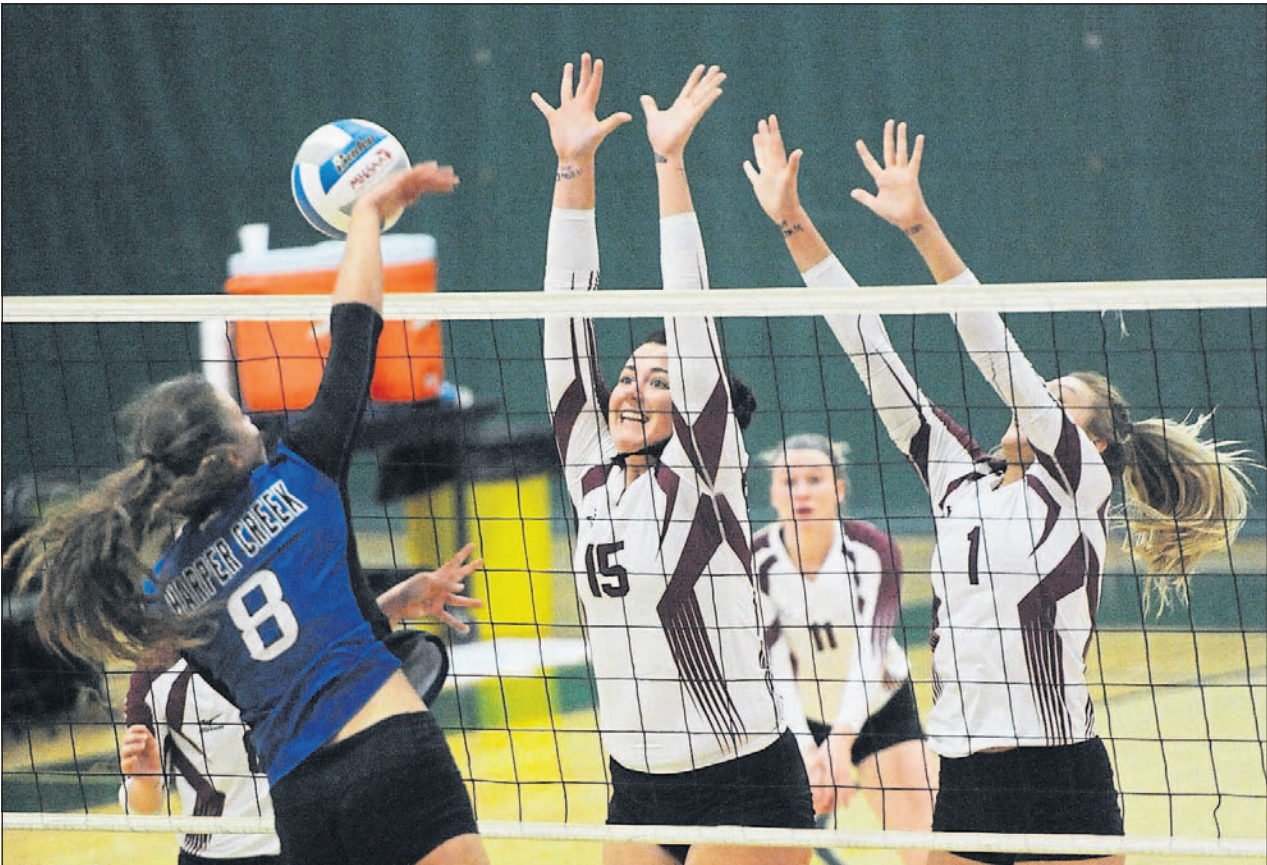
this road more than a few times. Give them a lot of respect, they are a great team.

“We never gave up, we didn’t do a few things well, but one of our goals was to go out there and have fun with this opportunity. There are only a couple of teams getting this opportunity this time of the year.”

The Bees’ best performance was in the third game. Down by 10 points, Bridgman (30-16-4) made a brief rally. Ruth Wilson made a kill shot to take control of the ball. Anna Meyer served, scoring her second ace of the night.

A block that fell out of bounds cut Bridgman’s budding momentum. The Bees had a second opportunity at rallying after Bronson’s Kiera Lasky made a short serve which was followed up by a penalty.

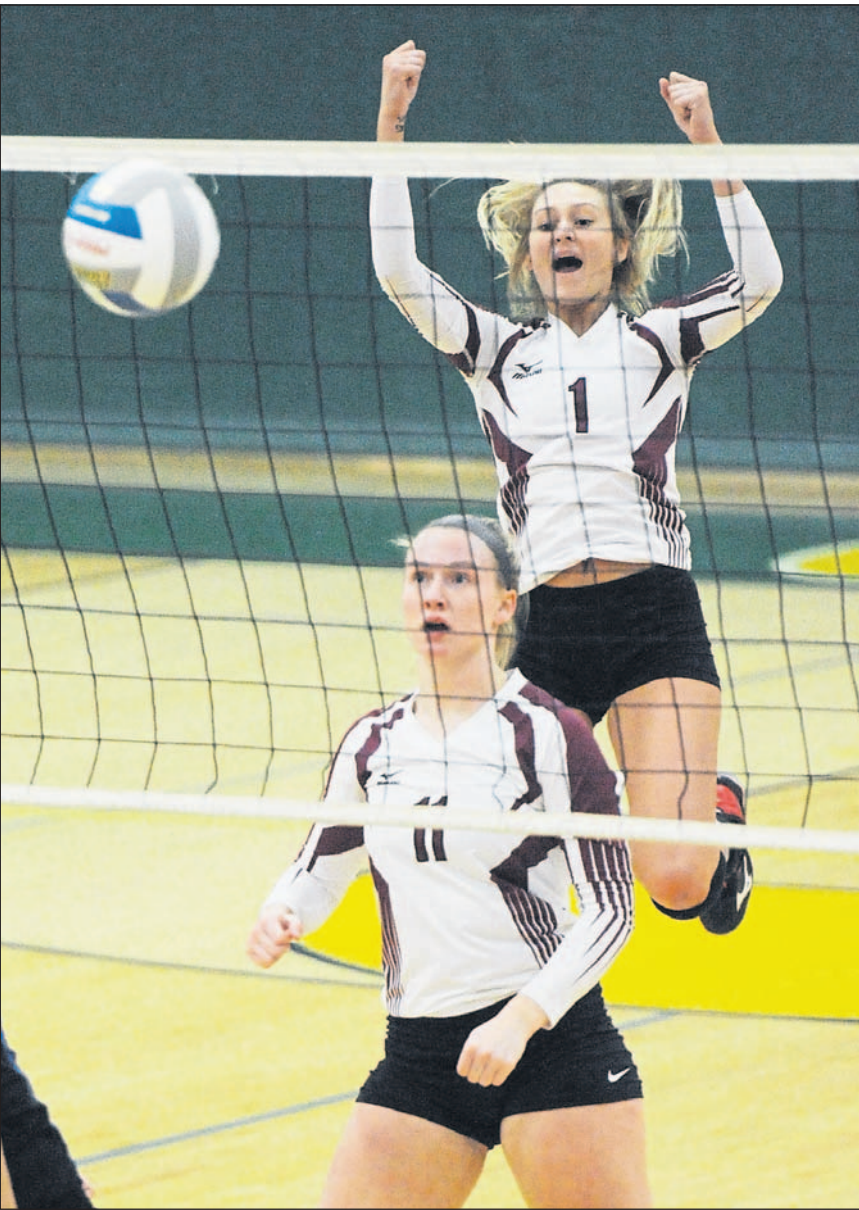
See **BEES**, page B2



Don Campbell / HP staff See more photos: heraldpalladium.mycapture.com

Buchanan’s Liz Kuntz (15) and Franki Streffling (1) reach to block a hit from Battle Creek Harper Creek’s Charley Andrews during Tuesday’s Class B regional semifinal at Coloma.

This battle is won



Don Campbell / HP staff

Buchanan’s Franki Streffling, back, and Alex Tobler celebrate a point during Tuesday’s match.

Fifth-ranked Buchanan dispatches nemesis Harper Creek in volleyball regional

By **ADAM KARNIK**
HP Sports Writer

COLOMA — After falling in the regional round each of the last two years to Battle Creek Harper Creek, Buchanan’s fifth-ranked volleyball team finally got past the Beavers Tuesday night 25-8, 25-17, 23-25, 25-19 to move on to the Class B regional final.

“We’re really excited,” Buchanan coach Lisa Holok said. “We felt like we knew that we would play them all season. We were ready, the seniors were ready, it was an awesome game. We would have liked to have won in three but going to four is really good moving forward in postseason.”

The Bucks will face Vicksburg at 6:30 p.m. Thursday at Coloma for the regional title.

Buchanan (48-6) nearly let the fourth game get away. The Bucks at one point led 20-12, but a fierce Beaver rally, led by Charley Andrews’ three big blocks, narrowed the Buchanan lead to 20-18.

“Coming into the game we knew that (Andrews) was going to get some kills,” said Holok. “We had prepared for her, but we didn’t want anyone else on their team to score. Our defense was really

See **BUCKS**, page B2

No. 14 Western Michigan stays unbeaten

KENT, Ohio (AP) — Justin Franklin rushed for 134 yards and a touchdown and Fabian Johnson added a career-high 125 yards as No. 14 Western Michigan rallied for a 37-21 win over Kent State on Tuesday night to become the nation’s first 10-win team.

Franklin’s 19-yard TD with 8:27 helped the Broncos (10-0, 6-0 Mid-American Conference) finally put away the upset-minded Golden Flashes (3-7, 2-4), who jumped to a 14-0 lead in the first quarter.

But Western Michigan, abiding by coach P.J. Fleck’s “Row the Boat” mantra, kept plugging away and scored 21 straight points before swinging the game with a safety in the fourth.

The Broncos are the highest-ranked MAC school in the AP Top 25 poll since 2008 and have their sights on a major bowl bid.

Quarterback Zach Terrell scored on a 1-yard keeper in the third quarter, capping a 20-play drive, to

give Western Michigan its first lead at 19-14 before he threw a pass to Johnson for the 2-point conversion.

Kent State didn’t fold and responded with an 83-yard drive, tying it on freshman Justin Rankin’s 20-yard run.

Western Michigan’s next drive stalled near mid-field, but the Broncos downed a punt at Kent State’s 1, and on the next play linebacker Robert Spillane stuffed Rankin in the end zone for two points.

The Broncos got the ball back, and Johnson, primarily a blocking back, picked up 35 yards on four carries before Franklin scored his 39th career TD, tying the school record held by Jerome Persell (1976-79).

Johnson later added a 5-yard TD burst with four minutes left.

Kent State’s defense was missing its best player as star safety Nate Holley was suspended indefinitely following his arrest on felony kidnapping charges.

Holley’s twin brother,

See **BRONCOS**, page B3



David Derner / AP

Western Michigan running back Jarvion Franklin carries the ball during the first quarter of Tuesday’s game.

Verlander, Cabrera, Sale could be available on trade market

By **RONALD BLUM**
AP Baseball Writer

SCOTTSDALE, Ariz. — Detroit Tigers ace Justin Verlander and slugger Miguel Cabrera could be available for the right price. The Chicago White Sox might be prepared to deal Chris Sale, too.

Not even a week has passed since the Chicago Cubs won their first World Series title in more than a century, and teams already are involved in trade talk as they position themselves for 2017 and beyond.

“The conversations this year with GMs started earlier and had more substance to them than I recall in the past,” Philadelphia general manager Matt Klentak said Tuesday on the first full day of the GMs’ annual meeting.

A weak free-agent market at many positions has driven deal dialogue. Frustrated they have not won the

World Series since 1984 despite a payroll that is among baseball’s highest, the Tigers sound ready to embark on a rebuild.

“We have an open mind to listen on any player on our roster,” general manager Al Avila said. “We’re going to try to make this organization good for the long run, not the short run. We’re looking at it as all-in for the long haul. And so the transition, that first step, might be a little bit tough here.”

A six-time All-Star right-hander who turns 34 in February, Verlander went 16-9 with a 3.04 ERA this year in his best season since 2012. He is owed \$28 million in each of the next three seasons.

Cabrera, an 11-time All-Star who plays mostly first base these days, turns 34 in April. He will be paid \$28 million next year, \$30 million in each of the following

See **BASEBALL**, page B3

IN BRIEF

Bulls send Hunter to D-League

CHICAGO (AP) — The Chicago Bulls have assigned guard R.J. Hunter to the Windy City Bulls of the NBA D-League.

Hunter was signed by Chicago on Oct. 27, and has not played in a game.

The Bulls announced the move on Tuesday. They visit Atlanta on Wednesday.

Washington steps into CFP rankings

NEW YORK (AP) — Washington moved into fourth in the College Football Playoff rankings, putting the four remaining unbeaten teams from the Power Five conference at the top of the selection committee's second top 25.

Alabama, Clemson and Michigan still hold the top three spots.

The committee's first ranking of the season caused a bit of a stir because the unbeaten Huskies were behind Texas A&M last week. The Aggies then went out and lost at Mississippi State to clear up the mini-controversy.

Ohio State is behind Washington, but the Buckeyes are still in fine shape. Ohio State plays Michigan on Nov. 26 in a game that could decide the Big Ten's East division.

Louisville moved up a spot to sixth, followed by Wisconsin and Texas A&M.

MSU, Northwestern to play football on Friday

ROSEMONT, Ill. (AP) — The Big Ten has announced its schedule of Friday night football games for 2017.

The conference said Tuesday that the games would be televised by ESPN and Fox. Game times will be announced later.

Two games will be played on Sept. 1: Washington at Rutgers and Utah State at Wisconsin.

Other games are Ohio at Purdue on Sept. 8, Nebraska at Illinois on Sept. 29, Northwestern at Maryland on Oct. 13, and Michigan State at Northwestern

on Oct. 27.

Big Ten officials said last week there would be six Friday night football games a year starting in 2017 and continuing through at least 2022. The games are being added to the conference's new television agreements with ESPN/ABC and Fox.

The Big Ten already has had Friday night games on Labor Day weekend.

Another Harvard team in trouble

CAMBRIDGE, Mass. (AP) — Harvard University is investigating a report that the men's cross country team created sexually explicit documents about the women's cross country team.

University Athletic Director Bob Scalise said Tuesday that he's asking school lawyers to look into the matter. The Harvard Crimson student newspaper reports that the men's cross country team produced yearly spreadsheets about members of the women's team, sometimes rating their appearances and making lewd comments.

The spreadsheet was created before an annual dance with the women's team.

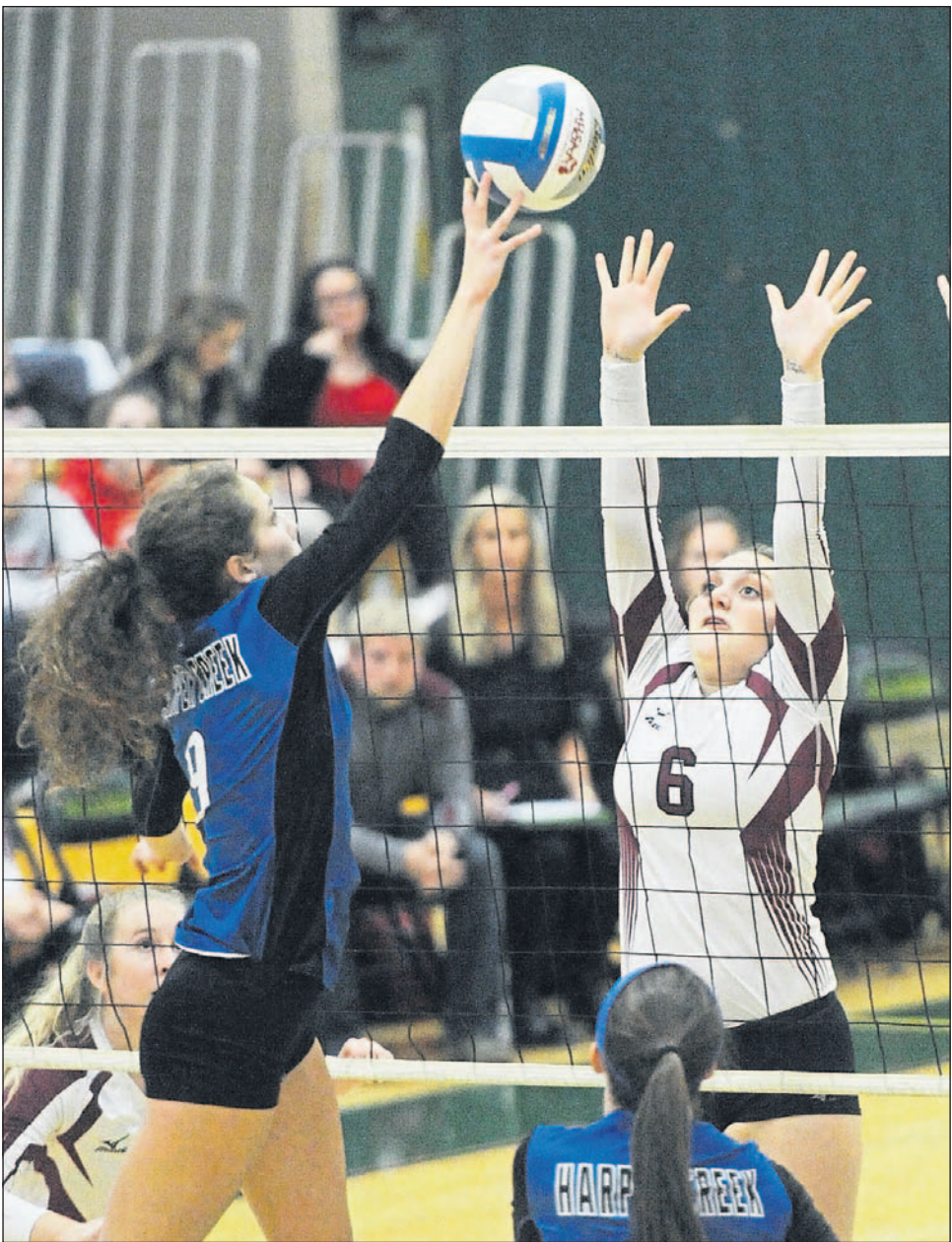
Harvard canceled its men's soccer team's season last week after finding out members created a document with sexually explicit comments about the women's soccer team.

School district settles hazing lawsuit

DES PLAINES, Ill. (AP) — Five former students of a suburban Chicago high school will receive \$1 million to settle a lawsuit filed in connection with hazing allegations.

Officials of Maine Township High School District 207 say they and plaintiffs' attorney Antonio Romanucci agreed to Tuesday's settlement after deciding it was mutually beneficial.

The students alleged soccer coach Michael Divincenzo allowed hazing by members of the team. Divincenzo was acquitted in 2014 of hazing and misdemeanor battery charges.



Don Campbell / HP staff See more photos:heraldpalladium.mycapture.com

Buchanan's Andrea Bair defends against Battle Creek Harper Creek's Faith Hayes during Tuesday's Class B regional semifinal at Coloma.

BUCKS

From page B1

good."

A kill by Alex Tobler, an ace by Taylor Strauss then a kill by Liz Kuntz pushed Buchanan back up to a comfortable lead.

"We came out and we really wanted it," Tobler said. "We knew that game five would be a lot harder so we decided to just take it in four, it would be a lot easier for us mentally and physically."

Tobler finished with 15 kills. Kuntz added 18 kills and six blocks.

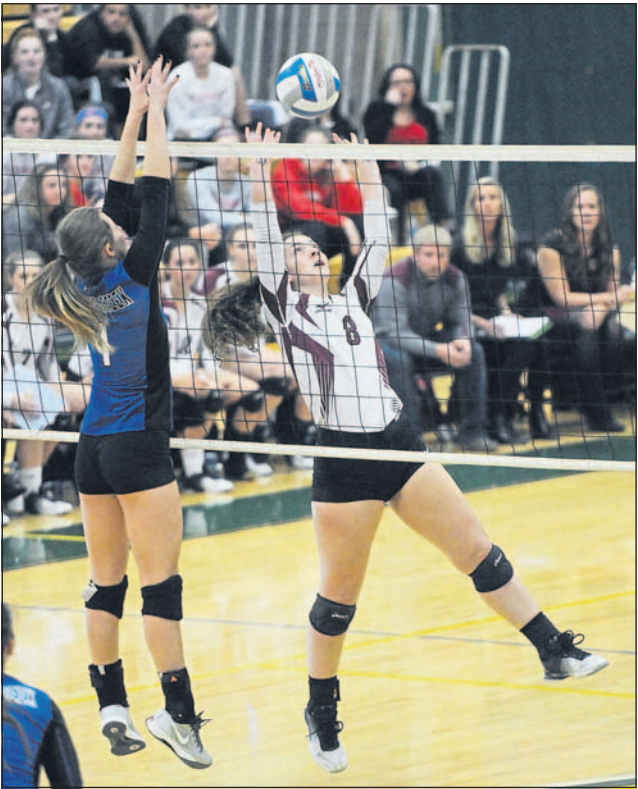
After playing a smaller role in Buchanan's win in the district round due to a high ankle sprain, Franki Streffling also had a big night. The senior finished with 21 kills and 26 digs, both team highs.

"(Streffling) was able to play all the way around today, she was moving good," Holok said. "She's done a great job putting herself in a position to return. She didn't want to miss this ride with this group of seniors and she did exactly what she needed to do."

Harper Creek (40-14-5) had one last chance to rally, but its final serve sailed long, giving the Bucks the match.

The Beavers needed to rally just to force a fourth game. Buchanan jumped out to a 6-2 lead and continued to rally throughout, leading as late as 20-19 but Andrews again was there to keep the Beavers in it.

"They were able to block us and to make us hit some shots that we might not have been completely comfortable with," said



Don Campbell / HP staff

Buchanan's Britta Mollberg pushes a shot past Battle Creek Central Creek's Carly Magiera during a Class B regional semifinal Tuesday at Coloma High School.

Harper Creek coach Terra King. "It took us a little while to get in rhythm and then we had in moments where we got in rhythm but we couldn't sustain it. Buchanan is a very strong team."

For the match, Andrews finished with 25 kills and 25 digs, both team highs.

Buchanan came out strong to open the match, jumping out to a 14-2 lead in the first game and seemed to constantly have an answer for everything Harper Creek tried.

"For these seniors, this is the team that has ended their run," said Holok. "We felt like we were evenly matched with

them in past years but this year they were not evenly matched with us. We have more than one kid that can put the ball down and that was evident tonight."

**BUCHANAN D. HARPER CREEK
25-8, 25-17, 23-25, 25-19**

Harper Creek — Carly Magiera 3 kills, 4 digs; Katie Wade 3 aces, 1 kill, 1 assist, 6 digs; Jacey Bowers 3 kills, 10 assists, 16 digs; Allison Folkema 1 kill; Charley Andrews 1 ace, 25 kills, 1 block, 12 assists, 25 digs; Faith Hayes 10 kills, 11 digs; Gabby Bishop 8 digs
Buchanan — Liz Kuntz 1 dig, 18 kills, 6 blocks; Alex Tobler 15 kills, 3 aces, 8 digs; Franki Streffling 26 digs, 2 aces, 21 kills, 2 blocks; Andrea Bair 3 blocks; Megan Adkerson 2 kills, 3 blocks, 3 assists, 1 dig; Taylor Strauss 2 aces, 12 digs; Britta Mollberg 3 aces, 18 digs, 45 assists; Taylor Reed 3 aces, 6 digs;
Records — Harper Creek 40-14-5, Buchanan 48-6

BEES

From page B1

Lauren Keller added a third point for Bridgman with another ace.

"We loosened up a bit in the third game," said Ragosta. "I thought we were over-trying on everything at the start. We had problems in the middle. Bronson is big no matter where they are they are big, and we overcompensated a bit too much. You can't have three people going after the ball."

With a strong core of players returning next season Ragosta's expectations are already high.

"I expect us to be here again next year," said Ragosta. "That's a tall order but our core group coming back is really solid. Maybe next time it won't be so intimidating. You just got to go through the process."

**BRONSON D. BRIDGMAN
25-9, 25-9, 25-16**

Bridgman — Haley Goff 3 kills, 5 assists, 5 digs; Madelynne Keller 1 kill, 3 assists, 4 digs; Julie Jasper 1 kill, 1 dig; Kelsey Gnodtke 2 kills, 1 block, 1 dig; Ruth Wilson 1 kill, 1 ace; Lindsay Warriner 7 blocks; Lauren Keller 1 kill, 1 ace; Madelyn Oman 2 digs; Anna Meyer 2 aces, 3 digs.

Contact: acrider@TheHP.com, 932-0371, @HPAaronCrider

TITANS

From page B1

Eutsey gave her team the 29-27 win.

Erika Rosenbaum was big in the third game for the Titans, with six of her seven kills coming in that game. Lutheran's final three points came on kills by Rosenbaum, the last one making it 23-22.

Athens then called timeout and rattled off three straight points to win, the first two on kills by Eutsey and the last one an ace from Josie Lamson.

"They're very good at being under pressure lately," Athens coach Jacy Cole said. "I think they've really grown in that aspect the last half of the season."

Eutsey led Athens with 15 kills and Rachel Nobach added 13, but it was strong defense that was the biggest key for the Indians.

"Our defense is what held us in the game, definitely," Cole said. "But (Lutheran) had great defense too. It was a lot of long rallies. Defense and serve receive is usually our strong suit. Offensively we struggled a little bit, but our defense held us in."

Lutheran finished happy with a season that included the BCS White championship and a district title.

"We had a very good season," Molineaux said. "We were league champions, league tournament champions, district champions. We pretty much reached all our goals. This is a reward for doing that."

**ATHENS D. MICHIGAN LUTHERAN
25-12, 29-27, 25-23**

Lutheran — Emily Witkowski 10 kills, 13 digs, 1 ace; Erika Rosenbaum 7 kills, 28 digs; Courtney Ritter 1 kill, 17 digs, 8 assists; Sarah Jackemeyer 3 kills, 19 digs, 1 assist; Mackenzie Zabel 16 digs, 12 assists; Olivia Sievert 15 digs; Maria Rush 1 kill, 1 block.

Records — Michigan Lutheran 27-16-7, Athens 27-18-7.

Contact: bsanders@thehp.com, 932-0366, @HPBenSanders

AIRWAVES

Television today

7:00 p.m. (Big Ten) Women's College Volleyball Indiana at Michigan. (Live) **(ESPN) NBA Basketball** Brooklyn Nets at New York Knicks. (Live)

7:30 p.m. (Csnch) NBA Basketball Chicago Bulls at Atlanta Hawks. (Live)

8:00 p.m. (ESPN2) College Football Teams TBA. (Live) **(NBCSports) NHL Hockey** Chicago Blackhawks at St. Louis Blues. (Live)

9:00 p.m. (FoxDetroit) NBA Basketball Detroit Pistons at Phoenix Suns. (Live)

9:30 p.m. (ESPN) NBA Basketball Houston Rockets at San Antonio Spurs. (Live)

3:00 a.m. (Golf) European PGA Tour Golf Nedbank Golf Challenge, First Round. (Live)

Thursday

1:00 p.m. (Golf) PGA Tour Golf OHL Classic at Mayakoba, First Round. From Riviera Maya, Mexico. (Live)

7:30 p.m. (ESPN) College Football North Carolina at Duke. (Live) **(FoxDetroit) NHL Hockey** Vancouver Canucks at Detroit Red Wings. (Live)

CONTACT US

The Herald-Palladium sports desk is staffed after 7 p.m. nightly. Coaches or managers are asked to report results as soon as possible the evening of the event for publication in the next day's edition.

Phone numbers
(269) 429-1294
(800) 356-4262 ext. 294
Fax number
(269) 429-4392

Email address for reporting results
sports@TheHP.com

8:00 p.m. (TNT) NBA Basketball Chicago Bulls at Miami Heat. (Live)

9:00 p.m. (ESPN2) DRL Drone Racing (Taped)

9:30 p.m. (FS1) College Football Utah at Arizona State. (Live)

10:00 p.m. (ESPN2) Women's Soccer United States vs Romania. (Live)

10:30 p.m. (TNT) NBA Basketball Los Angeles Lakers at Sacramento Kings. (Live)

3:00 a.m. (ESPN) College Football North Carolina at Duke. From Wallace Wade Stadium in Durham, N.C. **(Golf) European PGA Tour Golf** Nedbank Golf Challenge, Second Round. From Sun City, South Africa. (Live)

Radio today

7:30 p.m. NBA — Bulls at Hawks (WLS-AM, 890)

8 p.m. NHL — Blackhawks at Blues (WGN-AM, 720)

Thursday

8 p.m. NBA — Bulls at Heat (WLS-AM, 890)

8:30 p.m. NFL — Browns at Ravens (WSJM-AM, 1400; WSJM-FM, 95.7)

Sports staff

Jason Mitchell Sports Editor
jmitchell@TheHP.com
429-1294

Ben Sanders Sports Writer
bsanders@TheHP.com
932-0366

Aaron Crider Sports Writer
acrider@TheHP.com
932-0371



victory over the Philadelphia Flyers on Tuesday night.

Tomas Tatar also scored for Detroit, which ended a 12-game regular season losing streak in Philadelphia

Sean Couturier and Claude Giroux scored and Jakub Voracek had a pair of assists for the Flyers.

In the shootout, all three Philadelphia skaters — Travis Konecny, Giroux and Voracek — missed.

After Gustav Nyquist and Frans Nielsen misfired for Detroit, Athanasiou beat Steve Mason on the forehand. Athanasiou pumped his fist along the side boards as his teammates came out to congratulate him.

Couturier made it 2-1 off a setup by Voracek 6:51 into the third period. After his wraparound attempt was denied by Jimmy Howard, Voracek sent the puck back in front of the net and Couturier poked it home for his fourth goal of the season but first in 11 games. Athanasiou tied it with 8:47 left when he raced past the defense before deking around Mason with a forehand shot.

Mason, making his first start since Oct. 29, made 33

saves.

Howard made consecutive starts for the first time this season after making 26 stops in Detroit's 2-1 home loss to the Edmonton Oilers on Sunday. He stopped 23 shots.

The Flyers recorded a 4-3 overtime win over Detroit last Tuesday in Philadelphia in the teams' previous meeting this season.

Giroux gave the Flyers a 1-0 lead with a power-play goal 6 1/2 minutes in. Voracek sent a cross-ice pass to Giroux and the Flyers captain went to his knees as he one-timed it high over Howard's left shoulder.

The Red Wings answered just over two minutes later when Tatar netted his second goal of the season after a Flyers miscue.

Athanasiou lifts Red Wings to shootout win over Flyers

Cubs’ Rizzo, Heyward win Gold Glove awards

By PAUL SULLIVAN
Chicago Tribune (TNS)

SCOTTSDALE, Ariz. — Cubs first baseman Anthony Rizzo won his first Gold Glove award on Tuesday, while right fielder Jason Heyward earned his fourth.

The two were among four Cubs finalists for the annual Rawlings awards, voted upon by managers and coaches with a statistical component from SABR counting for one-fourth of the vote.

Rizzo, 27, became the youngest Cub to win the award in franchise history, and the first first baseman since Derrek Lee in 2005.

In an interview on the awards show on ESPN, Rizzo said he learned how to field in his house when his dad would hit golf balls at him at a rapid pace.

“There were definitely some things broken,” Rizzo said. “The way to get my mom not to be mad at it was I’d have to catch ‘em.”

Heyward, in his first year

with the Cubs, was a disappointment offensively but stellar in right, making only two errors.

Heyward played the best right at Wrigley Field since Andre Dawson before his knees went bad.

In the other positions where Cubs players were finalists, shortstop Addison Russell lost out to the Giants’ Brandon Crawford, and pitcher Jake Arrieta lost to the Diamondbacks’ Zack Greinke. In the American League, White Sox

right fielder Adam Eaton finished behind the Red Sox’s Mookie Betts.

The Cubs’ offseason already is going strong in the awards phase. President Theo Epstein was named Sporting News Executive of the Year by his peers, while Kris Bryant is a finalist for NL MVP, Jon Lester and Kyle Hendricks are vying for the NL Cy Young award and Joe Maddon is up for NL Manager of the Year, an award he won in 2015.

Messages, art on Wrigley’s walls to give way to construction

CHICAGO (AP) — Wrigley Field’s days as the “Friendly Chalkboard” are coming to an end.

The Chicago Cubs say they need to remove chalk messages and artwork left by fans on the ballpark’s exterior walls due to off-season construction.

Fans have until 5 p.m. CST Tuesday. After that, final photographs will be

taken and be displayed publicly at a later date.

Fans started writing messages encouraging the Cubs on the walls outside the famed ballpark’s bleachers during the run to the team’s first championship since 1908.

The 102-year-old ballpark and surrounding sidewalks resemble a gigantic chalkboard, jammed with celebratory messages and the names of loved ones who didn’t live to see this.

BOWLING

KELLEY’S BOWL
LAKESHORE LASSIES — Tricia Morris 601 (215), Nicki Brose 576 (214), Karyn Fricke 557, Sheryl Dickenson 525 (225), Diana Nash 581 (231). Team: Nash-Fricke 1081 (423).

BERRIEN GUTTER GALs — Debbie Durren 560 (219), Kim Keith 515 (234), Nancy Pinkerton 494, Linda Krieger 485, Gloria Nessi 482 (224). Team: Durren 1336, Keith (504).

MOONSHINERS — Judy Roemer 546 (226), Pam Head 510, Kim Keith 510, Tmesia Daughtry 491, Sonya Jackson 485. Team: Bad Girls 1450 (506).

COLOMA LANES
SWINGERS — Dieanna Chronister 694 (277), Shelby Ledesma 615 (242), Tiffany Moore 581 (235), Bryan Angelo 708 (279), Dan Gulliver 667 (269), Cory Moore 667, Justin Hosler 663 (279). Brad Flowers 661, Tom LoPresti Jr. 648 (258).

TUES. NIGHTERS — Brenda Webster 541, Kandice Agee 536 (227), Sam Wilkens 523, Megan Daugherty 501, Rhonda Mannino 480, Marie Marsh 434.

GEORGE HUFFMAN MEMORIAL — Jim Davis 730 (259), Jerry Price 705 (280), Dan Gulliver 675 (236), Tim Mitchell 670 (232), Jon Daugherty 670 (236), Cory Wright 669 (255), Bryan Angelo 669 (246), Davis Scheuer 668 (277).

NBA

All Times EST EASTERN CONFERENCE Atlantic Division				
	W	L	Pct	GB
Toronto	4	2	.667	—
Boston	3	3	.500	1 1/2
Brooklyn	3	4	.429	2
New York	2	4	.333	3
Philadelphia	0	6	.000	4
Southeast Division				
	W	L	Pct	GB
Charlotte	5	1	.833	—
Atlanta	5	2	.714	1/2
Orlando	3	4	.429	2 1/2
Miami	2	4	.333	3
Washington	1	5	.167	4
Central Division				
	W	L	Pct	GB
Cleveland	6	1	.857	—
Detroit	4	3	.571	2
Chicago	4	4	.500	2
Milwaukee	4	3	.571	2
Indiana	3	4	.429	3
WESTERN CONFERENCE Southwest Division				
	W	L	Pct	GB
San Antonio	5	2	.714	—
Houston	4	3	.571	1
Memphis	3	4	.429	2
Dallas	1	5	.167	3 1/2
New Orleans	0	7	.000	5
Northwest Division				
	W	L	Pct	GB
Oklahoma City	6	1	.857	—
Utah	5	3	.625	1 1/2
Portland	4	3	.571	2
Denver	3	3	.500	2 1/2
Minnesota	1	5	.167	4 1/2
Pacific Division				
	W	L	Pct	GB
L.A. Clippers	6	1	.857	—
Golden State	5	2	.714	1
L.A. Lakers	4	3	.571	2
Sacramento	3	5	.375	3 1/2
Phoenix	2	5	.286	4
Monday's Games				
Charlotte 122, Indiana 100				
Houston 114, Washington 106				
Utah 109, Philadelphia 84				
Chicago 112, Orlando 80				
Oklahoma City 97, Miami 85				
Golden State 116, New Orleans 106				
L.A. Clippers 114, Detroit 82				
Tuesday's Games				
Atlanta 110, Cleveland 106				
Brooklyn 119, Minnesota 110				
Memphis 108, Denver 107				
Phoenix at Portland				
Dallas at L.A. Lakers				
New Orleans at Sacramento				
Today's Games				
Boston at Washington, 7 p.m.				
Brooklyn at New York, 7 p.m.				
Minnesota at Orlando, 7 p.m.				
Philadelphia at Indiana, 7 p.m.				
Utah at Charlotte, 7 p.m.				
Chicago at Atlanta, 7:30 p.m.				
Toronto at Oklahoma City, 8 p.m.				
Detroit at Phoenix, 9 p.m.				
Houston at San Antonio, 9:30 p.m.				
Dallas at Golden State, 10:30 p.m.				
Portland at L.A. Clippers, 10:30 p.m.				

NFL

All Times EST AMERICAN CONFERENCE East					
	W	L	T	Pct	PF PA
New England	7	1	0	.875	217 132
Miami	4	4	0	.500	173 182
Buffalo	4	5	0	.444	237 203
N.Y. Jets	3	6	0	.333	173 235
South					
	W	L	T	Pct	PF PA
Houston	5	3	0	.625	137 167
Tennessee	4	5	0	.444	217 226
Indianapolis	4	5	0	.444	239 256
Jacksonville	2	6	0	.250	153 215
North					
	W	L	T	Pct	PF PA
Baltimore	4	4	0	.500	154 153
Pittsburgh	4	4	0	.500	184 171
Cincinnati	3	4	1	.438	167 189
Cleveland	0	9	0	.000	168 273
West					
	W	L	T	Pct	PF PA
Oakland	7	2	0	.778	245 223
Kansas City	6	2	0	.750	185 151
Denver	6	3	0	.667	214 166
San Diego	4	5	0	.444	268 247
NATIONAL CONFERENCE East					
	W	L	T	Pct	PF PA
Dallas	7	1	0	.875	223 140
N.Y. Giants	5	3	0	.625	161 164
Washington	4	3	1	.563	186 189
Philadelphia	4	4	0	.500	202 145
South					
	W	L	T	Pct	PF PA
Atlanta	6	3	0	.667	305 259
New Orleans	4	4	0	.500	242 238
Tampa Bay	3	5	0	.375	180 232
Carolina	3	5	0	.375	204 206
North					
	W	L	T	Pct	PF PA
Minnesota	5	3	0	.625	155 126
Detroit	5	4	0	.556	205 206
Green Bay	4	4	0	.500	198 187
Chicago	2	6	0	.250	131 179
West					
	W	L	T	Pct	PF PA
Seattle	5	2	1	.688	162 134
Arizona	3	4	1	.438	179 140
Los Angeles	3	5	0	.375	130 167
San Francisco	1	7	0	.125	167 260
Thursday's Games					
Cleveland at Baltimore, 8:25 p.m.					
Sunday's Games					
Atlanta at Philadelphia, 1 p.m.					
Denver at New Orleans, 1 p.m.					
Houston at Jacksonville, 1 p.m.					
Los Angeles at N.Y. Jets, 1 p.m.					
Kansas City at Carolina, 1 p.m.					
Chicago at Tampa Bay, 1 p.m.					
Minnesota at Washington, 1 p.m.					
Green Bay at Tennessee, 1 p.m.					
Miami at San Diego, 4:05 p.m.					

COLLEGE FOOTBALL

All Times EST Thursday	
No. 15 North Carolina at Duke, 7:30 p.m.	
No. 13 Utah at Arizona State, 9:30 p.m.	
Friday	
No. 20 Florida State vs. Boston College, 7:30 p.m.	
Saturday	
No. 1 Alabama vs. Mississippi State, Noon	
No. 2 Michigan at Iowa, 8 p.m.	
No. 3 Clemson vs. Pittsburgh, 3:30 p.m.	
No. 4 Washington vs. Southern Cal, 7:30 p.m.	
No. 5 Louisville vs. Wake Forest, 7 p.m.	
No. 8 Ohio State at Maryland, 3:30 p.m.	
No. 7 Wisconsin vs. Illinois, 3:30 p.m.	
No. 8 Auburn at Georgia, 3:30 p.m.	
No. 9 Oklahoma vs. No. 25 Baylor, Noon	
No. 10 Texas A&M vs. Mississippi, 7:30 p.m.	
No. 11 West Virginia at Texas, Noon	
No. 12 Penn State at Indiana, Noon	
No. 16 Colorado at Arizona, 10 p.m.	
No. 17 Oklahoma State vs. Texas Tech, 3:30 p.m.	
No. 18 Virginia Tech vs. Georgia Tech, 3:30 p.m.	
No. 19 LSU at Arkansas, 7 p.m.	
No. 21 Nebraska vs. Minnesota, 7:30 p.m.	
No. 22 Florida vs. South Carolina, Noon	
No. 23 Washington State vs. California, 10:30 p.m.	
No. 24 Boise State at Hawaii, 7 p.m.	

TRANSACTIONS

BASEBALL
American League
DETROIT TIGERS — Assigned RHP Dustin Moleken outright to Toledo (IL).
MINNESOTA TWINS — Assigned RHP Alex Wimmers outright to Rochester (IL).
TAMPA BAY RAYS — Reinstated OF Steven Souza Jr. and SS Matt Duffy from the 60-day DL.
TORONTO BLUE JAYS — Selected the contract of C.A.J. Jimenez from Buffalo (IL).
National League
COLORADO ROCKIES — Reinstated RHPs Scott Oberg and Jairo Diaz from the 60-day DL.
LOS ANGELES DODGERS — Reinstated OFs Scott Van Slyke and Trayce Thompson, LHP Hyun-Jin Ryu and RHPs Chin-hui Tsao, Chris Hatcher, Yimi Garcia and Carlos Frias from the 60-day DL.
MILWAUKEE BREWERS — Assigned C Josmil Pinto and RHPs Yonathan Barrios and Ben Rowen outright to Colorado Springs (PCL).
ST. LOUIS CARDINALS — Selected the contract of 2B Brevy Valera from Memphis (PCL).
SAN DIEGO PADRES — Reinstated 2B Cory Spangenberg, LHP Robbie Erlin and RHPs Cesar Vargas, Tyson Ross, Erik Johnson, Jon Edwards and Carter Capps from the 60-day DL.
SAN FRANCISCO GIANTS — Reinstated OF Mac Williamson and RHPs Chris Heston and Ray Black from the 60-day DL.

Spartans trying to salvage lost season

By NOAH TRISTER
AP Sports Writer

EAST LANSING — After this season is over, Mark Dantonio will have plenty of time to take stock of everything that went wrong for his Michigan State team in 2016.

At this point, the Spartans are still trying to salvage something from these last few games.

“It’s sort of like a broken record up here. You keep talking about what we continue to talk about every single week. My main focus this week with our football team is: Everybody has a future,” Dantonio said Tuesday. “You have a future and you can go in either direction. It’s your choice as a football player and as a person which direction you go in.”

The Spartans have lost seven games in a row, an unthinkable stretch for a team that won the Big Ten and reached the national semifinals a season ago. Its bowl hopes all but

gone, Michigan State must try to make the most of its final three games of the regular season before beginning an offseason that is sure to include plenty of soul searching.

This weekend, the Spartans (2-7, 0-6) host Rutgers (2-7, 0-6) in a match-up of the last two winless teams in Big Ten play.

“It’s amazing when you really take it into context where we’re at right now compared to where we were at last year,” said Dantonio, who is in his 10th season as Michigan State’s coach. “But that’s reality and reality sets in on you.”

Last weekend’s loss to Illinois closed the door almost completely on a postseason berth. The Spartans have no chance to play in a bowl unless sub-.500 teams are needed to fill open spots. Dantonio said he had “a town hall meeting” with each position group to help foster communication and identify problems.

“It went pretty good.

Had a chance to open up with the coaches, which we don’t really do much, just because we’re always strict on game plan and getting ready for an opponent,” running back Gerald Holmes said. “Whatever we had left on our chest or coaches had left on their chest, it was probably the right time to do it.”

Sometimes, when a team is in the middle of a losing season, it can take some solace in the performance of younger players and build for the future. The Spartans would certainly welcome any encouraging signs right now, but redshirt freshman Brian Lewerke — the youngest of the three quarterbacks who have played significant snaps this season — is out for the season with a broken leg.

Missing a bowl would mean less practice time for Michigan State’s younger players, because there would be no postseason to prepare for. That means there’s a bit of urgency for the Spartans to take ad-

vantage of the games and practices they have left.

But even if Michigan State plays better down the stretch, the disappointment from this season is likely to linger. A small decline would have been reasonable after last year’s accomplishments, but the Spartans are in danger of finishing in last place.

“These things are growing pains that we go through sometimes,” Dantonio said. “I wish these growing pains maybe would have occurred earlier. What’s troubling is that these occur in your 10th year.”

After two Big Ten titles in the past three seasons, this has been a startling year for Dantonio and his players.

“It definitely is just a different feeling just because we’ve been so successful in the past,” said offensive lineman Benny McGowan, a senior. “I’ve been a part of some great teams here, and I just think this year that we just fell short.”

BRONCOS

From page B1

Nick, Kent State’s quarterback, rushed for 141 yards.

The Broncos were the last team in the country to commit a turnover, and that didn’t come until their seventh game. But Franklin’s fumble on their first offensive play put them in a hole.

Franklin had the ball jarred loose and it was picked up by Kent State defensive back Najee Murray, who returned it 47 yards to make it 7-0 just 2:07 into the game.

The Golden Flashes went up 14-0 on Holley’s 3-yard TD run later in the quarter.

Western Michigan had not trailed by more than seven all season, and showing the kind of poise Fleck preaches daily, the Broncos scored the next 13, pulling within one on Butch Hampton’s 23-yard field goal on the final play of the first half.

THE TAKEAWAY
Western Michigan: A national title may be out of the question, but the Broncos are in a class with Ala-

BASEBALL

From page B1

four seasons and \$32 million annually in 2022 and ‘23.

Detroit’s payroll was about \$199 million this year, trailing only the Los Angeles Dodgers, New York Yankees and Boston, and the Tigers likely will pay a luxury tax of just under \$4 million. An 86-75 record, eight games behind AL Central champion Cleveland, prompted Detroit to reconsider its methods.

“If anybody thinks that you just can continue to add and add, where does the payroll get to?” Avila said.

On the South Side of Chicago, the White Sox sprinted to a 23-10 start, creating visions of a Windy City World Series against the Cubs, then sank to a 78-84 record. After winning the 2005 title, the White Sox have not even reached the playoffs since



David Dermer / AP

Western Michigan quarterback Zach Terrell (11) avoids a sack from Kent State defensive lineman Jon Cunningham (90) during the first quarter of Tuesday's game.

Eastern Michigan 48, Ball State 41

MUNCIE, Ind. — Brogan Roback completed 37 of 71 passes for a career-high 468 yards and three touchdowns and Eastern Michigan overcame a 21-point first-quarter deficit to beat Ball State 48-41 on

Tuesday night.

Ball State took a 41-40 lead with 1:35 remaining on Riley Neal’s quarterback sneak. Eastern Michigan answered with an eight-play, 86-yard drive in just over a minute. Roback escaped pressure to find John Niupalau for a 35-yard gain and Ian Eriksen punched it in from the 1 with 32 seconds left.

be, that’s hard messaging.”

Going young, building a core group and then adding veterans in order to peak with a title is the goal. But making the right decisions on draft picks and swaps is the hard part.

“The idea that you rip the Band-Aid off, be bad for a couple of years, make some trades and always end up on the positive side, I don’t think that’s realistic,” Hoyer said.

Avila, who took over as Detroit’s GM when Dave Dombrowski was fired in August 2015, remembered when he was the Marlins’ director of Latin American operations under Dombrowski. After winning the 1997 World Series, Florida jettisoned veterans such as Kevin Brown, Al Leiter and Moises Alou under the orders of owner H. Wayne Huizenga, who was in the process of selling the franchise.

“That was a fire sale,” Avila said. “This is not a fire sale. This is a change of philosophy.”

cago hired Theo Epstein as president of baseball operations and Jed Hoyer as GM after the team went 71-91 in 2011.

As they overhauled the roster, the Cubs lost 101 games the following year, 96 in 2013 and 89 in 2014. As top draft picks reached the major league team, the Cubs added free agents during the past two off-seasons and won 97 games in 2015 and a big league-high 103 this year, when they beat Cleveland in a seven-game World Series.

“Any time you’re trading away really good veterans like that, you’re setting yourself up for some really long summers,” Hoyer cautioned. “The messaging in your clubhouse is really difficult. The messaging to your fan base is really difficult. Fans grow to like players on their team, and when you trade away the guy whose jersey they just got for Christmas or you trade away a guy’s friend and mentor in the clubhouse, whoever that might

Given the tendency of baseball executives to follow the leader, they seek to mimic the Cubs. Seeking its first title since 1908, Chi-

hp

FOOD

A Joyous coconut cookie

My friend, Lynn Buchkowski, told me I had to try the almond coconut cookies Betsy Jacobs had made.

“I don’t even like coconut,” Lynn said, “but these are great.”

I’m not a big fan of coconut either, but am always willing to try a cookie or two.

Unfortunately, they were all gone, but Betsy said she’d make some more and give me the recipe.

Lynn was right. These are great, and with only four ingredients, easy to make. Maybe too easy.

Almond Joy Cookies
Makes three dozen.

- 1 (14-ounce) bag sweetened coconut flakes
- 2 cups semi-sweet chocolate chips
- 2/3 cup almonds, lightly salted
- 1 (14-ounce) can sweetened condensed milk (regular or fat-free works)

Preheat the oven to 325 degrees.

Line a large baking sheet with parchment paper and set aside.

In a large bowl, combine ingredients, and stir until combined.

Scoop out the dough with a cookie scoop onto the prepared baking sheet. Moisten the tips of your fingers with water and shape into discs. Pat the tops flat.

Bake cookies for 12 to 14 minutes, or until tips of coconut are just starting to turn golden brown.

Let cool on baking sheet.

Store cookies in an airtight container.

As she does every year, Betty Timmreck enjoyed going to Frankenmuth, Mich., with her husband, Dave, to participate in Zehnder’s Squashtoberfest last month.

Though she didn’t win this year – as she has so many times in the past – her Strawberry Jam with Hawaiian Touch was accepted into the competition.

Strawberry Jam with Hawaiian Touch

- 4 cups strawberries, crushed
- 2 cups pineapple, crushed and drained
- 4 cups sugar
- 2 teaspoons coconut flavoring
- 1 packet fruit pectin

Pour crushed strawberries and pineapple into a large kettle on stovetop.

Put sugar into a large bowl, and set aside.

Combine 1/4 cup of the sugar and the pectin packet, and add to the fruit mixture. Bring to a boil on high heat, stirring constantly.

Add coconut flavoring. Stir in remaining sugar. Return to a full boil and boil exactly 1 minute, stirring constantly. Remove from heat.

Ladle into three 8-ounce canning jars, leaving 1/4 inch at top of the jar. Wipe jar rims and threads. Cover with two-piece lids. Screw bands tightly.

Place jars on elevated rack in canner.

Lower rack into canner with water covering jars by 2 inches. Bring water to a gentle boil and process for 10 minutes.

Remove jars from water, placing them on a towel to cool.

Jane Ammeson can be contacted via email at janeammeson@gmail.com or by writing to Focus Department, The Herald-Palladium, P.O. Box 128, St. Joseph, MI 49085.



Jane Ammeson



Dana Cizmas / Pittsburgh Post-Gazette

Herb-crusted pork loin is a juicy alternative for Thanksgiving.

Goodbye, roasted turkey

Say hello to crusted pork!

By **DANA CIZMAS**
Pittsburgh Post-Gazette

If you want to tweak your predictable Thanksgiving dinner and turn it into something memorable that your guests will talk about until next year, substitute the typical turkey centerpiece with an elegant pork alternative.

Take for instance herb-crusted pork loin – it’s no muss, no fuss and simply mouthwatering. I got the inspiration for the pork loin dish from Ina Garten’s Herb-Roasted Turkey Breast recipe in “Barefoot Contessa, How Easy Is That,” where she rubs a rosemary-sage-thyme-dry mustard mixture over and under the skin of a turkey breast and roasts the meat for about two hours in the oven.

The herb mixture sounded so inviting that I thought I could use it as a crust on a pork loin before roasting it.

I also found that the pork takes only an hour and 15 minutes to cook and would satisfy a small Thanksgiving crowd just as nicely.

In case you have any doubts

If you decide to go with turkey and have questions ...

NEW YORK (AP) — “Forgot 2 defrost early. What 2 do now?”

Butterball, which has been fielding phone calls from Thanksgiving cooks for three decades, is letting people text their turkey-related questions this year for the first time.

The company’s regular phone help line began Tuesday.

Butterball will take text message questions from Nov. 17 through Thanksgiving Day.

Cooks can text questions to 844-877-3456 at any time of day, since experts – not bots – will be on call 24 hours.

People still can reach out to the company’s experts through email or social media.

While the way people ask questions has changed over the years, Butterball says the most-asked question has remained the same: How long does it take to thaw the turkey?

why you should replace the bird and make the other white meat the star, here are some pork pros to consider:

■ Pork doesn’t require endless hours to defrost if bought frozen.

■ Covered with a thin but consistent sheet of fat, pork loin turns out juicy and tender after roasting.

■ Pork gives you the opportunity to be bold, creative and bring something unique, elegant

and packed with flavor to your Thanksgiving feast.

■ It is a cinch to make and cooks in no time, giving you the opportunity to focus and put more effort into the side dishes and dessert.

■ It is easy to slice and doesn’t involve any messiness or complicated carving.

■ The delicious pan juices can easily be spooned over the meat and sides, so there is no need for extra work to make gravy.

■ Your guests will be impressed with seeing a different meat centerpiece than the regular bird.

■ It works for a small or large crowd.

■ Leftover slices are delicious cold or heated, nestled between crusty chunks of bread for lunch the following day.

■ No wine, no problem. This recipe will work just fine with water if you don’t like or have white wine on hand. If you do decide to roast the pork in a wine bath, opt for a wine that you like so you can enjoy the rest of the bottle.

But in the event you are a die-hard turkey fan, have one the Ina Garten way by rubbing a generous mixture of dry mustard and fresh rosemary, sage and thyme all over and under the skin of a turkey breast.

Then roast the meat in a shallow pool of white wine (or water) for about 2 hours until the skin is golden brown and an instant-read thermometer registers 165 degrees.

See **PORK**, page B5

Here’s why squash needs to be on your Thanksgiving table

By **THE CULINARY INSTITUTE OF AMERICA**

Squash is as American as apple pie, so why isn’t this delicious, healthy and versatile ingredient as prominent at our Thanksgiving tables?

There are so many varieties of winter squash that it’s hard to pick a favorite. And though the chefs at The Culinary Institute of America haven’t come to a consensus about which one is their favorite, this recipe for Acorn Squash with Cranberry-Orange Compote might just end up being yours.

Acorn squash is a cousin to a wide range of hard-skinned squashes like butternut, pumpkin, kabocha and hubbard. Each has its own unique qualities and uses, but the acorn stands out.

It is widely available, and you’re likely to see its familiar acorn shape and orange and green skin in most grocery stores and fall farmers’ markets. It’s easy to slice, and when cooked, its skin is tender, flavorful and colorful – so no need to peel.

Even better: acorn squash contains half the



Phil Mansfield / The Culinary Institute of America / AP

Baked Acorn Squash with Cranberry-Orange Compote is shown.

calories of sweet potatoes and is rich in fiber and vitamins.

The flesh is sweet and nutty, with a buttery flavor that perfectly complements the tartness of the cranberry-orange compote. It is

most commonly baked, or roasted, as in this recipe, and because of its small size and cup-like shape when halved, it can be filled with stuffings before being baked (a great Thanksgiving idea for the vegetarians

in your life).

In addition, its seeds are perfect for roasting plain or seasoned, and can be enjoyed on their own as a cocktail snack or for a crunchy addition to your Thanksgiving salad.

Baked Acorn Squash with Cranberry-Orange Compote

Makes 4 servings.

For the squash:

- 1 acorn squash (about 24 ounces), cut into quarters, seeds removed
- 1 tablespoon honey or maple syrup
- 1/4 cup butter
- 1/2 teaspoon salt, or as needed
- 1/4 teaspoon ground black pepper, or as needed
- 1 cup cranberry-orange compote (recipe below)

Place the squash, cut sides up, on a baking sheet. Sprinkle each piece with the honey or maple syrup.

Divide the butter into 4 pieces and place 1 piece onto each quarter.

Season with salt and pepper.

Cover the squash with foil and bake in a 400-degree oven for 30 minutes. Remove the foil and continue baking, basting periodically, until tender, about 15 minutes more.

Top each portion of squash with cranberry-

See **SQUASH**, page B5

BREAKFASTS
AND BANQUETS

Wings: American Legion Post 331, 4241 Legion St., Bridgman, will hold a wings night from 5-7:30 p.m. today. Wings are 75 cents each and include celery, and barbecue, ranch, blue cheese or hot sauce.

Burgers and brats: The D.A.N.K., 2651 Pipestone Road, Benton Harbor, will serve burgers, brats, hot dogs and sides from 6-8 p.m. today. Drink specials will be available.

Burgers: American Legion Post 518, 4789 Weechik Road, New Troy, will have a hamburger night from 5-8 p.m. today. Cost is \$5 for a burger, fries, salad and dessert. Cost is \$6 for a burger, onion rings, salad and dessert. Cost is \$3.50 for salad and dessert only.

Burgers and taco salad: The Van Buren Sportsmen's Club, 54630 County Road 687, Hartford, will hold a burger night from 5-8 p.m. today. Cost for burgers is \$3. Taco salads are \$5.75. For more information, call 621-3994 after 2 p.m.

Burgers: American Legion Post 105, 1645 Paw Paw Ave., Benton Harbor, will hold a burger night from 5-8 p.m. Thursday. A 1/3-pound burger and fries starts at \$4.25.

Fish fry: The Van Buren Sportsmen's Club, 54630 County Road 687, Hartford, will hold a fish fry from 5-8 p.m. Friday. The menu includes fish, chicken and shrimp. Prices begin at \$7. Salad bar is included. For more information, call 621-3994 after 2 p.m.

Fish fry: American Legion Post 331, 4241 Legion St., Bridgman, will serve a fish dinner from 5-7:30 p.m. Friday. Included with the meal are coleslaw, fries and bread. Diners include your choice of all-you-can-eat pollock at \$9, a chicken and shrimp dinner or a one filet walleye dinner for \$9, or a double shrimp or two filet walleye dinner for \$17.

Pancake breakfast and bake sale: The Covert Township Lions Club will host a pancake breakfast and bake sale from 7-10 a.m. Saturday, at the Jerry Sarno Community Center, 78085 County Road 378 West, Covert. Cost is \$7 for adults, \$4 for children 12 and younger, and free for preschoolers. A free vision screening will be offered to everyone. For more information, call 764-8989.

Turkey dinner: Keeler United Methodist Church, 84085 County Road 687, Hartford, will have a turkey dinner from 4:30-6:30 p.m. Saturday. The menu includes roast turkey, dressing, mashed potatoes, gravy, carrots, rolls, dessert and beverage. Donations will be accepted. Take out meals will be available.

Fish and chicken fry: American Legion Post 344, 402 N. Cleveland Ave., Galien, will hold an all-you-can-eat fish and chicken fry from 5-8 p.m. Saturday. The menu also includes fries, coleslaw, rolls and coffee. Cost is \$10 for adults, \$5 for children ages 5-10. Take-out meals will be available. There also will be a bake sale.

Breakfast and Banquets appears each Wednesday in the Food section. The deadline is the preceding Wednesday at noon. Civic groups sponsoring fundraising meals, classes or other food-related events should send information in writing to: Focus Department, The Herald-Palladium, P.O. Box 128, St. Joseph, MI 49085; fax to 429-4398; or email focus@TheHP.com.

SQUASH

From page B4

orange compote and serve on a heated plate.

For the cranberry-orange compote (makes 2 cups):
5 cups whole cranberries, fresh or frozen
3/4 cup orange juice
1/2 cup sugar, or as needed
2 ounces orange zest, blanched
Salt, as needed
Ground black pepper, as needed

Combine the cranberries, juice and enough water to barely cover the berries in a medium sauce pan. Add the sugar and bring to a simmer over medium heat. Simmer until the berries are softened and the liquid is thickened.

Stir in the orange zest. Season with salt and pepper. Serve hot.

How to make the world's best waffles

By BETHANY JEAN CLEMENT
The Seattle Times

We all know that superlatives have lost whatever meaning they ever had (thanks, internet!). But we can also all agree that waffles are one of the reasons it's good to be alive.

And I'm prepared to stand behind the assertion that the recipe here produces the world's best waffles.

The batter must be made 12 to 24 hours in advance, which requires thinking, "Do I want the world's best waffles tomorrow?" (Answer: Yes!)

If it seems a bit inconvenient at the time, wait until the next morning, when your genius forethought means all you have to do is plug in the wafflemaker, take the batter out of the fridge, stir and waffles.

The batter must be made ahead of time because it contains yeast. The yeast gives these waffles an almost ethereal lightness – their internal architecture is a honeycomb of air bubbles – and an extra-toasty, almost champagney taste.

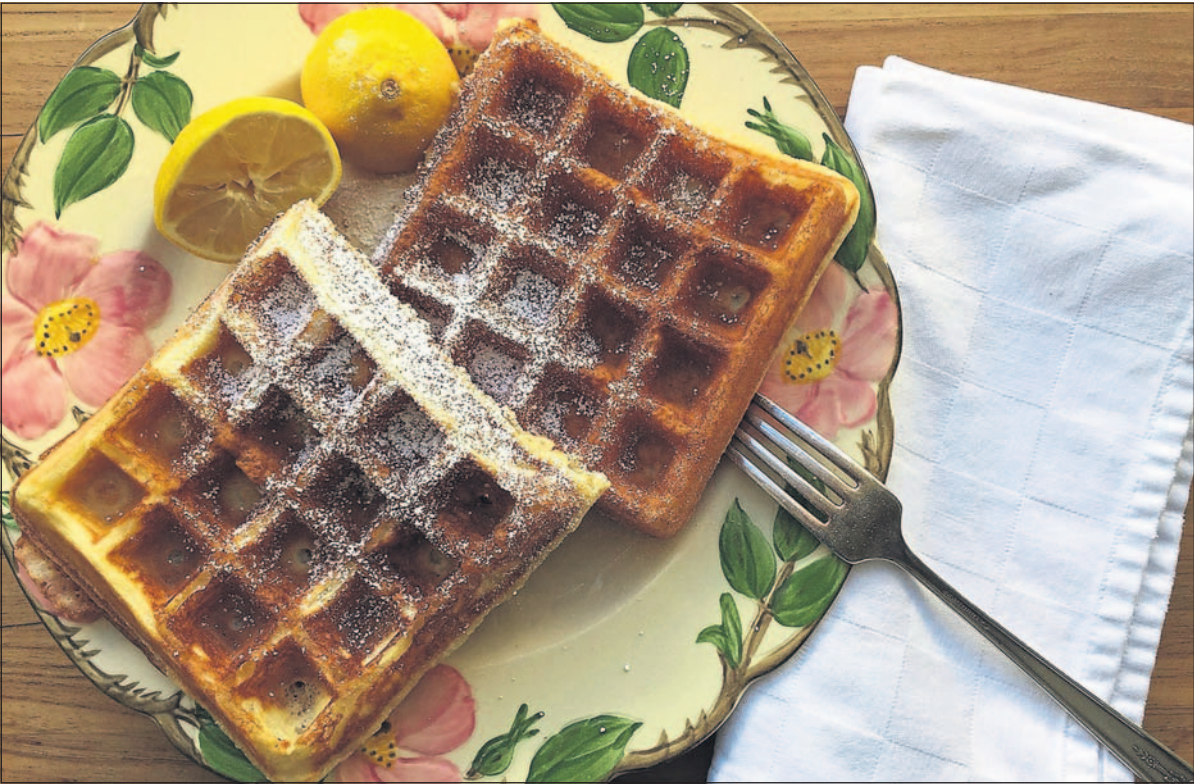
The batter also contains a full stick of butter, providing unparalleled richness and crispness. Yes, that's a lot of butter, but hey, you probably won't make them that often, considering you have to remember that you're going to want them. Probably.

I first got a version of this recipe from Seattle freelance food writer Jill Lightner. (Her smart tip: Make the batter in a pitcher, so it can be poured right onto the hot waffle iron, no ladle required.)

Plenty of variations can be found online, dating back to 1896, from "The Boston Cooking-School Cook Book" by Fannie Farmer. Hers, with puritanical restraint, calls for just one tablespoon of melted butter. Some people like it because it's less rich.

To each their own, I suppose. Some contemporary iterations of the recipe – including Melissa Clark's and Marion Cunningham's – advocate for a last-minute addition of a quarter-teaspoon of baking soda, purportedly to make them airier and crispier.

I've been so extremely happy with the non-baking-soda version's level of airy-crispness, I've never bothered with it, even though it'd be so easy to try. (Maybe those are the world's best? Sue me.)



Bethany Jean Clement / Seattle Times

The French crepe treatment of powdered sugar and lemon lets the lush-but-light nature of the World's Best Waffles shine through. Honey with squeezes of lime is another sweet-and-tart way to go.

My own innovations are, admittedly, not earth-shattering. Using salted instead of unsalted butter makes for a more complex, beautiful relationship with sweet toppings, to my mind. Reasoning that it might make the waffles even lighter, I started sifting the flour (I also just find using a sifter really satisfying).

The addition of bourbon may fall into the imperceptible/ritualistic category, but if you can add bourbon to something in life, why not?

A Belgian waffle maker, thicker than the old-school round ones, arguably allows these waffles to achieve their fullest, fluffiest beauty, though you really can't go wrong.

When it comes to toppings, the French crêpe treatment of powdered sugar and lemon makes a respectfully restrained match for the World's Best Waffles, letting their lush-but-light nature shine through.

Along those lines, honey with squeezes of lime (which you'll find pancakes topped with in Thailand) is another sweet-and-tart way to centerpiece the waffles' richness, with the stickiness of the honey contrasting their airy texture.

Your favorite fruit would be grand, or just jam. There's always Nutella.

And, of course, it's hard to beat the classic maple syrup (with a little more butter; again, why not?). If you want to get fancy, Lightner swears by Woodinville Whiskey Co.'s barrel-aged maple syrup. Bacon crumbled over the top is never a bad idea either.

Warning: If you make these waffles for houseguests, you may have a difficult time getting them to leave.

Give them the recipe and, in my experience, they'll thank you every time you see them, forever.

World's Best Waffles

Note: Batter must be made 12 to 24 hours in advance.

Makes about four 9-inch square waffles.

- 1 3/4 cups whole milk
- 8 tablespoons butter, cut into 8 pieces
- 2 cups all-purpose flour
- 1 tablespoon sugar
- 1 teaspoon salt
- 1 1/2 teaspoons instant yeast
- 2 large eggs
- 1 teaspoon vanilla extract
- Dash of bourbon (optional)

PORK

From page B4

Herb-Crusted Pork Loin

Makes 12 to 14 servings.

- 1 (3- to 3 1/2-pound) boneless pork loin
- 3 large garlic cloves, minced
- 2 teaspoons dry mustard
- 1 tablespoon fresh rosemary leaves, chopped
- 1 tablespoon fresh sage leaves, chopped
- 1 teaspoon fresh thyme leaves, chopped
- 2 teaspoons salt
- 1 teaspoon freshly ground black pepper
- 5 tablespoons olive oil, divided
- 2 tablespoons freshly squeezed lemon juice, from about 1 lemon
- 1 cup dry white wine

Preheat oven to 350 degrees.

Pat meat dry with paper towels if necessary.

In a small bowl, combine garlic, dry mustard, herbs, salt, pepper, 2 tablespoons olive oil and lemon juice to make a paste.

Smear paste evenly over the pork.

Allow the meat to sit for about 15 minutes at room temperature.

In a large skillet, heat 2 tablespoons of olive oil over medium heat. Add pork and sear until brown on all sides and a nice crust has formed, about 4 to 5 minutes per side.

Drizzle 1 tablespoon of olive oil on the bottom of a roasting pan. Transfer pork loin to the roasting pan and place it skin side

up. Pour juices and oil from the skillet over the meat. Pour wine into the bottom of the roasting pan. Cover pan with foil.

Roast pork for 1 hour. Remove foil and roast the meat for 15 minutes longer or until an instant-read thermometer registers 165 degrees when inserted into the thickest and meatiest areas of the pork, and juices are clear.

When pork is done, transfer meat to a carving board, cover loosely with foil and allow it to rest at room temperature for 15 minutes.

Slice and serve with pan juices spooned over the meat.

— Adapted from "Barefoot Contessa, How Easy Is That: Fabulous Recipes & Easy Tips"

NUBBY



Nubby is a 1 year old female Hound/ Boxer mix. She has a beautiful deep red coat and a short little "nub" of a tail. Nubby came from a hoarding situation and is still very shy and confused. She will need lots of TLC and time to adjust! She is heartworm positive.

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of Southwestern Michigan

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PRIME TIME TV

WEDNESDAY EVENING NOV. 9							
	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30
ABC (7)(13)(41)(57)	Wheel of Fortune	The Gold-bergs (N)	Speech-less (N)	Modern Family (N)	:31 black-ish (N)	Designated Survivor "The Interrogation"	
CBS (2)(3)(22)	Ent. Tonight	Survivor (N)		Criminal Minds "Elliot's Pond" (N)		Code Black "Hero Complex" (N)	
NBC (5)(8)(16)	Nightly News	Blindspot (N)		Law & Order: Special Victims Unit (N)		Chicago P.D. "300,000 Likes" (N)	
FOX (17)(28)(32)	Modern Family	Lethal Weapon "Ties That Bind" (N)		Empire "One Before Another" (N)		Fox 17 News at 10:00PM (N)	
PBS (34)	Steves' Europe	Nature Cats in the Americas. (N)		NOVA The unique properties of metals.		Military Medicine: Beyond	
CW (25)	Big Bang Theory	Arrow "So It Begins" (N)		Frequency "Deviation" (N)		News	Ent. Tonight
MNT (50)	Big Bang Theory	Arrow "So It Begins" (N)		Frequency "Deviation" (N)		Harry Ricky Gervais; Barbara Corcoran.	
WCUI (26)	Mike & Molly	ABC7 Eyewitness News on WCUI		How I Met	How I Met	2 Broke Girls	2 Broke Girls
WHME (46)	M*A*S*H (46)	Heartland "Dark Horse"		Harvest	Sumrall Teach	Paid Program	Joyce Meyer
WSBT (22)	2 Broke Girls	Lethal Weapon "Ties That Bind" (N)		Empire "One Before Another" (N)		WSBT 22 News on Fox (N)	
A&E	Duck Dynasty	Duck Dynasty "RV There Yet?"		Duck Dynasty	:33 Duck Dynasty	:06 Duck Dynasty	:39 Duck Dynasty
AMC	5:30 Yes Man	*** The Italian Job crew plan to steal back their gold.			(03) Mark Wahlberg. A thief and his	GoodFellas (90)	
Animal	Tree	Treehouse Masters		Treehouse Masters		Treehouse Masters	
BET	Browns	Tyler Perry's Temptation: Confessions of a Marriage Counselor					
Big Ten	Women's College Volleyball			BTN Live		B1G Football	
Bravo	:00 Below Deck	Below Deck "The Sea Was Angry"		Below Deck (N)		Don't Be Tardy... Don't Be Tardy...	
Cartoon	Gumball	King/Hill	Burgers	King/Hill	Cleveland	American Burgers	
Cinemax	:45 *** Legend (15) Tom Hardy. Twin gangsters Reggie and Ronnie Kray rule 1960s London.			*** Mad Max: Fury Road (15)			
CMT	Last Man	*** Speed (94, Action) Keanu Reeves.					S. Austin
CNBC	Secret	Jay Leno's Garage		Jay Leno's Garage		Jay Leno's Garage	
CNN	OutFront	CNN Special		CNN Special		CNN Special	
Comedy	South Pk	South Pk	South Pk	South Pk	South Pk	Legends	
CSNC	NBA Basketball Chicago Bulls at Atlanta Hawks. (N)			Chicago		Bears	
Discovery	Alaskan Bush	Alaskan Bush People		Alaskan Bush People: Bushcraft		:01 Treasure Quest: Snake Island	
Disney	Diary	Walk the	K.C.	Girl	Bunk'd	The	Bunk'd
DIY	Charles	Charles	Charles	Charles	Charles	Charles	Charles
E!	E! News	Total Bellas (N)		Catching Kelce (N)		Total Bellas	
ESPN	NBA Basketball: Nets at Knicks			NBA Basketball			
ESPN2	SportCtr	College Football Teams TBA. (N) (L)					
ESPNc	Whos 1	College Basketball From Jan. 9, 2013.				College Basketball	
Food	Baking	Kids Greatest		Worst Cooks		To Be Announced	
Fox News	On the	The O'Reilly Factor		The Kelly File (N)		Hannity (N)	
Fox Sports	School	Inside	Pistons	NBA Basketball: Pistons at Suns			
Freefrm	:00 *** Good Burger (97, Comedy) Kel Mitchell, Sinbad.	*** Freaky Friday (03, Comedy) Jamie Lee Curtis, Lindsay Lohan.					
FX	:00 *** Dawn of the Planet of the Apes (14) Andy Serkis, Jason Clarke. (P).					American Horror Story: 6 "Chapter 9"	
Golf	Golf	PGA Tour Highlights		Driver vs. Driver		Road to Schwab Cup	
Hallmark	9 Lives-C'mas	A Christmas Detour (15, Romance) Candace Cameron Bure, Paul Greene.			Matchmaker Santa (12)		
HBO	VICE News	*** The Bourne Ultimatum (07, Action) Matt Damon, Julia Stiles.			Any Given REAL Sports		
History	Pickers	American Pickers		American Pick.		American Pickers	
HGTV	Buying	Property Brothers		Property Brothers (N)		Hunters Hunt Intl	
Learning	Toddler	Toddlers & Tiaras		Toddlers & Tiaras		:01 Twirl Life	
Lifetime	Little Women	Little Women: LA (N)		Little Women: LA (N) (Part 1 of 2)		:02 Little Women: Dallas (N)	
MSNBC	Hardball	All In With Chris		Rachel Maddow		The Last Word	
MTV	:45 Teen Mom OG			8:55 Teen Mom OG		Real World: Blood	
NFL	NFL Total A	Football Life		A Football Life		A Football Life	
Nick	Henry	Thunder	All In	Friends	Friends	Friends	Friends
NGEO	Life	Life and Death Row		Border Wars (N)		Years of Living	
Oxygen	Pride & Prejudice	:10 *** Pride & Prejudice (05, Drama) Keira Knightley. A man begins a convoluted courtship with a young woman.					
Showtime	6:15 45 Years	*** Fast Times at Ridgemont High (82) (P).			*** American Wedding (03) Jason Biggs. (P).		
Spike	6:00	*** Fast Five (11)		Lip Sync	Lip Sync	That Awkward	
Starz	:00 (15) Russell Crowe.	*** Fathers and Daughters		Blunt Talk Hank Azaria.		*** Mystery Men (99, Fantasy)	
STZENC	6:55 (95) Whitney Houston.	*** Waiting to Exhale		*** Sorority Boys (02, Comedy) Barry Watson.		* Grandma's Boy	
SyFy	6:30	*** Blade (98) Wesley Snipes, Stephen Dorff.		*** Quantum of Solace (08, Action) Daniel Craig, Olga Kurylenko.			
TBS	People of Earth	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	Full Frontal
TCM	Somebody Up	To Tell The Truth: Strategy Of Truth		:15 *** Prelude to War (42)		Autobiography Negro Sldr.	
TMC	Life Aquatic	*** Alpha Dog (06, Crime Drama) Bruce Willis, Emile Hirsch.			*** The Honey-mooners (05)		
TNT	:00 Bones	*** The Da Vinci Code (06) Tom Hanks.			(DVS)		
Travel	Expedi	Expedition Unknown		Expedition Unknown		Everest Air (N)	
TV Land	Griffith	Griffith	Raymond	Raymond	Raymond	Younger	Impastor
USA	:00 NCIS	NCIS An officer is killed in a hit and run.		NCIS A Navy public affairs officer is killed.		NCIS Agent DiNozzo's identity is stolen.	
VH1	Hip Hop	Love & Hip Hop		Martha & Snoop's		What's Love	
WGN-A	6:00 Denzel Washington.	*** Inside Man (06)			Salem Mary is determined to thwart evil.		

Single-payer health care has supporters and detractors

DEAR DOCTOR K: I've heard the term "single-payer health care" a lot in recent years. What does it mean?

DEAR READER: Single-payer health care is a term used to describe a single, unified health care insurance system. It means that all of your medical and health care expenses are covered by one organization – the government.

But a single-payer system does not mean that the health care professionals (like doctors) and institutions (like hospitals) are owned and run by the organization that pays for care. Most single-payer systems proposed for the U.S. anticipate that the health care professionals and institutions would remain in the private sector. It's like Medicare for seniors: Seniors get their care from private doctors and hospitals, but the single payer (the federal government) pays most of the bills, with patients paying a fraction.

In contrast, the existing health care system in the United States is a multi-payer system. There are several insurance programs funded by the government, such as Medicare and Medicaid. There are many private health insurance companies. Many people have their health expenses covered by more than one insurance company, often a combination of a government program

supplemented by a private insurance program.

And, of course, 30 million people have absolutely no health insurance, government or private. That's true even though the Affordable Care Act (ACA) – informally called Obamacare – has provided insurance to more than 20 million previously uninsured people. But it was never designed to cover everyone, and it hasn't.

In a single-payer health care system, a single public or semi-public agency finances health care. In most models of a single-payer system, everyone is covered.

This generally includes expenses for doctors, hospitals, long-term care, prescription drugs, dentists and vision care.

Some people think the U.S. would be better off under a single-payer system. Why? For one thing, we spend a lot of money administering our complex health care system. Between 20 to 30 percent of every health care dollar goes toward administration. So that money is not available to pay the doctors and hospitals, or to pay for diagnostic tests or medicines.



Dr. Anthony Komaroff

In countries with single-payer systems, the administrative expenses are much lower. In other words, more of their health care dollar actually pays for what it's supposed to: health care.

Opponents of a single-payer system are concerned about two things. First, they are worried that the total costs of health care might rise. That's because, they argue, the current multi-payer system encourages competition, and competition drives down costs.

Second, they worry that the quality of health care might suffer, because competition also drives improved quality of care. Whether these concerns are valid is the subject of heated debate among health experts.

For us as individuals, would a single-payer system cost us more or less? It surely would require higher taxes, since the government needs the revenue to pay our health expenses. But today most of us get health insurance through our employers, and those expenses would be reduced. Several single-payer proposals calculate that taxpayers would actually save money. That could be true, but the devil is in the details.

Dr. Komaroff is a physician and professor at Harvard Medical School.

How do I ask for help when I'm down for the count?

Carolyn Hax is on leave. This column originally ran on March 16, 2016.

DEAR CAROLYN: I'm a middle aged woman who has never married. The only family I'm in contact with is my 91-year-old mother who lives an hour away. But I believe I am blessed with many friends.

Recently I was knocked down by a terrible respiratory infection that kept me in bed for more than a week. I'm just now able to be up and around a bit. I know that an upper-respiratory infection does not sound so threatening, but I was really ill.

Several of my friends knew I was under the weather and I'm very sad to say not one called to ask if I was feeling better or if they could do anything. I really could have used some food and, yes, a bit of friendship.

I have lived very independently for a long time and admit that I'm not comfortable asking for help. My friends have very full lives with family so am I selfish to hope they would notice a friend without family could be in need?

Is the onus on me to reach out? If so, what are the words ... help, I'm sick, I'm vulnerable, I'm alone? – P.

DEAR P: Tough words to choke out for anybody.

They're also the words we all reckon with when circumstances expose a hole in the net we always

trusted to catch us.

Certainly people with spouses and involved families – or just roommates – are more insulated from them than others; just having someone in the home, even a tenant who doesn't like you much but has a fundamental sense of decency, can spare you the distress of having no one to warm up a can of soup for you.

But even those who live with someone and/or feel blessed as you do are subject to the discovery of a gap in their sense of security.

Maybe a spouse is a lousy caregiver, or just as sick, if not sicker; maybe you never noticed till now that certain local family members are better at receiving than giving. Maybe they'd be the first to come over for a sprained ankle but recoil at the thought of a germ. And so on.

Or maybe they care every bit as much as you expected they would, but need a thok to the forehead before they're able to recognize the difference between a head cold and a viral knockout punch with a side of existential crisis.

I spell all this out for a couple of reasons: The first is to assure you that your concern is real and

valid but you don't stick out like a sore thumb for it. Those who live alone aren't alone in sometimes having to leave their comfort zone to get what they need.

The second is to sever the implied connection between "No-body came to my aid" and "I'm not as blessed as I thought." It's possible, certainly, that your friends are not as invested in you as you believed. But it's much more likely they were absent for no deeper reasons than busy lives and a lack of clear instructions.

As annoying as it is – especially mid-illness or -crisis – we all have to calculate on a fairly regular basis which discomfort we prefer: the discomfort of asking for help, or the discomfort of toughing out something alone.

I do think it gets easier, though, if you treat it as a choice, a common, conscious and renewable one, and prepare yourself for it in advance: "Hey, (person I find least awkward to approach), I had an epiphany last week that I'm terrible at asking for help. Next time I'm really sick, would you be my go-to person? And I'll be the same for you?"

For what it's worth, anecdotally, far more people write in to ask how to be more helpful to friends than how to take on less.

Email Carolyn Hax at tellme@washpost.com, follow her on Facebook at www.facebook.com/carolyn.hax or chat with her online at noon each Friday at www.washingtonpost.com.



Carolyn Hax

CROSSWORD

ACROSS

1 Take the wheel

6 Smart guy

11 Rock concert venues

12 Two-speaker system

13 Wakens rudely

14 Got stuck

15 Misplaces

16 Bean for sprouting

17 Sheikh's cartel

18 Cash ender

19 Pitcher

23 Care for

25 Photo holder

26 Alley from Moo

29 Go roo-blading

31 Nieces and cousins

32 Routing word

33 Traffic cone

34 Prior to

35 Oscar-winner

Burstyn

37 A famous 500

DOWN

1 Wilt

2 Employ again

3 Creepy-crawly

4 Large tubs

5 Winding curve

6 Egyptian sun god

7 Account book

8 Joule

9 So-so grade

10 Down for the count

11 A Guthrie

Answer to Previous Puzzle

B	M	W	S	E	A	C	P	A	S
R	O	I	C	L	I	O	L	L	A
U	P	S	T	A	I	R	S	G	E
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36 Date

38 Barked

40 Elapse

42 Cello

43 Vocal group

44 Into the sunset

46 Exclusively

47 Truck's rig

48 DJ's needs

49 Help-wanted abbr.

50 Famous Chairman

51 Monk's title

Want more puzzles?

Check out the "Just Right Crossword Puzzles" books at [QuillDriverBooks.com](#)

	1	2	3	4	5		6	7	8	9	10
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54							55				

JUMBLE

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

KAHYS

PUTRE

NITRGS

LOGONB

Check out the new, free JUMBLE app

Lads, I will not tolerate yelling and playing ball in the hallways.

THE YOUNG MEN RUNNING INDOORS WERE DISCIPLINED FOR BEING TOO —

Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

Ans: " — " (Answers tomorrow)

Yesterday's Jumbles: FLIRT FOCAL ODDEST WANTED

Answer: Voting allows you to make your voice heard, unless you — ELECT NOT TO

BRIDGE

Here is one of Jeff Foxworthy's redneck jokes: "If you think the last four words of the national anthem are 'Gentlemen, start your engines,' you might be a redneck."

When you are a bridge declarer, you try to play smoothly and make your contract. Like a race car driver, you try to steer around bumps in the road.

In today's deal, which bump should South avoid in three no-trump after winning the first trick with dummy's heart 10?

In the auction, after North opened with a weak two-bid, South sensibly used the artificial two-no-trump inquiry. He planned to pass if partner rebid three spades to show a minimum. Here, though, North replied

with three no-trump. In the old days, this guaranteed a suit headed by the ace-king-queen. However, as that happened so rarely, nowadays this rebid indicates a maximum with a suit headed by at least the ace-queen-jack. (Note that four spades fails if East leads a club, West shifts to a diamond and West gets a club ruff.)

South understandably wanted to score four club tricks, but just in case the break was bad, he carefully covered dummy's six with his jack. West now made a very sneaky play – she shifted to the spade 10!

South never believed West could be underleading the king, so he won with dummy's ace and successfully ran the club

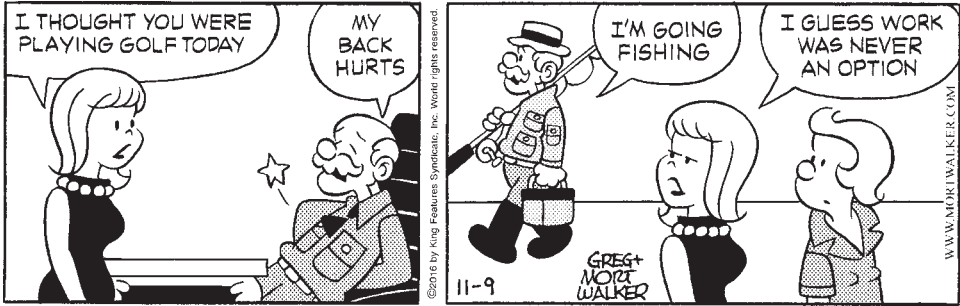
KAKURO

Difficulty Level ★★ ★

11/09

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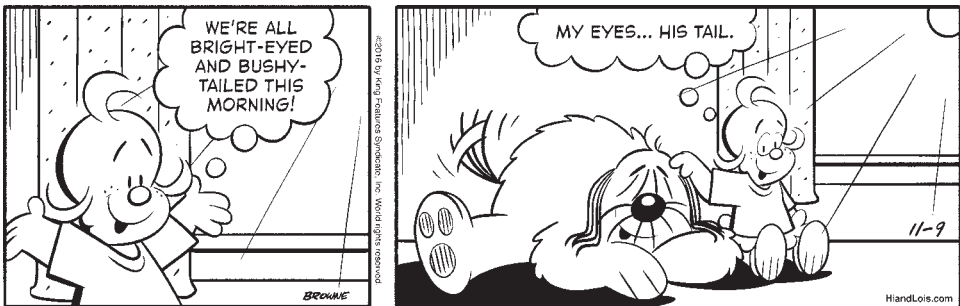
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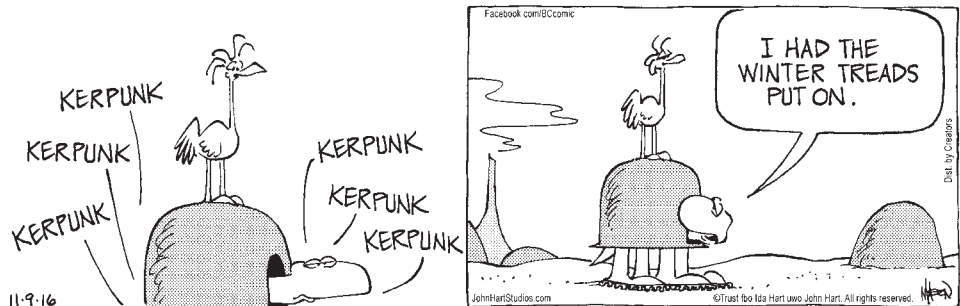
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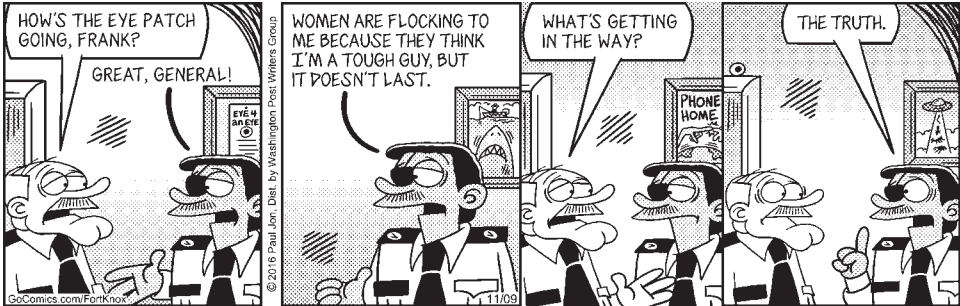
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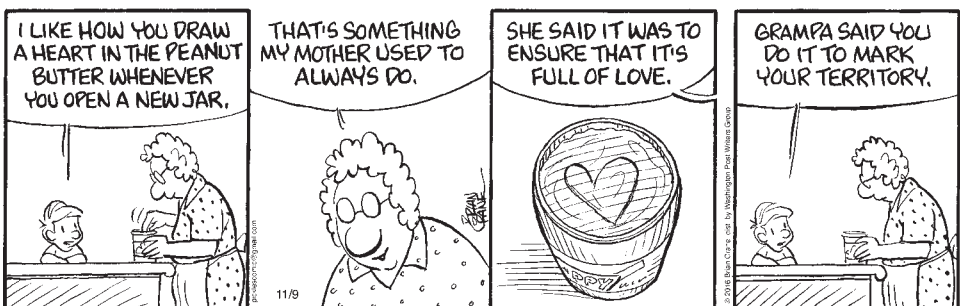
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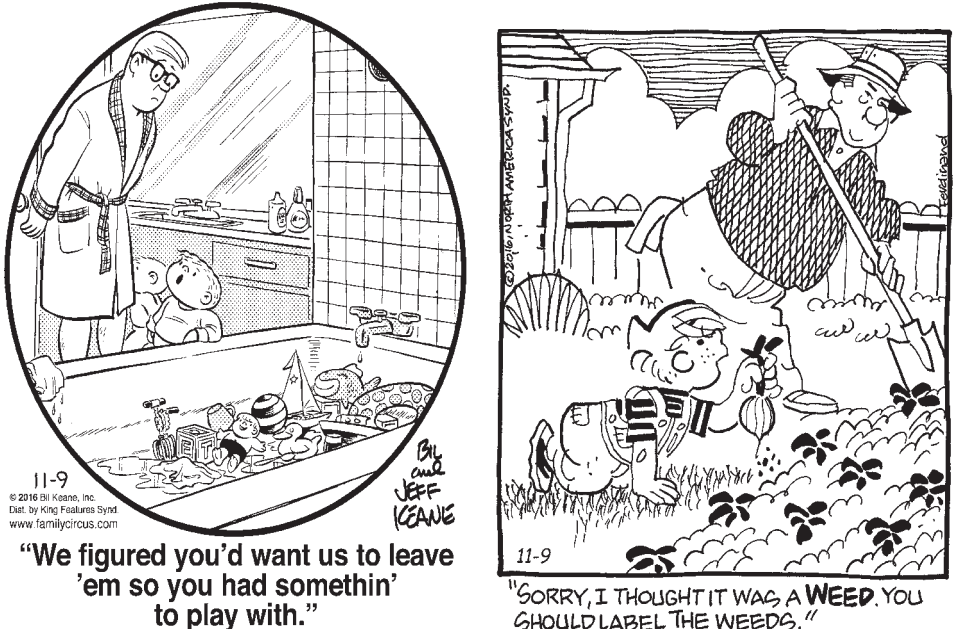
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THE FAMILY CIRCUS

By Bil Keane

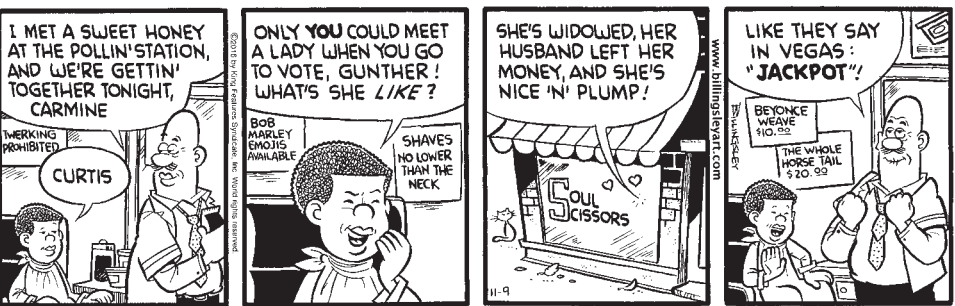
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BABY BLUES



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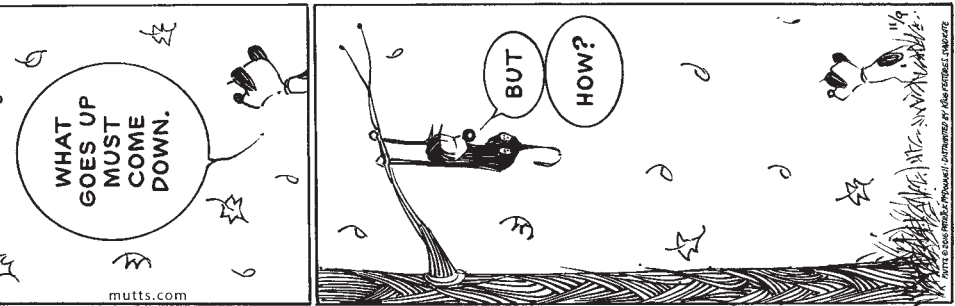
HAGAR THE HORRIBLE



MOTHER GOOSE & GRIMM



MUTTS



SALLY FORTH



SIGHT & SOUND

THE GUIDE

to Southwest Michigan entertainment

Find your idea of a good time. Included every Thursday in

The Herald-Palladium

Thanksgiving Day shopping is here to stay – with tweaks

By ANNE D'INNOCENZIO
AP Retail Writer

NEW YORK — Thanksgiving Day shopping – a delight to some, an anathema to others – isn't going away, but some stores are rethinking their strategies on whether it makes sense to be open on the holiday itself.

Many of the nation's major mall operators and the big retailers that anchor them, such as Toys R Us, J.C. Penney, and Macy's, are sticking with what they want to be a new tradition, kicking off the holiday shopping season on Thanksgiving Day.

Others, including the Mall of America, the nation's largest shopping mall, are closing for Thanksgiving this year after being open for the past several years. Some retailers that are closing cite respect for the holiday, but in truth the cost of being open may be more than the return.

"Once you let the genie out of the bottle, it's hard," said Stephen D. Lebovitz, president and CEO of CBL & Associates Properties, a mall operator that is closing 72 of its malls for the day. "More retailers are coming to their senses and realizing it is a family holiday and from a business point of view, it's not making much business sense."

Stores being open on



Bebeto Matthews / AP

Shoppers carry bags near Macy's in Herald Square in New York on Nov. 27, 2015.

Thanksgiving started in earnest in 2011 and took a punch out of sales on Black Friday, which had usually launched the shopping season. Many places like Macy's, Target and J.C. Penney have been opening earlier and earlier on Thanksgiving as they try to outdo others to get first dibs on customers who could easily buy online. But the move has been controversial, as many workers have voiced complaints that stores are putting profits over workers' time to be with their families.

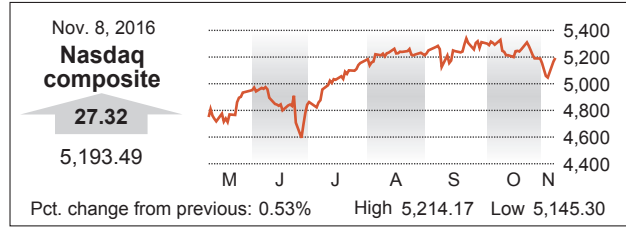
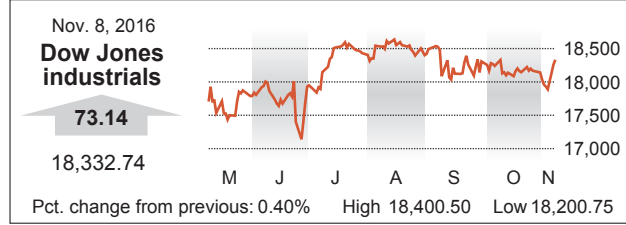
Analysts say it's all about stealing share in a market that isn't growing that much.

For department stores, the competition is fierce. Last year, J.C. Penney opened at 3 p.m. for the

first time, three hours earlier than its rivals Kohl's and Macy's. That may have hurt Macy's, which had a weak holiday season and aims to reverse a sales slump. This year, Macy's decided to open an hour earlier at 5 p.m. on Thanksgiving. Penney is sticking to 3 p.m., while Kohl's will be opening again at 6 p.m.

Best Buy, the nation's largest consumer electronics chain, suffered over Thanksgiving weekend in 2012 because it didn't open until midnight, while stores like Wal-Mart and Target began their sales earlier in the evening. Wal-Mart, Target and Best Buy have not announced their plans for this Thanksgiving weekend. But all indications are they'll start the doorbuster sales on the holiday.

MARKETS



Amer Elec Power AEP \$63.23 +1.42 +2.3% ▲ 4-wk. +3.1% ▲ YTD +8.5%	Whirlpool WHR \$157.93 +5.14 +3.4% ▲ 4-wk. -1.9% ▲ YTD +7.5%
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Local Stocks											
52-WK RANGE ♦ CLOSE											
NAME	TICKER	LO	HI	CLOSE	CHG	%CHG	WK	MO	QTR		
AT&T Inc	T	32.22	32.89	36.99	+18	+0.5	▲	▲	▼		
AEP	AEP	54.08	71.32	63.23	+58	+0.9	▲	▲	▼		
Apple Inc	AAPL	89.47	121.81	111.06	+65	+0.6	▲	▼	▼		
AutoZone	AZO	681.01	819.54	731.88	-99	-0.1	—	▼	▼		
BP PLC	BP	27.01	37.28	33.48	+06	+0.2	▲	▲	▼		
BonTon	BONT	1.10	4.20	1.50	+02	+1.4	▲	▲	▼		
CMS Eng	CMS	34.18	46.25	41.98	+27	+0.6	▲	▲	▼		
ChemFini	CHFC	29.40	47.62	42.84	+09	+0.2	▲	▼	▼		
CocaCola	KO	40.75	47.13	42.88	+42	+1.0	▲	▲	▲		
Comcast	CMCSA	52.34	68.36	62.52	+101	+1.6	▲	▲	▼		
Deere	DE	70.16	89.78	88.99	-01	...	▲	▲	▲		
Disney	DIS	86.25	120.65	94.38	-05	-0.1	▲	▲	▲		
DollarTree	DLTR	61.33	99.93	75.81	+27	+0.4	▲	▼	▼		
ExxonMbl	XOM	71.55	95.55	85.31	+61	+0.7	▲	▼	▼		
FifthThird	FITB	13.84	22.08	21.65	-25	-1.1	▲	▲	▲		
1stSource	SRCE	27.01	35.99	34.54	-08	-0.2	▲	▲	▼		
FordM	F	11.02	14.76	11.48	-10	-0.9	▲	▼	▼		
GenElec	GE	27.10	33.00	29.42	+11	+0.4	▲	▲	▼		
HomeDp	HD	109.62	139.00	124.25	+50	+0.4	▲	▼	▼		
HorizBcp	HBNC	21.92	30.97	28.73	+16	+0.6	▲	▲	▼		
HuntBnsh	HBAN	7.83	11.87	10.25	-20	-1.9	▲	▲	▲		
IDEX	IEX	67.20	95.33	87.92	+37	+0.4	▲	▲	▲		
IBM	IBM	116.90	165.00	155.17	+85	+0.6	▲	▲	▼		
JPMorgCh	JPM	52.50	69.97	70.03	+15	+0.2	▲	▲	▲		
JohnJn	JNJ	94.28	126.07	117.05	+39	+0.3	▲	▲	▼		
Lowes	LOW	62.62	83.65	66.81	-42	-0.6	▲	▼	▼		
McDnlds	MCD	109.60	131.96	114.11	+129	+1.1	▲	▲	▼		
Microsoft	MSFT	48.04	61.37	60.47	+05	+0.1	▲	▲	▲		
MillerHer	MLHR	22.60	36.46	28.60	-50	-1.7	▲	▲	—		
Penney	JCP	6.00	11.99	8.11	-19	-2.3	▼	▼	▼		
Perrigo	PRGO	79.72	156.03	80.60	-336	-4.0	▼	▼	▼		
Pfizer	PFE	28.25	37.39	30.00	-08	-0.3	▲	▼	▼		
ProctGam	PG	74.01	90.33	87.46	+90	+1.0	▲	▼	▼		
RepubSvc	RSB	41.82	52.92	52.24	+23	+0.4	▲	▲	▲		
SearsHldgs	SHLD	10.50	25.24	11.52	+14	+1.2	▲	▲	▲		
Steelcse	SCS	11.67	20.37	13.65	...	...	▲	▲	▼		
Stryker	SYK	86.68	123.55	120.85	+117	+1.0	▲	▲	▲		
Target	TGT	65.50	84.14	67.05	-48	-0.7	▲	▼	▼		
TractSupp	TSCO	61.50	97.25	65.73	-03	...	▲	▼	▼		
UPS B	UPS	87.30	111.83	112.03	+23	+2.0	▲	▲	▲		
VerizonCm	VZ	43.79	56.95	47.65	+19	+0.4	▲	▼	▼		
WEC Engy	WEC	47.98	66.10	59.01	+43	+0.7	▲	▲	▼		
WalMart	WMT	56.36	75.19	69.79	+01	...	▲	▲	▼		
Walgreens	WBA	71.50	87.05	80.09	-136	-1.7	▼	▲	▲		
Wendys Co	WEN	8.89	11.38	11.13	+06	+0.5	▲	▲	▲		
Whirlpl	WHR	123.60	194.10	157.93	+300	+1.9	▲	▼	▼		
Worthgtn	WOR	25.50	49.73	49.50	+105	+2.2	▲	▲	▲		
XPO Logis	XPO	18.04	37.95	36.79	+21	+0.6	▲	▲	▲		

LOCAL GRAIN

Co- Alliance LLP Buchanan	Beans	\$9.56, up 12¢
Corn	New crop beans	\$9.56, up 12¢
New crop corn	These are the markets as of yesterday.	

New Men's Pleasure Pill Makes ED Remedies Obsolete

Soaring Demand for New Sex Pill that Gives Men Longer, Better and More Intense Sex

By Harlan S. Waxman
Health News Syndicate

New York – If you're like the rest of us guys over 50; you probably already know the truth... "Viagra" doesn't work! Simply getting an erection doesn't fix the problem" says Dr. Bassam Damaj, chief scientific officer at the world famous Innovus Pharma Laboratories.

As we get older, we need more help in bed. Not only does our desire fade; but erections can be soft or feeble, one of the main complaints with Viagra*. Besides, Viagra* is expensive... costing as much as \$50.00 a pill.

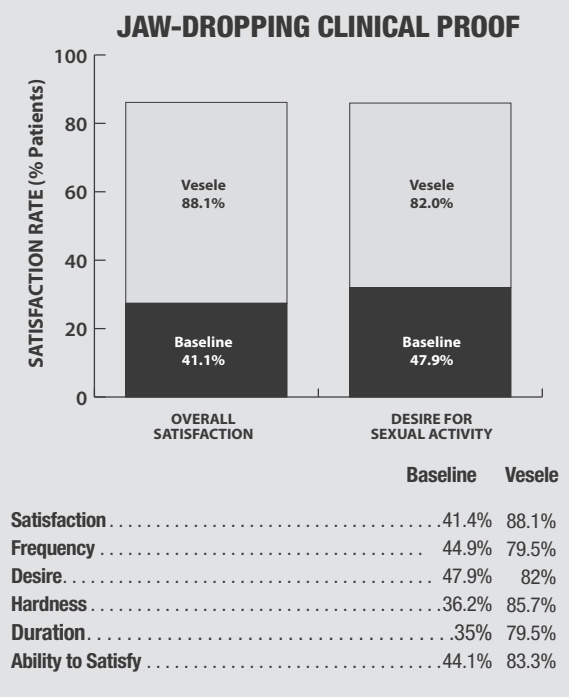
Plus, it does nothing to stimulate your brain to want sex. "I don't care what you take, if you aren't interested in sex, you can't get or keep an erection. It's physiologically impossible," said Dr. Damaj.

MADE JUST FOR MEN OVER 50

But now, for the first time ever, there's a pill made just for older men. It's called Vesele*. A new pill that helps you get an erection by stimulating your body and your brainwaves. So Vesele* can work even when nothing else worked before.

The new men's pill is not a drug. It's something completely different

Because you don't need a prescription for Vesele*, sales are exploding. The maker just can't produce enough of it to keep up with demand. Even doctors are having a tough time getting their hands on it. So what's all the fuss about?



New men's pill overwhelms your senses with sexual desire as well as firmer, long-lasting erections. There's never been anything like it before.

winning scientists; Vesele* has become the first ever patented supplement to harden you and your libido. So you regain your desire as well as the ability to act on it.

In a 16-week clinical study; scientists from the U.S.A. joined forces to prove Nitric Oxide's effects on the cardiovascular system. They showed that Nitric Oxide could not only increase your ability to get an erection, it would also work on your brainwaves to stimulate your desire for sex. The results were remarkable and published in the world's most respected medical journals.

THE SCIENCE OF SEX

The study asked men, 45 to 65 years old to take the main ingredient in Vesele* once a day. Then they were instructed not to change the way they eat or exercise but to take Vesele* twice a day. **What happened next was remarkable.** Virtually



More and more men are seeking alternatives to costly ED prescriptions that don't always work.

and the results are remarkable" said Dr. Damaj.

HERE'S WHAT MEN ARE SAYING

- I'm ready to go sexually and mentally.
- More frequent erections in the night (while sleeping) and in the morning.
- I have seen a change in sexual desire.
- Typically take 1 each morning and 1 each night. Great stamina results!
- An increased intensity in orgasms.
- My focus (mental) has really improved... Huge improvement.
- Amazing orgasms!
- I really did notice a great improvement in my ability.

HOW TO GET VESELE®

This is the first official public release of Vesele* since its news release. In order to get the word out about Vesele*, Innovus Pharma is offering special introductory discounts to all who call.

A special phone hotline has been set up for readers in your area; to take advantage of special discounts during this ordering opportunity. Special discounts will be available starting today at 6:00am. The discounts will automatically be applied to all callers. The Special TOLL-FREE Hotline number is **1-800-542-6141** and will be open 24-hours a day.

Only 300 bottles of Vesele* are currently available in your region. Consumers who miss out on our current product inventory will have to wait until more become available. But this could take weeks. The maker advises your best chance is to call 1-800-542-6141 early.

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE U.S. FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE. RESULTS NOT TYPICAL.

The Herald-Palladium

CLASSIFIEDS

Classified Desk: 1-800-356-4262
Hours: Monday - Friday 7am-5pm
Saturday & Sunday 7am-12:30pm



REAL ESTATE FOR RENT

REAL ESTATE FOR RENT

Michigan City
2 and 3 Bedroom with laundry room renovated hardwood floors new appliances, \$600 and up call 708-932-2924

UNFURNISHED APARTMENTS

Michigan City
1 bedroom upper or 1 bedroom lower. Both neat and clean, central location. No pets. \$425 + security & utilities
Call or Text: 219-898-4087

LaPorte:
1 bedroom upper, stove & fridge, \$200 security, \$85 weekly plus utilities. Contact: 219-380-0649.

Michigan City:
1 Bedroom Apt. 113 W. Warren. Hardwood floors on main level. Smoke Free
219-929-8634

1 or 2 bedroom
apartment for rent in Michigan City, IN. 219-851-1931 or 219-362-5933

Michigan City
606 1/2 Pine
Gorgeous 3 bedroom upper, hardwood floors, pocket doors. Water, sanitation and sewage included. Historic. Front/rear porch. 1/2 basement available. \$780/mo. 219-916-4578

Benton Harbor
1bdrm Apartment By Whirlpool Ad Center, very clean, laundry on site. NO pets, non-smoking \$500/mo + Dep 865-607-5492

LA PORTE COMMONS
1 & 2 BEDROOM PET FRIENDLY SENIOR DISCOUNTS & MOVE IN SPECIALS CALL TODAY 219-362-6040 2400 ANDREW AVE. www.laportecommons.com

LA PORTE:
407 Maple Ave. Newly remodeled Upper 1 bedroom \$110 weekly No Pets
Call 219-851-8718

UNFURNISHED APARTMENTS

LA PORTE:
411 Park Street 2 bedroom lower, basement, washer and dryer hookup off street parking. \$565 plus deposit and lease. No Pets. Call 219-851-3400

LA PORTE:
Briarwood Apartments 1, 2 and 3 bedroom units Unbelievable Specials!! Call today!!! 219-380-5136 pmmandmindiana.com

LA PORTE:
One bedroom. 912 Indiana Ave. Very nice. First floor. Parking. Heat included. \$525/ month plus deposit. No smoking & no pets. One year lease. 219-362-9011.

LaPorte
Large 1 Bedroom Apartment, first floor, all utilities included, Michigan Avenue \$850. Also 1 Bedroom first floor w/ bedroom up some utills incl. Pictures available. 801-860-6674

LAPORTE
Deluxe, spacious 2 bedroom upper apt. Newly remodeled. Ceramic tile floors, Enclosed front porch. Washer/Dryer hookup, off street parking and garage. No pets. \$650 mo. + Utills. 327 1/2 Planett St. LaPorte, Call 219-229-0270

LA PORTE:
1 bedroom, off street parking. \$500 a month plus deposit and utilities. No Pets! Call 219-369-6262 *****
1 bedroom with washer and dryer included. \$550 a month plus deposit and utilities. No Pets! Call 219-369-6262

Michigan City. 1 bedroom upper apartment. No pets. Water furnished. Separate utilities. Taking applications. \$500.00 per month plus security deposit.

UNFURNISHED APARTMENTS

Long Beach
Cove Villas
New 1 bedroom units Available now! 219-879-9950 pmmandmindiana.com
Long Beach Cove
Villas
2 and 3 bedroom units Free 24 hour Fitness Center and More! 219-879-9950 pmmandmindiana.com

Michigan City -
1511 Washington St., 2 Bedroom apt. for rent, utilities included, no pets, \$625 a month plus security deposit. Call 219-877-7647

Michigan City
3 bdrm, 2 bdrm studio loft- 3 bdrm w/ laundry hookup, 2 bdrm. Studio loft w/ skylights & deck. All have range & re-frig., carpet, ceramic floors, parking, security light, includes water & sanitation, tenant pays gas & electric, sec. deposit. **OFFICE SPACE FOR RENT.** NO PETS, NO SMOKING Call (219)872-7031 leave message after prompt.

Michigan City. 1 bedroom upper. All utilities included except Electric. \$400.00. Call for details. 219-872-1009.

New Buffalo, MI
For Rent: Spacious 2 bed apt 2nd floor, quiet living, no pets. Call 269-469-1364

LA PORTE:
307 Harrison St. Apartment 5 Small 1 bedroom \$400 plus utilities. Call 219-716-1928

LA PORTE:
NYBE Homes 1, 2 and 3 bedroom spacious townhouse apartments Pet Friendly Call 219-362-0350

St. Joseph,
1 Bedroom, 1 person APT nice and clean, all utilities included except electric washer/dryer included. Located near the beach, \$500 per month 269-207-2786

UNFURNISHED APARTMENTS

Courts by Long Beach
Royal Oaks Apts Michigan City, IN **Incl. heat & water** Washer/Dryer in select units Preferred Apartments No pets. 219-879-3366 www.courts-by-long-beach.com

FURNISHED APARTMENTS

MICHIGAN CITY

Now Renting

1 BEDROOM APARTMENTS

Completely remodeled and furnished.

Starting as low as \$450- \$500/month & security deposit.

Call 219-879-3430

HOMES FOR RENT

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Nice 2 Bedroom and 5 Bedroom Homes For Rent in Benton Harbor Section 8 ready 269-471-9525

LA PORTE:
3 Bedroom 1 bath 1003 Indiana Ave for \$725 monthly NO DOGS Call 574-876-3016

LaPorte
4 Bedrooms w/ upper & lower. Perfect for extended family. Basement, garage, big yard. Whole house \$960 Mo. or divided. Utilities not included. References & sec. deposit. Call 219-608-8641

LAPORTE, IN
Apts: 1 Bedroom \$300-350/Month, 2 Bedroom \$325-475, 3-4Bedroom \$450-500 Duplexes: 2 Bedroom \$375 Houses: 2, 3, 4 Bedroom \$550-650 For Application Information: KKRENTAL.WEBS.COM Phone/Text 219-575-4620

Coloma, MI
3 bedroom 2 bath, family room, full basement \$950 rent plus deposit. 269-621-6155

LA PORTE:
Like new 3 bedroom 2 bath duplex with attached 2 car garage. Easy living!! 219-380-5136.

LA PORTE:
Three bedrooms 2 bath. \$750 monthly and utilities. Call 574-876-5636

Michigan City
2 bedroom attached garage 1118 Earl \$775 plus security deposit 2198736837

Nice 1 Bdrm upper, large sun room, central air, m washer & dryer, stove, refrigerator, fire-place, off street parking. \$425/mon + dep. Call 219-363-4793

Shelbyville, IN
1 or 2 bedroom house for rent new inside with basement and kitchen appliances. 725.00 per month plus utilities and deposit, credit check and references. 715 SW Street call 317-604-0560 between 9:00 AM and 6:30 PM

CONDOMINIUMS FOR RENT

South Haven MI
2 Bedroom Condo, 1 & 1/2 Bath, on the River, \$900 a month 269-579-4372

DUPLEXES FOR RENT

Stevensville, MI
2 BRDM Garage. Tenant pays all utilities, no pets, no smoking, \$615 lease dep, 269-983-5719 EHO.

DUPLEXES FOR RENT

Duplex apartment,
big paw paw lake area, 2 bdrm 1 bth, Completely furnished down to salt and pepper. Washer and Dryer and a 1 car garage. \$750+ security deposit. 269-468-4503.

MOBILE HOMES FOR RENT



LA PORTE:
Two Week Special! 3 bedroom home Everything's NEW throughout! NEW: Carpet, Appliances, Faucets & Fixtures, Hardwood cabinets, --- PLUS --- Special Pricing, Lease with Option to Purchase, TOO! Call Rhonda or Jen at 219-393-3000. deerfieldmh.com

REAL ESTATE FOR SALE

HOMES FOR SALE

Benton Harbor 3
BDRM House, very dirty, needs minor repair. First \$6000 cash to buy. Please call Laura 269-927-7000 Monday- Friday 9am-3pm

LaPorte IN
Open house Sat & Sun 1 to 4 pm includes all new appliances & NEST, home office 1/2 acre Ranch style, Johnson rd to Lakeview to Pleasenthills 1 block off Johnson rd Critchfield School, 5746 W. Pleasant Hills Trail LaPorte call for details 219-379-4946. \$219,500

Stevensville MI
Found: Calico cat, must identify, found near 7th day Adventist church in Stevensville. call 269-422-2159

EMPLOYMENT

PROFESSIONAL

Autism Specialist –
Full Time: Responsible for providing a range of services for children and adults with Autism. Master's Degree in an appropriate discipline. Must be licensed by the Michigan Department of Licensing and Regulatory Affairs as a LMSW, LMSW, TLLP, LLP, LP, or certified by the national Board Analyst Certification Board as a Board Certified Behavior Analyst.

MONUMENTS/ CEMETERIES

Benton Harbor,
North Shore Memory Gardens Lots for sale. Located in the Garden of Love Lot 108C Spaces 1&2 \$847 each. Contact: (269)767-1499

LEGALS

ANNOUNCEMENTS

SPECIAL NOTICE

LA PORTE:
Fish Fry, Polish Falcons 216 E. Lincolnway, Serving 4:30 to 8:00 Lake Perch, Catfish, Walleye Shrimp & Chicken Prices Vary 219-326-9757 Special: Chicken Fried Steak Soup: Sausage and Potato ***** Open To The Public Feather Party Friday Nov. 18th 8 to ?? We are smoke free!

LA PORTE:
P.N.A. 306 Park Street 219-362-7619 Open To The Public Friday, Sept. 30th 4 to 7:30 p.m. AYCE Fish Fry served with baked potato or french fry, salad, coleslaw and dessert all for \$9

SPECIAL NOTICE

CHECK YOUR AD

Advertisers are requested to check the first insertion of ads for any error. Newspaper Services will be responsible for only ONE INCORRECT INSERTION. Any error should be reported immediately so corrections can be made. We will repeat the ad correctly for one additional day. We do not issue a refund or advertising credit for any cancelled advertisements. CHECK YOUR AD carefully and notify Newspaper Services 7 am - 5 pm Monday through Friday, and 7 am - 12 pm on weekends and holidays, in case of an error.

800-356-4262

Weekly Line Dance Lessons

Wednesday 6-9 pm At The Michigan City American Legion Skwiat Post 451. For more info Call Chris 219-874-3624

FOUND

Benton Harbor, MI.
Found black lab mix puppy. 10-12 weeks old. Found on Eastern and Colfax. Please call Dawn. 269-277-2821

Kitten found 10/20
Benton Harbor.. Tabby, sweet, has claws no collar near Territorial and Crystal Ln.

Stevensville MI
Found: Calico cat, must identify, found near 7th day Adventist church in Stevensville. call 269-422-2159

EMPLOYMENT

PROFESSIONAL

Autism Specialist –
Full Time: Responsible for providing a range of services for children and adults with Autism. Master's Degree in an appropriate discipline. Must be licensed by the Michigan Department of Licensing and Regulatory Affairs as a LMSW, LMSW, TLLP, LLP, LP, or certified by the national Board Analyst Certification Board as a Board Certified Behavior Analyst.

Case Manager – DD
Child – Full Time: Provides case management services in the community to children/adolescents with intellectual and developmentally disabilities, including autism, and their families. Bachelor or Master's Degree in an appropriate mental health discipline. One or more years' experience providing treatment to children/adolescents and individuals with intellectual disabilities and autism. Must have reliable means of transportation for home visits and maintain safe driving record.

Apply in person:
Doane-Keyes Associates, Inc, 2907 W. Lo-gansport RD, Peru, IN 46970

EDUCATION/ TEACHING

Special Education
Paraprofessional River Valley School District Employment info at: www.rivervalleyschools.org Deadline: Until filled

NOW HIRING
Part-time position for Marketing Coordinator at Brookview Montessori School. The qualified candidate would be required to update our website, write press releases and run ads for events, edit communications, post on social media, and participate in event planning. Qualifications: Bachelor's degree in marketing preferred, 3 years marketing ex-

PROFESSIONAL

or more years' experience providing treatment to individuals with a substance use disorder. Must have reliable means of transportation for home visits, transporting consumers and maintain safe driving record. CADC certification.

Applications/Resumes only accepted via website at www.riverwoodcenter.org.

Psychiatrist – Full Time:

Candidate will be responsible for diagnosing and treating individuals with mental health and substance use disorders and intellectual and developmental disabilities. Doctorate Degree from an accredited medical program and residency in psychiatry. One or more years' experience working with individuals with mental illness, substance use, intellectual or developmental disabilities. Must be licensed by the Michigan Department of Commerce or Professional Regulation as a physician and is board certified in psychiatry or board eligible within three years.

Therapist – Home Based – Full Time:

Candidate will provide services to children/adolescents with severe emotional disturbances and their families. Provides transportation to consumers as deemed appropriate. Master's Degree in an appropriate mental health discipline. One to two years' experience providing treatment to children/adolescents with serious mental illness. Must be licensed by the Michigan Department of Commerce or Professional Regulation as a LMSW, LMSW, TLLP, LLP, LLPC or LPC. Must meet the requirements for Child Mental Health Professional and must become fully licensed within 30 months of date of hire. Must have reliable means of transportation for home visits and maintain safe driving record.

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The Herald-Palladium

HOROSCOPE

BY EUGENIA LAST

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TAURUS (April 20-May 20)
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LEO (July 23-Aug. 22)
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GENERAL HELP

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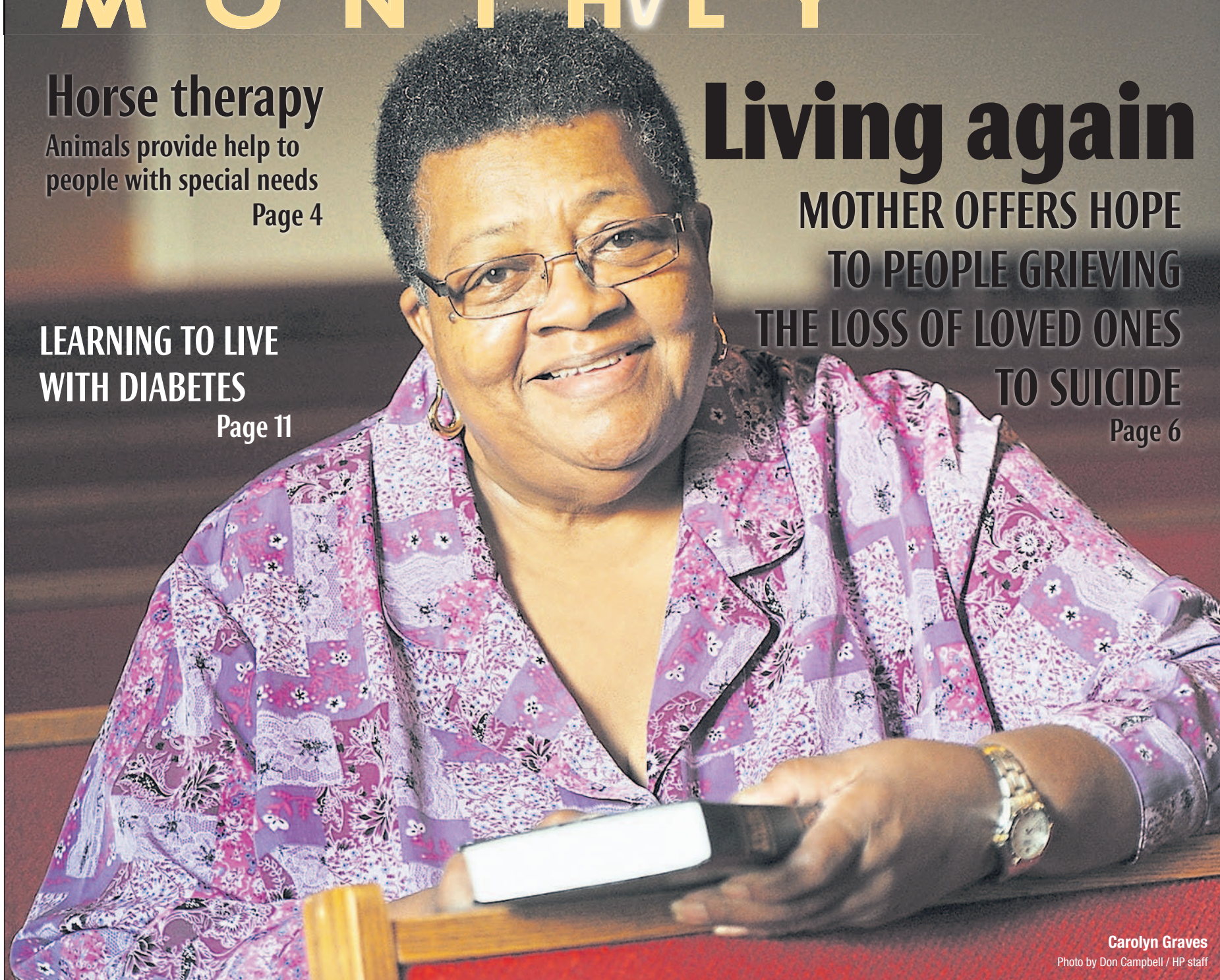
LEARNING TO LIVE WITH DIABETES

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Living again

MOTHER OFFERS HOPE
TO PEOPLE GRIEVING
THE LOSS OF LOVED ONES
TO SUICIDE

Page 6



Carolyn Graves

Photo by Don Campbell / HP staff

The benefits of meditation

By **RICHARD CHAMBERS**
The News-Dispatch

MICHIGAN CITY — Meditation is starting to be recognized for its medical benefits, and among those who have turned to the age-old practice include a medical practitioner and a cancer survivor.

Dr. Jill Wener said she learned meditation in October 2011 and was practicing regularly by January 2014. In April of this year, she became a meditation teacher.

Forms of meditation have various techniques for clearing and relaxing the mind.

She has studied the mindfulness approach, which involves focusing on breathing and sensation, and the Vedic approach, which involves a personalized mantra, she said.

She encourages her students to learn more than one approach.

She said when she first learned of meditation, she was skeptical. She was stressed, but, as a doctor, she wanted to know if meditation met the scientific standards of

medicine.

She did a three-year residency in internal medicine in Seattle from 2003-06 and practiced internal medicine at Rush University Medical Center in Chicago from 2006-15.

In Chicago, she found a teacher who talked about how meditation affects the body's "fight or flight" response, and she liked how the teacher's message agreed with medical information.

She recently moved to Atlanta, and teaches there. However, she planned to start holding retreats, including one in Michigan City, in October.

Public awareness of meditation is increasing, she said.

"I think people are more open to it because it's been studied so much," she said.

When people meditate, they decrease their oxygen consumption, she said, and this decrease is associated with the body resting. This decrease showed the subjects were resting two to five times more deeply than at any point in sleep, she said.

With more rest, the body is better able

to recover from the effects of stress. This is significant because at least half of doctor visits are because of problems started by stress, Wener said.

"It's an epidemic that is, I think, very much underrated," she said.

Some people also feel anxiety while trying meditation because of difficulty concentrating. However, Vedic meditation using the mantra instead of concentration.

"We don't get rid of our thoughts. We transcend or thoughts," Wener said.

By not focusing on anything, participants become more mindful, she said.

Cancer survivor Rey Candelaria, of Munster, Ind., said he was diagnosed with fast-growing stage 3A throat cancer in 2013. He went to the hospital for chemotherapy and radiation every other week for seven days at a time for six months, he said.

His wife already practiced meditation and he started to meditate in the hospital.

"I had a lot of time on my hands for meditation," he said.

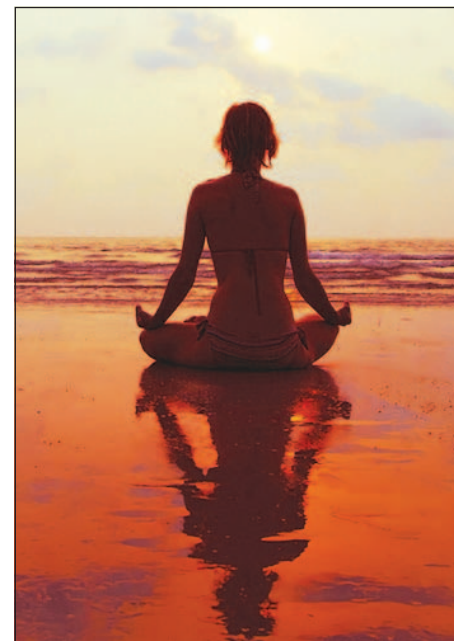
He said meditation helped him accept where he was in the recovery process.

"It really helps you focus on being where you are right now," he said.

Because meditation counters stress, the patient can get well faster with less stress slowing down the recovery, he said.

He said the meditation led him to yoga, which is a moving meditation. He is now a certified yoga instructor.

His wife, Fran Candelaria, said she has been meditating for about 20 years. Meditation helps her with issues like anxiety, she said.



iStock photo

Besides moving meditation, she and her husband meditate by just sitting and breathing 10-20 minutes a day, she said.

She has taught massage therapy for about 14 years and includes mindfulness meditation in the training. One student has post-traumatic stress disorder and had told her he has a better day when he meditates, she said.

Other forms of meditation include guided meditation, visualization, transcendental meditation with a mantra and beads and also a form with participants focusing on a mandala image, she said.

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Horses provide a different kind of therapy



By JESSICA O'BRIEN

The News-Dispatch

MICHIGAN CITY — For decades, horses have been helping individuals with disabilities and special needs through therapeutic horsemanship.

Not technically a form of therapy, Amanda Bubb says it is defined instead as a therapeutic activity.

Bubb works as a barn manager and instructor for Reins of Life — a nonprofit therapeutic horsemanship organization with sites in South Bend and Michigan City. With a number of therapeutic benefits of horseback riding, an average of 130 riders visit these sites every week.

Bubb said therapeutic horsemanship evolved when physical therapists realized that a horse's motions can be used to help a person with physical disabilities.

"If you were to watch someone walk through space — if you focus on their belly button — their belly button would move in a figure eight moving forward through space. When a person is sitting on a horse, we're actually mimicking the movement in the pelvis and torso that we get when walking through space," she said.

Bubb remembers a 4-year-old girl with cerebral palsy who came to Reins of Life. This girl walked without a walker for the first time in her life at 6 after years of therapeutic horseback riding.

A young man who still rides with Reins of Life came to the organization when he was 13 because he couldn't master the balance and coordination to ride a bicycle, Bubb remembers. But seven years later, this client is still working with Reins of Life — having learned to ride a bike years ago.

"On a horse, he had to coordinate using his feet and hands and balance," Bubb said. "Even though it was different, it enabled him to get all of those things together."

Also, Bubb said, a horse's muscles are warm, which can help with stretching and relaxing leg muscles.

But therapeutic horseback riding isn't only for those with physical disabilities. Clients at these types of stables can suffer from emotional, behavioral or cognitive diagnoses as well.

There are unmounted programs offered through therapeutic horsemanship sites — using the care and training of a horse as a therapeutic activity.

Dorota Janik, executive director of

Lainy Babjak is assisted by Ken Przystup as she rides a horse named Gunny at Reins of Life.

Photos provided



Lauren Pokuta bonds with Esprit at Reins of Life.

Reins of Life, said there are about 60 or 70 clients who take part in these unmounted programs every week.

Through these programs, a person who cannot ride a horse – either out of fear or disability – can still benefit from interacting with horses.

Sequencing and math skills can be learned through caring for and riding horses, but there is room for emotional growth as well.

“In working with horses, you kind of are required to be a leader, because if you’re unsure of yourself, they know it and they’re unsure of you and what you’re getting them into,” Bubb said. “So it really helps with meeting life goals, decision making, confidence, trustworthiness, empathy. ... A horse kind of magnifies what a person is dealing with, which helps us address it.”

With such a wide variety of disabilities presented by their clients, Reins of Life has about 36 different horses between its two sites – each with a distinct size,

build, speed, gait and personality that can be matched to meet a client’s needs.

“Just like all people walk differently – some people have a bounce in their step, some people have longer strides, some people kind of rock more side to side when they walk – the same with horses. So if I have a student whose physical therapist would like to have a more cadenced gait or more forward or more lateral movement, we can pair them with a horse that will help encourage that,” Bubb said.

“We, on purpose, have a variety of horses. We have everything from ponies to draft horses,” she said. “We have wide horses, we have narrow horses, we have horses that are very bouncy, we have horses that are very smooth.”

A horse’s temperament is also taken into consideration when being paired with a client to avoid mismatches like a bold horse with a timid rider – or the reverse.

More information about programs and services offered at Reins of Life can be found at www.reinsoflife.org.

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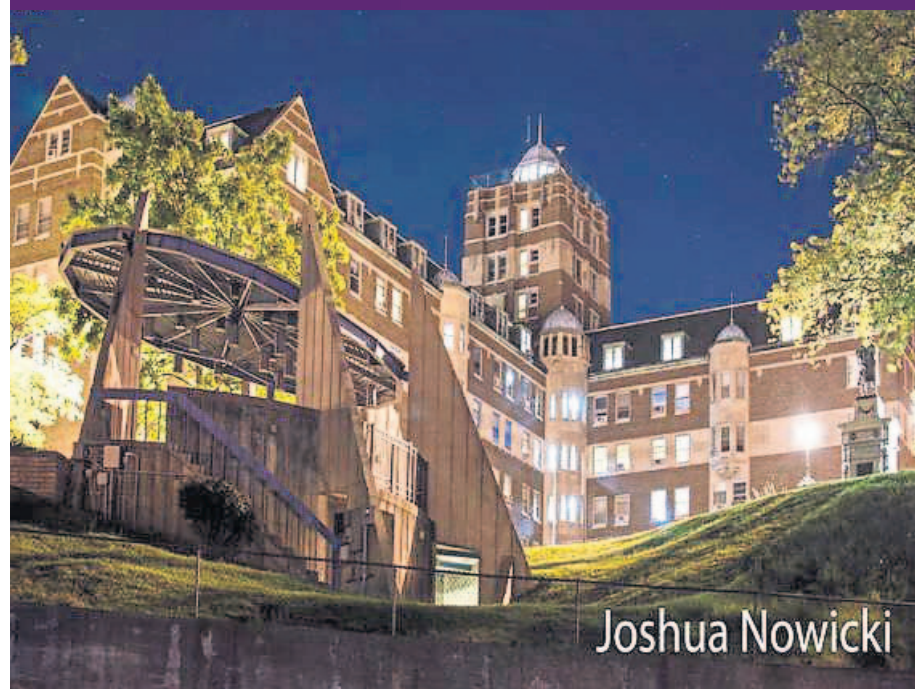
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IN HER OWN WORDS

Surviving an unexpected

Carolyn Graves talks about life after her son's suicide

By CAROLYN GRAVES

as told to HP FEATURES EDITOR ANDY STEINKE

Former Benton Harbor Police Officer Jared Graves hanged himself in his Benton Township home in 2012, a few days before a court hearing that could have ended with him on trial on four felony charges, including criminal sexual conduct. This is the story of how his mother, Carolyn Graves, has handled his death with the help of Lory's Place.

"Jared had gotten into some problems with the police department and his job. I know that had a big effect on him. But he and I had talked about it, and I told him, 'I don't care ... we'll get through this. Whatever is the outcome of this situation, I'm right there by you, all the way. ... No, I don't like what you've done. No I don't. But I still love you.'



C. GRAVES

"And I said, 'I'm going to continue to love you regardless, because you're my baby and I don't care.' ...

"When he completed (suicide), it was a Thursday in January 2012. But that Tuesday, he came by my job, and he just sat there and he was crying, just saying he

didn't really know what to do.

"And I just said, 'Don't worry about it, you are going to be all right. You have me, and I'm going to be right there by you. We are going to work this out.' And he said, 'Yeah mom, but I just don't want to let you down.'

"I said, 'You can't let me down. You have been a wonderful son.' And I said, 'You are going to continue to be a great son. I'm not going to be let down, not at all.' ...

"He left. And I walked to the door with him. And he got in his car, and this was just kind of odd to me, but he got in his car and he started out the front way from my job, and he just sort of made a U circle and

came back and went out the back way at my job. And I'm like, 'How come he made that circle like that?' But that was the last time I actually saw him. ...

"That Wednesday, we talked two or three times, because I called him all the time. And I talked to him that Wednesday night at about 11, cause he was supposed to be going to trial that (Tuesday). And some of his friends who lived in Detroit were going to come down and be with him, in support of him. So I called him, and said, 'Jared I need to know what time you have to be at the courthouse.'

"And he said 'Mom, I told you 8 o'clock.' I said, 'OK, I'll be there,' and I didn't say anything about his friends coming. ... We talked about a couple other things. We got off the phone and, you know, my usual thing is 'OK I'll talk with you tomorrow, I love you.' And he said, 'I love you, too, mom.'

"The next time I heard from him, or of him, was that Thursday, about 1 o'clock. I got a phone call that he had completed suicide. And I'm like, 'Are you kidding me?' It was my pastor who came and told me. And I told him to get away from me. I said, 'I wish you would stop lying on my baby.' ...

"I guess maybe in 10 minutes or so the police knocked on the door to come tell me, and I was just out of it. ...

"After that, it was just, I didn't know what to do, because it was totally unexpected, and I had just never dealt with anything like that before. My best friend, she saw me just really going down, and she said, 'You need to go over to Lory's Place.' And I said, 'Yeah, yeah, yeah, yeah,' you know. And we saw each other again, and she said, 'No, really, did you call Lory's Place? Please call. I think it will help you a lot. You're not superwoman,' and I thought I was.

"I did call Lory's Place and I came over. Total change in my whole life. The best thing that I could have ever done. I was sad that I didn't do it sooner, and I did it a couple of months after my son had



HP file photo

Jared Graves testifies in 2010 during a criminal trial in a case on which he had worked. Less than two years later, Graves, who was facing felony criminal sexual conduct charges, hanged himself in his home in January 2012, only days before a hearing that would have determined if there was probable cause to put him on trial.

completed suicide.

"Coming here has made me be able to deal with his death. ... Had I not come, you wouldn't be talking to me here. You'd be talking to me from some crazy house, because that's where I was headed. I saw it. I really knew it. I was in a very, very dark place. And I didn't know how I was going to get out. ...

"I think I probably could have dealt with it a lot better had he left a note or something to say why he was doing this. Nothing. He just left us. So that was pretty hard.

"I have two kids, had two kids, and he was my oldest. And him and I had really just grown together. I had him at 21, and his father was never in his life, so it was me and him. That was my man. That was my man. And he knew that I loved him unconditionally. It didn't make any difference what was going on with him or around him. ...

"For him to not tell us, or let us know anything, that bothered me, that really

bothered me, and I didn't know what to do. ...

"I remember the first night I came (to Lory's Place). I walked in the room, I didn't know what to expect. ... There were 14 people there, 14 people that were going through the same thing I was going through. They had lost a son, a daughter, a husband, a brother, a something. ... And before I could get sat down, there were tears coming from everybody's eyes.

"We all sat there and kind of went around the table, and they had each person tell who they had lost, and what their feelings were. ... And when it got to me, I could barely talk, because I was so full (of emotion), I was crying. But I did get out that it was my son, and that I loved him a lot, and that I don't know why he did this, but I still love him.

"And we all said pretty much the same thing: that we felt guilty because this is a close person to you. ... Did we do enough? Had we done enough to make him want to

ted death

live or make her want to live? Where did I go wrong? You have all those questions. But coming here to Lory's Place, they explain to you that it's not your fault. When a person decides they are going to do suicide, they are gonna do it, regardless. ...

"But when you sit around the table with people who have experienced the same kinds of things, you begin to see and feel that, OK, you are not alone. And that's the No. 1 thing. Because when you feel like you're alone, I tell you, it's a terrible feeling. ...

"A lot of times, all we need to do is just talk about it, just somebody to listen. How many people do you know who want to sit around and here me talk about a dead person? Somebody who hung themselves? Who wants to listen to that?

"So we need somebody to listen to us. All the stories. I want to tell the stories about Jared. About how when Christmas comes, he's the Santa Claus of the year. He does everything. I want to tell people about how he took his auntie's car, and drove it up to Chicago where his sister lives. It's a Mercedes-Benz, and it was his birthday, and he told everybody who was there that his wife had bought him this Mercedes-Benz for his birthday. I want to tell people about him cooking on Sundays, making these Food Network plates and dishes. I just want to talk about how I feel. I just want to talk about him.

"Who's going to listen? My friend, Mamie, she listens. But I could just wear her down. Over here (at Lory's Place), they listen to everything. We can tell any story we want about our people. ...

"My reason for staying (at Lory's Place) is, I'm doing OK, and I think I might be able to manage. I don't know, I haven't tried it. But one of the reasons I stay is because we get new people in. Those people come in to where I used to be, and they need to see somebody that has been here for awhile, and that coming does help. It does work, you just have to stick with it. You can't just come now, miss four or five weeks, then come back when you start feeling bad. ...

"What I would do is, if they were new, at the end of the meeting, I would go around and say, 'You are going to be all right. I

About Lory's Place

Lory's Place, 445 Upton Drive, St. Joseph, was founded in 2004 by Lisa Bartoszek, a long-time RN trained in critical incident stress management.

The facility is named after Dr. Lory Schults, a St. Joseph podiatrist who died in a vehicle accident in 2004. Bartoszek helped the Schults family deal with her death, and opened Lory's Place later that year.

Among its services is a suicide loss support group, which meets every other Thursday from September through June.

At 1:30 p.m. Nov. 19, Lory's Place will host a conference for International Survivors of Suicide Day. Those who have lost a loved one to suicide are encouraged to attend. To register, call 983-2707.

used to be where you are.' I gave them the big, I call them, Carolyn Graves hug, and say, 'This is your real, open invitation to Lory's Place. If you stick with it, it will stick with you.' ...

"I truly believe my son planned his suicide. Thinking back with some of the things that happened leading toward the day he completed it, I just truly believe that he had planned it. This is what he was going to do, because he did it after his kids went to school and his wife had an appointment, and he was alone. ...

"I don't know if he was being selfish or what. However, he decided that's how he wanted to go. The more I think about it and I come (to Lory's Place), I realize that he would have rather done that than let me down in any way. And even knowing that I loved him regardless, he still felt that to let his mom down would have been the worst thing that he could have done.

"He had it in his mind what he was going to do. He didn't want to let me down, he didn't want to disturb his family. I just think that he did it thinking, 'I'll just get out of the way, and nobody will have to worry about anything.' Not knowing what affect it would have on us once he was gone."

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From man in blue to Code Blue

Retired trooper recalls
his post-surgery
brush with death

By **BECKY KARK**
South Haven Tribune

LAWRENCE, Mich. — Retired Michigan state trooper Matt Whitman feels like he has a second lease on life these days.

Instead of patrolling highways throughout Southwest Michigan he's now in charge of the law enforcement program at Van Buren Intermediate School District's Technology Center and serves as an adjunct criminal justice instructor at Lake Michigan College.

But, 13 years ago, his life nearly ended, not because of a shooting, but because of a complication that occurred after neck surgery. Known as respiratory compromise, it nearly robbed him of his life.

It occurs in 1.5 to 7 percent of patients who have undergone surgical procedures, according to a medical report compiled by Covidien, a global health care products company based in Boulder, Colo.

"It's in the millions," said Phil Porte, executive director of the Respiratory Compromise Institute and the National Association for Medical Direction of Respiratory Care, in regard to the number of patients who suffer from respiratory compromise each year. "We're just beginning to scratch the surface."

Whitman had never even heard of respiratory compromise until after he was resuscitated by doctors.

"I 'died' at 4:11 in the morning," he recalled. "For many years after I would wake at 4:11 remembering what happened to me."

It was April 17, 2013, when Whitman underwent a 6.5-hour major neck surgery to repair portions of his neck and spine that were damaged while he was a state trooper assigned to the Detroit area in the early 1990s.

"I was hit by a drunk driver on I-75," he said. "I broke my back and was off work for six months. I did a lot of phys-



Becky Kark / South Haven Tribune

Matt Whitman, a retired Michigan state trooper, is shown in his classroom at Van Buren Intermediate School District's Technology Center, where he teaches law enforcement courses. Thirteen years ago, Whitman nearly lost his life to a somewhat rare post-operative disorder known as respiratory compromise. He now advocates for monitoring devices that can detect when a patient is suffering from respiratory problems following surgery.

ical therapy."

He then went back to his job and worked 12 more years as a trooper in Berrien County.

But by 2003, back and neck pain got the best of him.

"I was playing football with my son and reached out to throw the ball and got a shock down my spine and all the way to my legs," Whitman said.

A neurosurgeon at a hospital in Indianapolis delivered the bad news.

"A vertebra was hitting my spinal

cord," Whitman said. "He said I needed major surgery."

The surgeon also informed Whitman he could no longer be a state trooper due to physical restrictions that he would endure even if the surgery was successful.

Devastated by the news, Whitman still went ahead with the surgery.

"It was a long surgery," he recalled. "I was told everything went well."

But the aftermath of the surgery left him in pain.

"It was 9:10 p.m., I was on a morphine pump and in a lot of pain," he said. "I said, 'I think I need some more (morphine),' and they upped the dosage."

After that things became surreal for Whitman.

"I was drifting off to sleep, but I knew something was different," he said. "I was in a peaceful tranquil place. No stress. But I knew it was a dream. I thought, 'Wait a minute, I want to fight for my life.' I knew I was dying. Then all

of a sudden I woke up and two doctors were working on me. ... They said I had stopped breathing for six-to-seven minutes."

Whitman more than likely would have died if it weren't for a nurse who decided to check on him to see how he was doing.

The third-shift nurse had checked on Whitman earlier in her rounds, and was tending to other patients. But she told Whitman after he was revived that something prompted her to check on him one more time, where she then immediately issued Code Blue alert.

"She said she heard me take my last breath," Whitman said. "She said, 'You're the first Code Blue (patient) I saw live.'"

Whitman survived, but was faced with the task of rebuilding his life. Being a state trooper had been his life.

He admitted feeling sorry for himself. "It took me two years to get my sense of humor back," he said.

He regrouped and enrolled at Western Michigan University where he obtained a bachelor's degree in teaching in 2006. He served as an alternative high school teacher in St. Joseph briefly and then landed a job at the Technolo-

gy Center as a law enforcement instructor.

Buoyed by his success, he decided to resume classes at WMU, where he received a master's degree in career and technical education administration in 2012.

His brush with death and the complication that caused it – respiratory compromise – was never far from Whitman's thoughts, however.

He decided to become an advocate for monitoring devices – such as capnographs – that can detect respiratory compromise in post-surgery patients.

"I've attended several national medical conferences," he said. "If I can stress how important capnography is and get hospitals to change their minds and monitor all surgery patients, then it's worth it. My goal is everyone in the United States should be continuously monitored (in post-surgery)."

But capnographs, and other devices that measure a patient's respiratory system after a surgery, are quite expensive, according to Porte. As a result, hospitals may feel it is out of the question, cost-wise.

"There are numerous challenges," he said, "not the least is monetary. If

you're monitoring for everything, you're going to break the bank."

Although capnography can be a solution for high-risk post-operative patients, Porte advocates better recognition of patients who have the potential of suffering from respiratory failure.

"One of things our institute is trying to do is look at identifying high-risk and low-risk patients and then make a judgment of when monitoring occurs," he said.

In the meantime, Porte thinks hospi-

tal staff can do a better job of assessing a patient's medical condition prior to surgery because some conditions, such as sleep apnea, can make a person at higher risk for respiratory failure following a surgery.

He also said the heavy workload and long hours that nurses and doctors deal with can make them less attentive to the needs of a patient who may be at high risk.

"Nurses, staffing fatigue, that's a huge, huge challenge," Porte said.



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At senior center, there's a nurse in the house

By DAVID JOHNSON
Harbor Country News

HARBERT — There's a nurse in the house at the River Valley Senior Center.

Kathy Steinke has served as the facility's RN (registered nurse) for three years as a contract employee through Lakeland Health.

Her schedule is 9 a.m.-1 p.m. Monday and Tuesday, and 9 a.m.-4 p.m. Wednesday and Friday, and her duties are wide-ranging.

"I do health counseling for any kind of diseases or conditions you might have," she said. "I do medication teaching. If you have a new medication you've gotten from the doctor, you're not sure what it does. I can review your discharge plan, your health care plan."

She also administers flu vaccines, checks blood pressure, distributes colorectal screening kits and conducts cholesterol screening clinics.

Steinke is a certified counselor for the Michigan Medicare and Medicaid Assistance Program.

"Right now (Oct. 26) we're in the middle of Part D season where you do your Medicare Part D check-up to make sure you have the best plan," she said.

Steinke writes a column for the monthly Senior Sentinel newsletter, covering a variety of topics, and arranges guest speakers to talk about health-related topics at the Senior Center.

All these offerings for the Senior Center's clients keeps Steinke busy, especially "in the peak season when our summer folks and our regular folks are here."

"I had 250 client contacts in July. In the colder winter months ... it's somewhere between 75 and 90," she said.

One of the most common services Steinke provides is blood pressure checks.

A registered nurse for 37 years, Steinke is a native and current resident of St. Joseph and a Lakeshore High School graduate who earned a Bachelor of Science degree in nursing from the University of Michigan. She has worked in several states and has been with Lakeland for 26 years (the majority working in operating room settings).

"I have never had such a great job," she said about her three years at the River Valley Senior Center. "I like all the people that come in, getting to know them and seeing the same people over



River Valley Senior Center RN Kathy Steinke talks with Ron Ahrens in her office.

David Johnson / Harbor Country News

and over ... it's really been a good thing."

River Valley Senior Center Executive Director Tim Hawkins said the partnership with Lakeland Health, which includes sharing Steinke's salary, has made her valuable presence possible. He noted the number of Senior Center clients taking advantage of the RN services has increased every year.

In addition to the many services provided by Steinke, the Senior Center offers a twice-monthly foot clinic.

RN Jayne Kamau and Home Health Aide May Bucher of Lakeland Help at Home were at the center Oct. 28.

"We run hot water in a basin so they

can soak their feet, and Jayne does the cutting of the toenails, also massaging the feet," Bucher said.

Foot clinics are normally held on the third Friday and fourth Monday of each month. The charge is \$30 for the first appointment (which includes a reusable foot care kit) and \$25 thereafter. To make an appointment, call 469-4556.

Bucher said Lakeland Help at Home also conducts foot clinics at other senior centers in Coloma, St. Joseph, Niles and Buchanan.

Among the other services offered by the River Valley Senior Center is a medical equipment loan closet, which stocks

walkers, wheelchairs, shower benches, risers and more.

Tai chi, Take Off Pounds Sensibly (TOPS) and a walking group all meet weekly.

The Senior Center offers transportation to medical appointments and other necessary trips (at least three days advance notice is required with emergency service addressed on a case-by-case basis) for those older than 60.

The River Valley Senior Center, 13321 Red Arrow Highway, in Harbert, is open from 8 a.m.-4 p.m. Mondays to Fridays (except holidays). For more information, call 469-4556.

Living with diabetes

La Porte Hospital helps patients cope with the disease

By JESSICA CAMPBELL

The La Porte County Herald-Argus

LA PORTE — “Everyone’s diabetes is different,” Stephanie Thomas told her diabetes class students recently.

Thomas, a registered dietitian at La Porte Hospital, leads a four-week session every month, teaching patients how to live with diabetes.

The class covers medications, testing blood sugar and blood pressure, nutrition and other lifestyle choices.

Following the paid class, there is a free diabetes support group available.

“These are great classes, and have people who have had diabetes for 20 years or were just newly diagnosed,” Thomas said.

There are two types of diabetes, Type 1 and Type 2.

Type 1 is more common in children and young adults, and is found in only about 5 percent of adults. It is an autoimmune disease in which the body does not produce insulin, which helps transfer glucose – the simple sugar received from food – from the bloodstream to the cells.

Type 2 diabetes is the more common form of the disease. It causes the body to form extra glucose and raises blood sugar to higher than normal levels. To make up for it, the pancreas creates extra insulin, but over time, the organ cannot keep up and cannot make enough of the hormone to regulate the sugars.

On Oct. 24, the final diabetes class of the October session, Thomas focused on lifestyle choices to control the disease and prevent further problems.

She discussed five topics, explaining the higher importance of daily habits and yearly check-ups for those with diabetes than those without it.

■ **Check blood pressure daily:** A person’s blood pressure fluctuates throughout the day based on exercise, meal times and moods. According to Thomas, high blood pressure and cho-



iStock photo

lesterol are two big factors that cause strokes.

To verify if a person is having a stroke, she went through FAST.

F: Face: The face droops to one side when smiling.

A: Arms: Raise the arms to shoulder height. One arm drifts downward.

S: Speech: If the speech is slurred or strange, such as the person cannot finish a sentence.

T: Time: Call 911 as soon as possible if any of these symptoms show up.

“Medications need to be administered within hours of a stroke,” Thomas said. “People with diabetes, because of higher blood pressure and cholesterol, are at a higher risk for strokes.”

■ **Eye sight:** Because of high blood sugar levels in a person’s blood, the eyes may be affected.

Conditions that diabetes patients have to be aware of are retinopathy, cataracts and glaucoma.

Thomas recommends having eyes checked every three to five years after a person is diagnosed with Type 1 diabe-

tes or annually if the person has Type 2 diabetes.

■ **Feet and hands:** A main symptom of diabetes is slow circulation throughout the body, particularly in the hands and feet.

Neuropathy occurs when nerves are damaged due to poor circulation.

Since people use their hands more often, they are less prone to neuropathy than the feet, Thomas said.

The loss of circulation to one’s feet is very common for diabetes patients, causing numbness. Not being able to feel the feet – leading to sores, blisters, red spots and infections – can go unnoticed for a long time.

According to Thomas, 75 percent of amputations performed on diabetic patients can be prevented.

Her tips for foot treatment included: do not wear sandals or go barefoot, check shoes for foreign objects, wash and lotion feet daily, and do a daily foot inspection.

■ **Teeth:** Too much sugar in the blood can lead to more cavities in the teeth.



Jessica Campbell / The La Porte County Herald-Argus

Stephanie Thomas, a registered dietitian at La Porte Hospital, talks to patients attending a diabetes class – a four-session class on taking care of yourself when living with diabetes.

■ **Kidneys:** Diabetes is the No. 1 cause of kidney disease and failure.

The kidneys are the filters within the body, pumping out toxins through urine. However, with diabetes, the high amount of blood sugars come soaring into the kidneys, putting more stress on them.

After a while, the kidneys slowly begin to lose their function. Thomas recommends having two kidney tests a year, to make sure they are working.

She finished the class with other lifestyle factors, to take into consideration if living with diabetes, and to help prevent the disease.

■ **Smoking:** Smoking affects blood pressure and circulation throughout the body, two issues already of concern for those with diabetes.

■ **Diet:** Diet choices can always be improved, she said. A diet rich in vegetables

Continued on next page

From previous page

and low in processed foods are better for everyone.

■ **Physical activity:** Getting out to exercise is a great to lose weight and help better circulate the blood.

■ **Obesity:** Keeping your weight down will aid circulation and overall health.

Thomas ended the class looking over labs, helping students learn how to accurately read them.

“Diabetes is a very frustrating dis-

ease,” she said, agreeing with one of the students who had questions about checking the blood sugar.

Anything that interrupts a person’s daily schedule is frustrating, Thomas said, but these classes and support groups are little ways the hospital is helping patients make the frustration a little bit easier.

To learn more about the classes or support groups, contact the La Porte Hospital Outpatient Diabetes and Nutrition Services at 1203 Washington St.

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